

2010 Military Health System Conference

Providing Mental Health Care When and Where Patients Need It

Sharing Knowledge: Achieving Breakthrough Performance

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25 – 26 JAN 2010



Defense Centers of Excellence for Psychological
Health and Traumatic Brain Injury

The Challenge



- Provide world-class care in the most inhospitable of environments
 - Mountains of Afghanistan
 - Ships at sea
 - Rural areas where the nearest MH provider is over 100 miles away
 - Along the DMZ
 - Combat environments

Views and opinions expressed are those of the author and do not represent those of the Department of Defense.

The Challenge



- Provide Care to Individuals and Families subject to stresses that most civilians never experience
 - Combat operations
 - Frequent, repeated exposure to trauma
 - Long separations from families
 - Close, continuous contact with coworkers
 - Often under austere conditions

The Challenge



- Address an increasing need for care
- Focus on all 3 components of psychological health
 - Resilience
 - Recovery
 - Reintegration



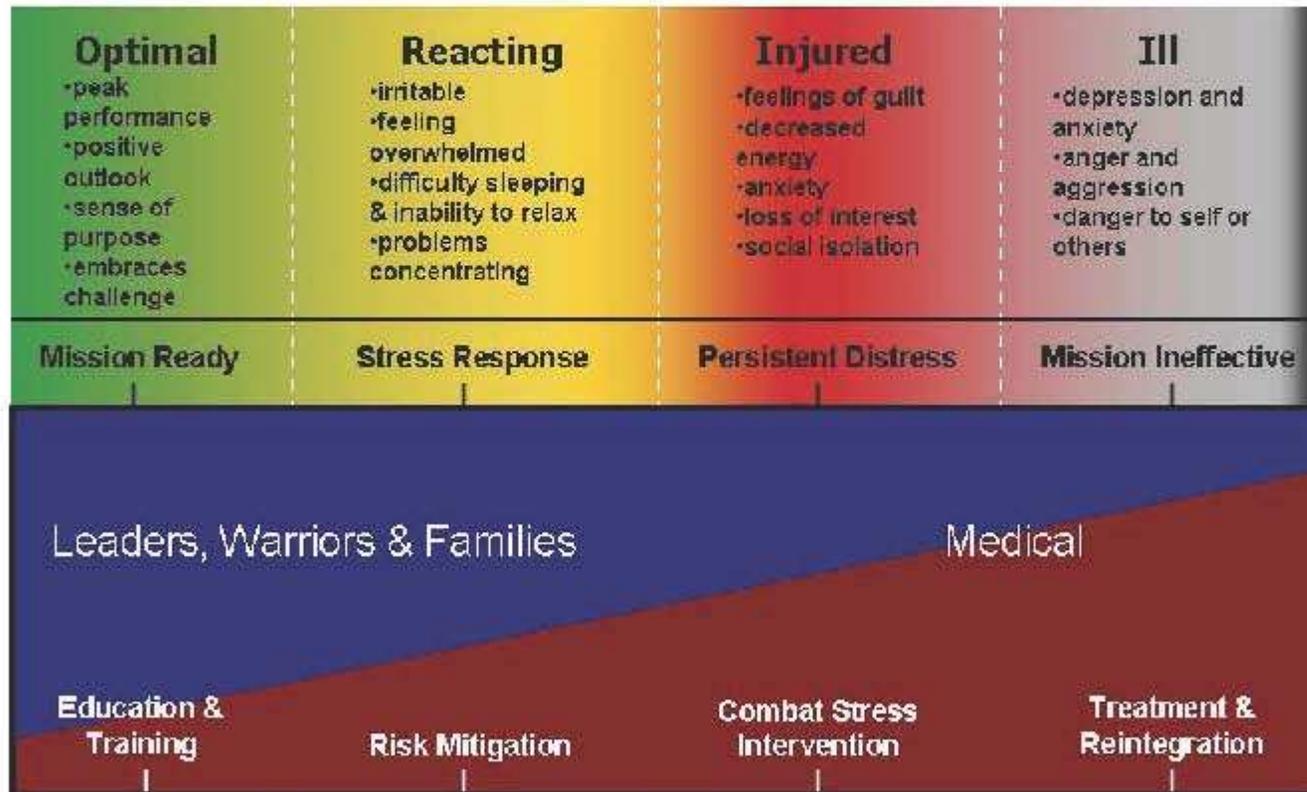
Building a Culture of Resilience



DEFENSE CENTERS OF EXCELLENCE
For Psychological Health & Traumatic Brain Injury

← EARLY INTERVENTION

MISSION READY



MISSION READY

← RECOVERY

The Opportunity



- Empower Line Leaders, Service members, and Families to take responsibility for Service members' Psychological Health
 - PH Protocols
 - OSCAR Extenders
 - Comprehensive Soldier Fitness
 - Leaders and Service members can provide both early identification and intervention
 - Families can do the same after redeployment

The Opportunity



- Partner with civilian healthcare providers
 - Provide training on military issues, culture
 - CDP training for TRICARE providers
 - Telehealth to civilian provider offices
 - Potential surge capacity (Camp Lejeune pilot)
 - Identify and engage evidence-based complimentary and alternative (CAM) providers

Embedded Providers



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Chaplains are Key!



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National Intrepid CoE



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Telehealth in CONUS and Theater



- Deliver web-based clinical services to rural areas
- TRIAP Pilot
- Working to develop capability to provide assessment/therapy in theater

SIMCOACH: Innovation for PH



- Combines advanced Avatar, Artificial Intelligence, & Voice Recognition technology with videogame technology
- Will allow users to discuss issues with top experts in psychological health, TBI, and military issues



Families are Important too!



- Need to focus on Families where and when they need assistance as well
 - Before
 - During and
 - After the deployment!





Contact Information

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