

# Your Electronic Dietician



## Nutrition Management Information System (NMIS)

**NMIS is a fully integrated nutrition management system supporting military readiness and the war fighter worldwide. It allows Defense Health Agency (DHA) dietetics personnel to provide preventive and therapeutic nutrition care and medical food management to service members and their families.**

### Product Features

- Monitor individual diets
- Ensure appropriate nutrition to all hospitalized patients
- Receive vital inpatient information from the DHA inpatient management system, Essentris
- Provide menu planning, purchasing, inventory, production, recipe management, forecasting, food and labor costing, and nutrient labeling capabilities
- Offer the ability to track patient, resident or client demographics, acuity levels, diet orders, weight history, as well as likes, dislikes or allergies
- Include a bedside, restaurant menu-style feeding system which provides on-demand meals through phone orders from a patient to a diet technician
- Give nutrition services personnel the advantage of inputting pending diet orders data in advance and having the system automatically transfer the information in the patient's diet order, categorizing the order in current, next or past meal status

### Benefits to the Defense Health Agency

- Deliver medical nutrition therapy and medical food management
- Customize clinical nutrition practice patterns

**If You Have Questions or Need Technical Support**

Please contact the  
**DHA Global Service Center**

**Available**  
24/7/365

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