



**OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE**  
WASHINGTON, DC 20301-1200

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HEALTH AFFAIRS

**MEMORANDUM FOR EXECUTIVE SECRETARY, ARMED FORCES  
EPIDEMIOLOGICAL BOARD**

**SUBJECT: Routine Periodic Physical Exams in the Armed Forces**

Currently, routine periodic physical exams are performed differently in each Military Service. I would like the Armed Forces Epidemiology Board (AFEB) to identify the appropriate methodology and periodicity for routine medical examinations in the Armed Forces and forward recommendations on the appropriateness and feasibility of having routine periodic physical exams performed uniformly across the Services.

I would expect that the Services to brief the Board on their existing policies and rationales. I also would like the Board to review the applicability and appropriateness of using the U.S. Preventive Services Task Force recommendations to meet military operational requirements.

I appreciate all your support for the Military Health System. My point of contact is Ms. Lynn Pahland, who may be reached at (703) 681-1703.

A handwritten signature in cursive script that reads "David N. Tornberg".

David N. Tornberg, MD, MPH  
Deputy Assistant Secretary of Defense  
Clinical and Program Policy