



Psychological Health External Advisory Subcommittee

**Charles J. Fogelman, Ph.D.
Chair**



Overview

- **Subcommittee Membership**
- **October Meeting Summary**
- **Future Meetings**
- **Current Questions Posed to Subcommittee**



Subcommittee Membership

- **Dr. Charles Fogelman**
- **Dr. Robert Anders**
- **Dr. Richardean Benjamin**
- **Dr. Robert Certain**
- **Dr. Christopher Colenda**
- **RADM Peter Delany**
- **Dr. Thomas Detre**
- **Dr. John Fairbank**
- **Dr. Jesse Fann**
- **Dr. Kurt Kroenke**
- **Dr. John Krystal**
- **Dr. David Kupfer**
- **Dr. Brett Litz**
- **Dr. Shelley MacDermid Wadsworth**
- **Dr. James Campbell Quick**
- **Dr. Patricia Resick**
- **Dr. Thomas Uhde**



October 19-20, 2009 Meeting Agenda & Briefers

- **Subcommittee-Generated Questions: Guard Overview, Update, Issues, History, Current Status—**
CAPT Joan Hunter
- **Reserve: Overview and Deployment Cycle Support for the Reserve and Interface with the Department of Veterans Affairs—**Col Terry Washam
- **Complicated Conditions: Department of Defense Task Force on the Prevention of Suicide by Members of the Armed Forces—**Rev Robert Certain



October 19-20, 2009 Meeting Agenda & Briefers (Continued)

- **Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury Update—Dr. Sonja Batten**
- **Overarching Status of the Navy Reserve Psychological Health Initiatives—CAPT Virginia Torsch**
- **Navy Reserve Psychological Health Outreach Program—Ms. Karen Karadimov**
- **Overview/update: Army Reserve—Col Nicole Keese**
- **Data Presentation—Dr. Michael Dinneen**



Future Meetings

- **Scheduled as follows:**
 - **December 3-4, 2009**
 - **Tentatively scheduled in the National Capital Region**
- **Future meetings will follow agenda template**



Previous Question Tasked to the Psychological Health Subcommittee

- **Request by Ms. Embrey, the DASD for Force Health Protection and Readiness Programs to review the Automated Neurocognitive Assessment Matrices (ANAM), which is a Pre-Deployment Neurocognitive Assessment Testing tool**
 - Provide recommendations on use
 - Determine added value of sections on language, memory, attention, executive function, and cognition
 - Examine inclusion of symptoms and patient history, mood, and sleepiness scales, as well as, measures of response inhibition and effort



New Questions Posed to the Psychological Health Subcommittee

- **What evidence-based metrics should the DoD use to measure the effectiveness of our preclinical programs supporting resilience, education, and counseling?**
- **What evidence-based metrics should the DoD use to measure the outcomes of our clinical mental health programs?**



Questions?

Other Considerations?

Offers of Advice and Assistance?



Supplemental Slides



Subcommittee Priorities for Action

- **Identification, coordination, and integration of care of patients with comorbid or complicated conditions**
 - Family involvement
 - Issues pertaining to alcohol and substance abuse
 - Post-Traumatic Stress Disorder
 - Major realms, including:
 - Interpersonal violence
 - Stigma
 - Suicide
 - Impact on career



Subcommittee Priorities for Action (Continued)

- **Care delivery/systems**
 - **Efficiency**
 - Best practices
 - Dissemination
 - **Workforce**
 - Leadership development
 - Training
 - Supervision
 - Cultural sensitivity
 - Diversity
- **Force robustness**
 - Resilience
 - Prevention
 - Protection



Agenda Template

- **Administrative issues**
- **Review of questions tasked to Subcommittee**
- **Review of questions raised by Subcommittee**
- **Briefing on new issue/program**
- **Status or recent data regarding:**
 - **Treatment**
 - **Resilience**
 - **Descriptive analytical data**
- **Monitoring, guidance, and advice**
- **Feedback**



Meeting Feedback Form

- **Please provide a numerical ranking for each, where 1=Wretched and 7=Transcendent**
 - Value to you in your role as a Subcommittee member
 - Value of to you in general
 - Substance, on average (name best if you wish)
 - Presenters, on average (name best if you wish)
 - Organization and flow of meeting



Meeting Feedback Form (cont)

- **Compared to other Subcommittee meetings so far, on balance this one was:**
 - Better
 - Worse
 - About the same
- **Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?**

Please provide a numerical ranking for each, where 1= Wretched and 7=Transcendent

___ Value to you in your role as a Subcommittee member

___ Value to you in general

___ Substance, on average (Name best if you wish)

___ Presenters, on average (Name best if you wish)

___ Organization and flow of meeting

Compared to other Subcommittee meetings so far, on balance this one was:

“Better”

“Worse”

“About the same”

Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?