



**DEFENSE HEALTH BOARD (DHB)**  
**JOINT MEETING**  
**PSYCHOLOGICAL HEALTH EXTERNAL ADVISORY**  
**SUBCOMMITTEE**  
**PSYCHOTROPIC MEDICATION WORK GROUP**  
**COMPLEMENTARY AND ALTERNATIVE MEDICINE**  
**(CAM) WORK GROUP**  
**2-3 DECEMBER 2010**  
**Hilton Washington DC/Rockville Executive Meeting Center**  
*Truman Room*  
 1750 Rockville Pike  
 Rockville, Maryland 20852

Wayne M. Lednar, MD, PhD, DHB Co-Vice President  
 Gregory A. Poland, MD, DHB Co-Vice President

Christine E. Bader, DHB Director and Designated Federal Officer  
 CDR Meena Vythilingam, Alternate Designated Federal Officer

Charles Fogelman, PhD, Psychological Health External Advisory Subcommittee Chair  
 Joseph Silva, Jr, MD, Psychotropic Medication Work Group Chair  
 Michael Parkinson, MD, MPH, CAM Work Group Chair

**2 DECEMBER 2010**

<b>8:00 AM</b>	<b>REGISTRATION</b>	<b>All</b>
8:30 AM	Opening Remarks	Dr. Fogelman
8:45 AM	Additional Remarks: Psychotropic Medication and CAM Work Group Co-Chairs	Dr. Parkinson/Dr. Silva
9:00 AM	Department of Defense Pharmacoeconomic Center	LTC Stacia Spridgen
<b>10:00 AM</b>	<b>BREAK</b>	<b>All</b>
10:15 AM	Evidence-Based Use of CAM for Pain Management and Integration of Approaches and Therapies in Patient Care	Dr. Brian Berman
11:15 AM	Training, Regulation and Supervision of Corpsmen Who Prescribe Psychotropic Medications	CAPT Edward Simmer



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**2 DECEMBER 2010 (Continued)**

11:45 AM	Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury: Initiatives Regarding Deployment Psychological Health Issues and Provider Training	Dr. Mark Bates
<b>12:15 PM</b>	<b>WORKING LUNCH</b>	<b>All</b>
1:30 PM	National Center for Complementary And Alternative Medicine: Evidence-Based CAM	Dr. Josephine Briggs
2:30 PM	Army Combat Operational Stress Control (COSC) Course Curriculum for Psychotropic Medication	Mr. Carl Smith
<b>3:30 PM</b>	<b>BREAK</b>	<b>All</b>
4:00 PM	In-Theater Psychotropic Medication Use and Military Operational Considerations	Dr. Elspeth Cameron Ritchie
5:00PM	Closing Remarks	Dr. Fogelman
<b>5:15 PM</b>	<b>ADJOURN</b>	



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**3 DECEMBER 2010**

<b>7:30 AM</b>	<b>REGISTRATION</b>	<b>All</b>
8:00 AM	Opening Remarks	Dr. Fogelman
8:15 AM	Additional Remarks: Psychotropic Medication and CAM Work Group Co-Chairs	Dr. Parkinson/Dr. Silva
8:30 AM	Army Comprehensive Behavioral Health Initiative	COL Rebecca Porter
9:30 AM	Work Group Break-out Sessions	Dr. Parkinson/Dr. Silva
<b>12:15 PM</b>	<b>WORKING LUNCH</b>	<b>All</b>
1:15 PM	Reconvene: Recap of Work Group Sessions Forward Plan and Timeline	Dr. Parkinson/Dr. Silva
1: 45 PM	Closing Remarks	Dr. Fogelman
<b>2:00 PM</b>	<b>ADJOURN</b>	