



**DEFENSE HEALTH BOARD (DHB)
PSYCHOTROPIC MEDICATION
WORK GROUP
COMPLEMENTARY AND ALTERNATIVE
MEDICINE (CAM) WORK GROUP MEETING
3 NOVEMBER 2010
8:00 AM – 5:00 PM
Key Bridge Marriott
Capital View Ballroom
1401 Lee Highway
Arlington, Virginia 22209**

Wayne M. Lednar, MD, PhD, Co-Vice President
Gregory A. Poland, MD, Co-Vice President
Christine E. Bader, DHB Director and Designated Federal Officer
CDR Meena Vythilingam, Alternate Designated Federal Officer
Joseph Silva, Jr, MD, Psychotropic Medication Work Group Chair
Michael Parkinson, MD, MPH, CAM Work Group Chair

8:00 AM	Registration	
8:30 AM	Opening Remarks	Dr. Parkinson/Dr. Silva
8:45 AM	Question to the Board: Scope and Priority Areas	CAPT Edward Simmer
9:15 AM	Panel Discussion: Service Psychiatrists Army: Navy: Air Force:	Dr. Charles Hoge CAPT Simmer Maj Joshua Morganstein
10:15 AM	Mental Health Advisory Team (MHAT) Data on Medication Use Collected In-Theater Evidence Base for Medications in Post Traumatic Stress Disorder (PTSD) and Acute Stress Disorder (ASD)	Dr. Hoge
11:15 AM	CAM and Mind-Body Integrative Health Skills for Total Force Fitness: An Overview, Its Use, and the Effects on Prevention, Readiness, and Resilience	Dr. Nisha Money



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12:15 PM	Working Lunch	
1:15 PM	In-Theater Psychiatric Care	CAPT Robert Koffman
2:00 PM	Psychotropic Prescriptions In-Theater: 3.5 Years of Data from the Department of Defense (DoD) Theater Medical Data Store	CDR Meena Vythilingam
3:00 PM	Work Group Breakout Sessions	Dr. Parkinson/Dr. Silva
4:45 PM	Closing Remarks	Dr. Parkinson/Dr. Silva
5:00 PM	ADJOURN	