



Psychological Health External Advisory Subcommittee

**Charles J. Fogelman, Ph.D.
Chair**



Overview

- **Subcommittee Membership**
- **December and February Meeting Summaries**
- **Future Meetings**
- **Current Questions Posed to Subcommittee**



Subcommittee Membership

Pre-Clinical Subgroup

- Dr. Robert Anders
- Dr. Richardean Benjamin
- Dr. John Fairbank
- Dr. Brett Litz
- Dr. Shelley MacDermid Wadsworth
- Dr. James Campbell Quick
- Dr. Thomas Uhde

Clinical Subgroup

- Dr. Robert Certain
- Dr. Christopher Colenda
- RADM Peter Delany
- Dr. Thomas Detre
- Dr. Jesse Fann
- Dr. Kurt Kroenke
- Dr. John Krystal
- Dr. David Kupfer
- Dr. Patricia Resick



December 3-4, 2009 Meeting Agenda & Briefers

- **Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury—CAPT Ed Simmer**
- **Pre-Clinical Evaluation—Col Carl Castro**
- **New/Spotlight: Personal Reflections, West Point Resilience Program—LtCol Rebecca Porter**
- **Research and Development (RAND) Corporation—Terri Tanielian, Lisa Jaycox, Rajeev Ramchand, Robin Weinick**
- **Subgroup Breakout Sessions**



February 24-25, 2009 Meeting Agenda & Briefers

- **Subgroup Reports**
- **Global Assessment Tool**—CPT Paul Lester
- **Mental Health Dashboard**—Dr. Michael Dinneen
- **Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury**—CAPT Ed Simmer
- **Update on Task Force for the Prevention of Suicide by Members of the Armed Forces**—Dr. Robert Certain
- **Discussion with COL Christian Macedonia**, Medical Sciences Advisor to the Chairman of the Joint Chiefs of Staff
- **Combat Leaders**—CPT Mike Erwin, MAJ Scott O'Neal
- **Subgroup Breakout Sessions**
- **Pentagon Tour**



Subgroup Teleconferences

- **Pre-Clinical Subgroup**
 - Held teleconference on February 3, 2010
- **Clinical Subgroup**
 - Held teleconferences on January 26, 2010 and February 8, 2010
 - Scheduling additional teleconferences in March and April



Future Meetings

- **Scheduled as follows:**
 - **May 4-5, 2010—tentatively scheduled at West Point**
 - **September 13-14, 2010—location to be determined**
 - **December 2-3—tentatively scheduled in the National Capital Region**
- **Future meetings will follow agenda template**



Previous Question Tasked to the Psychological Health Subcommittee

- **Request by Ms. Embrey, the DASD for Force Health Protection and Readiness Programs to review the Automated Neurocognitive Assessment Matrices (ANAM), which is a Pre-Deployment Neurocognitive Assessment Testing tool**
 - Provide recommendations on use
 - Determine added value of sections on language, memory, attention, executive function, and cognition
 - Examine inclusion of symptoms and patient history, mood, and sleepiness scales, as well as, measures of response inhibition and effort



New Questions Posed to the Psychological Health Subcommittee

- **What evidence-based metrics should the DoD use to measure the effectiveness of our preclinical programs supporting resilience, education, and counseling?**
- **What evidence-based metrics should the DoD use to measure the outcomes of our clinical mental health programs?**



Questions?

Other Considerations?

Offers of Advice and Assistance?



Supplemental Slides



Documents Reviewed by the Subcommittee/Subgroup

- **Draft DCoE In-Theater Psychological Health Protocol**
- **Resilience Training Programs in the DoD (provided by DCoE)**
- **Health Risk Assessment Questionnaire**
- **Functional Impairment Measures**
- **ABHC Mental Health Items**
- **Sleep Measures**
- **Deployment Risk and Resilience Inventory**
- **Inventory of Functional Impairment**
- **Pittsburgh Sleep Quality Index Addendum for PTSD**
- **ABHC Data Dictionary**
- **Medical Outcomes Study Sleep Measure**
- **DCoE PH/TBI Program Evaluation Guide**



Documents Reviewed by the Subcommittee/Subgroup

- **Periodic Health Assessment**
- **Pre-Deployment Health Assessment**
- **Post-Deployment Health Assessment**
- **Post-Deployment Health Reassessment**
- **DoD Health Assessment Cycle**
- **DoD Instruction 6490.03**
- **Recommended Modifications to PDHA/PDHRA**
- **Global Assessment Tool**
- **Possible Metrics of Line of Action 2**
- **Force Health Protection and Readiness Line of Action 2 Projects Listing**



Subcommittee Priorities for Action

- **Identification, coordination, and integration of care of patients with comorbid or complicated conditions**
 - Family involvement
 - Issues pertaining to alcohol and substance abuse
 - Post-Traumatic Stress Disorder
 - Major realms, including:
 - Interpersonal violence
 - Stigma
 - Suicide
 - Impact on career



Subcommittee Priorities for Action (Continued)

- **Care delivery/systems**
 - **Efficiency**
 - Best practices
 - Dissemination
 - **Workforce**
 - Leadership development
 - Training
 - Supervision
 - Cultural sensitivity
 - Diversity
- **Force robustness**
 - Resilience
 - Prevention
 - Protection



Agenda Template

- **Administrative issues**
- **Review of questions tasked to Subcommittee**
- **Review of questions raised by Subcommittee**
- **Briefing on new issue/program**
- **Status or recent data regarding:**
 - **Treatment**
 - **Resilience**
 - **Descriptive analytical data**
- **Monitoring, guidance, and advice**
- **Feedback**



Meeting Feedback Form

- **Please provide a numerical ranking for each, where 1=Wretched and 7=Transcendent**
 - Value to you in your role as a Subcommittee member
 - Value of to you in general
 - Substance, on average (name best if you wish)
 - Presenters, on average (name best if you wish)
 - Organization and flow of meeting



Meeting Feedback Form (cont)

- **Compared to other Subcommittee meetings so far, on balance this one was:**
 - Better
 - Worse
 - About the same
- **Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?**

Please provide a numerical ranking for each, where 1= Wretched and 7=Transcendent

___ Value to you in your role as a Subcommittee member

___ Value to you in general

___ Substance, on average (Name best if you wish)

___ Presenters, on average (Name best if you wish)

___ Organization and flow of meeting

Compared to other Subcommittee meetings so far, on balance this one was:

“Better”

“Worse”

“About the same”

Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?