

Carl Andrew Castro, Ph.D.

Carl Andrew Castro is Director of the Military Operational Medicine Research Program at the US Army Medical Research and Materiel Command at Fort Detrick, Maryland where he oversees a wide-range of research programs including Psychological Health and Resilience, Blast and Injury Prevention, Environmental Medicine and Physiological Health and Well-being. Dr. Castro has served as the Commander of the U.S. Army Medical Research Unit-Europe, located in Heidelberg, Germany and as the Chief of the Department of Military Psychiatry. He was the original author and developer of the Battlemind Training System, the US Army's resilience training program. His operational experience includes serving tours of duty in Bosnia, Kosovo and Iraq. In 2003 and 2006, he deployed to Iraq as part of the annual Mental Health Advisory Team (first as senior science officer and then as team leader). Dr. Castro has published numerous scientific articles, as well as serving as co-editor of the four volume series entitled, "Military life: The psychology of serving in peace and combat." He also leads several NATO research groups and other international activities. He is a Colonel in the US Army.