

inTransition

CONNECTING • COACHING • EMPOWERING

For more information about the program, ask your provider, visit *health.mil/intransition* or call:



800-424-7877

(Inside the United States)



800-748-8111

(OCONUS in Australia, Germany, Italy, Japan, and South Korea only)



dha.ncr.j-9.mbx.intransition@health.mil

Your coach's number: _____

inTransition CONNECTING – COACHING – EMPOWERING

InTransition offers specialized coaching to support service members (including National Guard and reservists), veterans, and retirees when they transition to a new medical care facility, a new geographic location or into a new health care system.

The ability to connect with inTransition by phone **24 hours a day, 7 days a week, 365 days a year** makes the program readily available to service members regardless of where they are located.

Providers can visit ***health.mil/intransition*** to find FAQs, request a presentation, and order free materials.

