

# Coronavirus Disease 2019 COVID-19

What you need to know to keep your family safe and healthy.

## **PRESCRIPTION REFILLS**

Be sure you have your prescription refills on hand in case you need to stay home for a prolonged period of time and be unable to use a pharmacy.



## **You have three ways to get a 90-day supply of your medications**

You can get a 90-day supply of most medications at military pharmacies, via TRICARE Pharmacy Home Delivery\* (copayments apply), or at retail network pharmacies (up to three, 30-day supplies at the cost of three copayments).

## **How to Change Your Prescription to Home Delivery:**

Consider using home delivery to conveniently access your maintenance medications (drugs taken regularly for a chronic condition) without leaving the house.

Visit <https://militaryrx.express-scripts.com/home-delivery> for more information. You can make the change:

### **At a Military Pharmacy**

Ask your military pharmacist to transfer your prescription to home delivery.

### **On the Phone**

Call **1-877-363-1303**. Have your prescription bottle ready.

### **On the Mobile App**

Use the Express Scripts mobile app to transfer an existing prescription at a retail or military pharmacy to home delivery.

### **Online**

Go to <https://militaryrx.express-scripts.com/home-delivery>

### **By e-Prescribe**

Ask your doctor to submit your prescription for home delivery electronically (e-Prescribe).

### **By Mail**

Go to <https://militaryrx.express-scripts.com/home-delivery> Download, fill-out, and mail the home delivery form along with your 90-day prescription to the address listed on the form.

For more information about copayments and the TRICARE Formulary status of your prescription, visit [www.express-scripts.com/tform](http://www.express-scripts.com/tform).

\* If you have other health insurance with a pharmacy benefit, you can't use home delivery unless your prescription isn't covered by your other plan, or you've reached the dollar limit of your other plan. Home delivery is not available in Germany.

