

# Seasonal Influenza Vaccination Training

**VACCINE INFORMATION STATEMENT**

**Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know**

**1 Why get vaccinated?**

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and it spreads mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes mainly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and nausea in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people, infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year thousands of people in the United States die from flu, and many more are hospitalized.

**The vaccine can:**

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

**2 Inactivated and recombinant flu vaccines**

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

Read More Information on Vaccines at <http://www.hhs.gov/od/ohrt/> or <http://www.fda.gov/oc/ohrt/>. Please do not remove this vaccine until you have read the entire Vaccine Information Statement.

There is no live flu virus in flu shots. They cannot cause the flu.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:

- flu that is caused by a virus not covered by the vaccine, or
- illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

**3 Some people should not get this vaccine**

Tell the person who is giving you the vaccine:

- If you have any severe, life-threatening allergies.
- If you ever had a life-threatening allergic reaction after a dose of the vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- If you ever had Guillain-Barre Syndrome (also called GBS).

Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.

- If you are not feeling well.

It is usually okay to get the vaccine when you have a mild illness, but you might be asked to come back when you feel better.



A certificate of completion will be awarded after completion of all training requirements. Training requirements include: completion of all five (5) training modules, minimum passing score of 80% on immunization quiz, and completion of course evaluation.



For More Information, contact DHA Immunization Healthcare Branch



DHA Immunization Healthcare Support Center

877-438-8222

877-GET-VACC

Available 24 hours a day 7 days a week

[www.health.mil/vaccines](http://www.health.mil/vaccines)

[www.health.mil/flu](http://www.health.mil/flu)

[DoDVaccines@mail.mil](mailto:DoDVaccines@mail.mil)



Department of Defense

## Seasonal Influenza Vaccination Training

2016 - 2017

Register:  
[www.health.mil/flu](http://www.health.mil/flu)

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We are committed to Standards of Quality and to Excellence

Providing evidence-based content to promote healthcare personnel development or performance of safe and effective influenza immunization healthcare delivery.



### What is the Seasonal Influenza Vaccination Training Curriculum?

The Seasonal Influenza Vaccination Training curriculum is an online course that will provide military and civilian healthcare personnel with important and comprehensive information concerning the influenza vaccine. It is designed to prepare healthcare personnel to administer influenza vaccinations and perform required administrative tasks in support of the DoD and USCG's Influenza Vaccination Program.

This curriculum includes five training modules. It is designed to meet seasonal influenza vaccination training requirement for medical personnel administering influenza vaccinations, and can be completed in approximately 1.7 hours.

### Who should complete this training?

This training is designed for medical personnel who will be involved in the Seasonal Influenza Vaccination Program. Participants may include physicians, nurses, physician assistants, medics, corpsman, medical supervisors, and other clinical personnel.

This course is directed primarily towards a military audience but is open to anyone with a **Joint Knowledge Online account** (<http://jko.jten.mil/>). The curriculum is focused on supporting the DoD and USCG's influenza preparedness plans, and is tailored to the specific immunization requirements of the Armed Forces.

### Course Objectives

*Upon completion of the Seasonal Influenza Vaccination curriculum, trainees will be able to:*

- Describe the disease and its clinical features, as well as indications for the vaccine
- Describe vaccine dosage and administration details
- List recommended storage and handling requirements for influenza vaccine
- Describe patient screening and patient education requirements
- List vaccine precautions and contraindications, and adverse event reporting requirements



### Course Description

*The five modules and corresponding learning objectives are:*

#### 1. Introduction to DoD and USCG Seasonal Influenza Program

- Identify seasonal influenza competency training program requirements
- Discuss the DoD and USCG Seasonal Influenza Vaccination Program
- Discuss the DoD and Service specific seasonal influenza policies
- Identify Advisory Committee on Immunization Practices (ACIP) recommendations for the current influenza season

#### 2. Seasonal Influenza Disease

- Identify historical threat from influenza pandemics to military readiness and operations
- Identify influenza disease characteristics, transmission patterns and complications
- Verbalize where to find information on seasonal flu trends

#### 3. Influenza Vaccine Screening and Administration

- Outline the Vaccine Information Statement (VIS) requirements
- Identify the contraindications for vaccine administration
- Verbalize the proper screening process for the influenza vaccine
- Discuss the age requirements for different vaccine formulations
- Discuss the injectable, intranasal, and intradermal influenza administration techniques
- Identify vaccine documentation requirements

#### 4. Cold Chain Management of the Seasonal Influenza Vaccine

- Identify critical factors related to ordering the seasonal influenza vaccine
- Properly receive the seasonal influenza vaccine
- Identify the storage requirements for the seasonal influenza vaccine
- Implement cold chain management principles to protect your vaccine
- Apply protocols to maintain proper temperature when transporting the influenza vaccine to offsite locations
- Outline procedures for management of potentially temperature compromised vaccine

#### 5. Adverse Events Management

- Identify the common side effects associated with influenza vaccination
- Identify possible serious adverse events following influenza vaccination
- Explain the steps for the medical management of an allergic reaction after vaccination
- List the proper steps to submit a Vaccine Adverse Event Reporting System (VAERS) form

#### Influenza Training Quiz

- A 30 question quiz will be given after viewing all 5 modules
- A score of 80% or better is required in order to pass the quiz and download a certificate of completion.

