

Referrals to an Advanced Rehabilitation Center (ARC)

Referrals to Naval Medical Center San Diego and the Comprehensive Combat and Complex Casualty Care (C5):

External inpatient referrals:

Communicate directly with specialty providers or the Trauma/Acute Care Service.
Duty Phone for Trauma/Acute Care Consults: (619) 453-7013

Outpatient referrals (post inpatient and before any outpatient rehabilitation has been initiated):
The referring physician places a consult to NMCSO PM&R.

Coordinating Points of Contact:

Division Officer
Office: (619) 532-6044
Fax: (619) 532-9023

Patient Administration: 1-619-532-8319

General information for C5: 619-532-7533.
<http://www.med.navy.mil/sites/nmcsd/Pages/Care/C5.aspx>

Referrals to San Antonio Military Medical Center / Brooke Army Medical Center and the Center for the Intrepid (CFI):

The referring physician places a consult to the SAMMC/BAMC CFI program.

Patient Administration: 210-916-2733 (Admissions and Dispositions)

Nurse Case Manager: (210) 916-5463

General Information for SAMMC:
<https://www.bamc.amedd.army.mil/departments/rehabilitation-medicine/cfi/>

Referrals to Walter Reed National Military Medical Center and the Military Advanced Training Center (WRNMMC / MATC)

For all referrals we recommend that coordinators/providers contact the **Amputee Care Coordinators/Nurse Case Managers** as a courtesy notification that an amputation care patient is inbound.

For additional information or assistance please contact-WRNMMC Amputee Care Coordinators, Referral Management 301-400-0404, or VA Sharing Office 301-319-4630/301-319-4631, dha.bethesda.ha-support.list.wrnm-e-pro-bldg62@mail.mil.

External inpatient to inpatient referrals

Coordinate directly with specialty providers or the Trauma Service. To facilitate the process, call the **WRNMMC Patient Administration (PAD) at (301) 295-2126**, and inform them that this is a Provider One Call. They will collect all necessary information and contact the appropriate service that will be accepting the patient, to facilitate provider to provider hand-off.

Outpatient Referrals (post inpatient and before any outpatient rehabilitation has been initiated)

The Primary Care Manager (PCM) or specialty provider must enter a referral in the electronic medical record for the service needed (Physical Medicine & Rehabilitation [PM&R], Orthopedic Surgery, Vascular Surgery, Trauma, etc.), specifying WRNMMC. If an accepting provider is already identified, his/her name should be specified.

Print a copy of the referral and fax to (301) 400-2190. For Referral Management, contact (301) 400-0404/319-2668. Referral Management will enter the referral into the WRNMMC system and then send it to the specialty clinic for review.

Upon receiving referral information, the Amputee Care Coordinator will verify eligibility, registration to an MTF, contact appropriate providers to inform them and forward the patient's/referring provider's contact information. They also assist with the referral process through the MTF and coordinate appointment scheduling, lodging information, paperwork required by units, etc. The Amputee Care Coordinators also serve as general liaisons and can provide information and assistance to anyone or any organization in need.

Post Amputation/outpatient

Once discharged from inpatient care, all patients need a referral for Physical Medicine and Rehab. The patient is seen in the Amputee Clinic for an evaluation and to meet with the interdisciplinary team (Occupational Therapy [OT], Physical Therapy [PT], Orthotics and Prosthetics [O&P], PM&R) to establish a rehabilitation plan of care.

Amputee Care Coordinators will assist patients as needed throughout the rehabilitation coordination process. They will also communicate with the entire health care team, to include patient's referring provider and/or case manager, to keep them informed regarding the patient's condition and to provide updates on the plan of care.

Residual limb complications, additional services or maintenance care

Please contact the WRNMMC Amputee Care Coordinators to assist with coordination to ensure that referrals are entered and appropriate appointments are scheduled.

Elective Amputations

Referrals need to be entered as above and should be processed through the specialty service, or a specialty provider may be contacted directly by an outside facility regarding a referral. Contact the WRNMMC Amputee Care Coordinators to assist, ensuring that referrals are entered and appropriate appointments are scheduled.

After the WRNMMC specialty provider(s) evaluates the patient, if an elective amputation is found to be a reasonable option, then a second provider must see the patient for a second opinion. If both agree that amputation is appropriate, the Amputee Care Coordinator will be contacted to coordinate a mandatory psychiatric evaluation.

Once all evaluations are completed and the health care team agrees that amputation is appropriate for the patient, Amputee Care Coordinators will meet with patient to schedule an initial Amputee Clinic appointment for pre amputation counseling, and to determine his/her needs, timeframe for when they will have the elective amputation and where they would like to complete their rehabilitation. This information will then be communicated to the team.

Amputee Care Coordinators will work with the interdisciplinary team, case managers, Warrior Transition Unit or Wounded Warrior (WW) Battalions, etc. If the patient is going to be at WRNMMC for an extended time, it may be appropriate for the patient to be placed in one of the WW programs (based on service). For patients that do not meet criteria for a WW program, Amputee Care Coordinators will work with the patient/unit liaisons and interdisciplinary team to provide coordination of care during their rehabilitation phase.

Returning for prosthetics care

The central points of contact are the Amputee Care Coordinators. Patients may be referred or may call directly for assistance with lodging and prosthetic care. If the patient has not been seen previously by WRNMMC, the patient will need a referral to the PM&R Amputee Clinic and will need to be seen first in the Amputee Clinic for evaluation and for assignment of a prosthetist.

If already an established patient, the Amputee Care Coordinators will coordinate directly with the prosthetist prior to arrival to ensure the prosthetist is available, and to get an estimate on length of stay needed for prosthetic work. Amputee Care Coordinators then schedule patients for prosthetic care and follow up in the Amputee Clinic.

At WRNMMC, amputation care is ideally organized to begin on Monday and be completed by Friday. If additional time is required, Amputee Care Coordinators will contact units and provide documentation as needed.