TRICARE Online Patient Portal Mobile gives patients greater access to their health information and health care teams.

**HOW TO ACCESS**
TOL PP Mobile can be accessed with any mobile device including smart phones by following these steps:

1. Open your mobile device web browser
2. Go to [www.TRICAREOnline.com](http://www.TRICAREOnline.com)
3. Log in using a DS Logon Premium or DFAS myPay account
4. Tap the menu button
5. Tap “Add to Home Screen”

**WHAT ARE MY CAPABILITIES?**

**Appointments**
Make new MTF appointments
Manage or cancel appointments
Receive notifications

**Prescription Refill**
Refill prescriptions
View prescription status
Receive notifications

**Health Record**
Review, download your personal health data:
lab and radiology results, medications, allergies, problem lists, encounters, vital signs, immunizations

**REMINDER!**
The Nurse Advice Line is available 24/7
1-800-TRICARE (874-2273) option 1

Scan the code and bookmark the site!