DIGITAL HEALTH COMPETENCY RESOURCES

DHA Defense Health Agency

COMPETENCY*

KNOWLEDGE DEPTH		OVERVIEW	INTEGRATION	EVIDENCE BASED	SECURITY & PRIVACY	CULTURAL HUMILITY	ETHICS
	LEVEL 1 NOVICE — Recall of information/facts, remembering.	Rx Pad Handout (PDF) Guide to Digital Health Technology (PDF) Digital Health for Primary Prevention (Video)	Implement Health Technology into Care (Video)	Evidence for using mHealth Applications in Behavioral Health Care (PDF)	Keeping Your Personal Health Information Safe on Your Mobile Device (PDF)	Principles for Cultural Humility in Dialogue (PDF)	Key Themes for Digital Health Ethics (PDF) Digital Health Ethics (Video)
	LEVEL 2 APPRENTICE — Application of skill at a basic level.	Health Technologies for Patients (PDF) Advancing Connected Health (Video)	Digital Health Integration using CBT-i Coach (Video)	Evidence Base for Integrating Mobile Health (Video)	Digital Health Security and Privacy using COVID Coach (Video)	Cultural Humility in Clinical Care (Video)	Digital Health Ethics (Podcast) `1 CE`
	LEVEL 3 PROFICIENT — Strategic thinking, extrapolation, analyzing, and evaluating.	Being Culturally Responsive in Selecting Digital Health Technology (Video) Introduction to Using Digital Health in the Military Health System (Video) `1 CE` Introduction to Digital Health (eLearning)			Digital Health Data Security (Video)	Principles for Cultural Humility in Dialogue (Video)	Bottom Line Ethics in Digital Health (Video)

Completed ▪ (blue)

In progress ▪ (orange)

*COMPETENCIES EXPLAINED

- **Overview** – Incorporation of all competencies.
- **Integration** – Safely using digital health in clinical care.
- **Evidence Based** – Evidence to consider when using digital health resources as support tools.
- **Security and Privacy** – Alleviating top concerns around technology security and privacy issues.
- **Ethics** – Applying in-person ethical considerations with digital health technology.
- **Cultural humility** – Addressing cultural issues to improve digital health efficacy.