



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

1200 DEFENSE PENTAGON
WASHINGTON, DC 20301-1200

JUN 6 2019

HEALTH AFFAIRS

MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER
AND RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE NAVY (MANPOWER
AND RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE AIR FORCE (MANPOWER
AND RESERVE AFFAIRS)
HEALTH AND SAFETY DIRECTOR OF THE COAST GUARD

SUBJECT: Memorandum to Establish 2020 Premium Rates for TRICARE
Reserve Select, TRICARE Retired Reserve, TRICARE Young Adult, and the
Continued Health Care Benefit Program

Calendar Year 2020 premium rates are established for TRICARE Reserve Select,
TRICARE Retired Reserve, TRICARE Young Adult, and Fiscal Year 2020 premium rates for
the Continued Health Care Benefit Program, as specified in the attachment. Please provide
widest dissemination. This information can be found at www.tricare.mil/trs, www.tricare.mil/trr,
www.tricare.mil/tya, and www.tricare.mil/chcbp.

Tom McCaffery
Principal Deputy Assistant Secretary
of Defense (Health Affairs)

Attachment:
As stated

cc:
Assistant Secretary of Defense (Manpower & Reserve Affairs)
Surgeon General of the Army
Surgeon General of the Navy
Surgeon General of the Air Force

Attachment: Calendar Year 2020 Monthly Premium Rates for TRICARE Reserve Select (TRS), TRICARE Retired Reserve (TRR), and TRICARE Young Adult (TYA), and Fiscal Year Monthly Premium Rates for the Continued Health Care Benefit Program (CHCBP)

TRS premium rates are established annually on Calendar Year (CY) basis in accordance with title 10, United States Code (U.S.C), Section 1076d (10 USC 1076d) and title 32, Code of Federal Regulations, part 199.24 (32 CFR 199.24). The TRS monthly premiums for CY20 shall be the rates listed in the table below:

Type of Coverage	2019 TRS Monthly Rate	2020 TRS Monthly Rate	Change
TRS Member-only	\$ 42.83	\$ 44.17	+ 3.1%
TRS Member & family	\$ 218.01	\$ 228.27	+ 4.7%

TRR premium rates are established annually on a CY basis in accordance with 10 USC 1076e and 32 CFR 199.25. The TRR monthly premiums for CY20 shall be the rates listed in the table below:

Type of Coverage	2019 TRR Monthly Rate	2020 TRR Monthly Rate	Change
TRR Member-only	\$ 451.51	\$ 444.37	- 1.6%
TRR Member & family	\$ 1,083.40	\$ 1,066.26	- 1.6%

TYA premium rates are established annually on a CY basis in accordance with 10 USC 1110b and 32 CFR 199.26. The TYA monthly premiums for CY 2020 shall be the rates listed in the table below:

Type of Coverage	2019 TYA Monthly Rate	2020 TYA Monthly Rate	Change
TYA Select	\$ 214.00	\$ 228.00	+ 6.5%
TYA Prime	\$ 358.00	\$ 376.00	+ 5.0%

CHCBP premium rates are established annually on a FY basis in accordance with 10 USC 1078a and 32 CFR 199.20. The CHCBP quarterly premiums for FY20 shall be the rates listed in the table below:

Type of Coverage	2019 CHCBP Quarterly Rate	2020 CHCBP Quarterly Rate	Change
CHCBP Single	\$ 1,453.00	\$ 1,553.00	+ 6.9%
CHCBP Family	\$ 3,273.00	\$ 3,500.00	+ 6.9%