Psychological Health External Advisory Subcommittee

Charles J. Fogelman, Ph.D.
Chair
Overview

• Subcommittee Membership
• June Meeting Summary
• Future Meetings
• Current Questions Posed to Subcommittee
• Subcommittee Recommendation Pertaining to Applied Behavioral Analysis Therapy for Children with Autism Spectrum Disorders (ASDs)
Subcommittee Membership

- Dr. Charles Fogelman
- Dr. Robert Anders
- Dr. Richardean Benjamin
- Dr. Robert Certain
- Dr. Christopher Colenda
- RADM Peter Delany
- Dr. Thomas Detre
- Dr. John Fairbank
- Dr. Jesse Fann
- Dr. Kurt Kroenke
- Dr. John Krystal
- Dr. David Kupfer
- Dr. Brett Litz
- Dr. Shelley MacDermid Wadsworth
- Dr. James Campbell Quick
- Dr. Patricia Resick
- Dr. Martin Seligman
- Dr. Thomas Uhde
June 29-30, 2009 Meeting
Agenda & Briefers

• Core Board Meeting Debrief—Dr. Fogelman
• External Questions: Review of Autism Question and Response
• Data Update: MHS/TRICARE Mental Health Data—Dr. Michael Dinneen and Mr. Chris Martin
• Complicated Conditions: Update on Suicide Prevention Task Force—CDR Feeks
• Complicated Conditions: Exceptional Family Member Program—Ms. Shemille Flinta
• New/spotlight: Current Challenges of Mental Health Care Delivery in the Military—CDR John Ralph
June 29-30, 2009 Meeting
Agenda & Briefers (Continued)

- Monitoring: Mental Health Task Force Report Implementation—COL Nancy Fortuin
- Force Robustness: Army Comprehensive Soldier Fitness—BG Rhonda Cornum
- Force Robustness: Human Systems Optimization Implementation Update—Dr. Jill Carty, Dr. John Davison, and Dr. Mark Paris
- Monitoring: Relationship with DCoE—Dr. Fogelman
Future Meetings

• Scheduled as follows:
  – October 19-20, 2009
  – December 3-4, 2009
  – All tentatively scheduled in the National Capital Region

• Future meetings will follow agenda template
Questions Tasked to the Psychological Health Subcommittee

• Request by Dr. Kelley, the Deputy Assistant Secretary of Defense (DASD) for Health Affairs and Clinical & Program Policy to review the scientific evidence surrounding Applied Behavioral Analysis (ABA) and provide comments on the following:
  – Treatment intensity and duration
  – Short-term and long-term effects associated with ABA
  – Alternative treatments for autism that may provide comparable benefit to ABA therapy

• Request by Ms. Embrey, the DASD for Force Health Protection and Readiness Programs to review the Automated Neurocognitive Assessment Matrices (ANAM), which is a Pre-Deployment Neurocognitive Assessment Testing tool
  – Provide recommendations on use
  – Determine added value of sections on language, memory, attention, executive function, and cognition
  – Examine inclusion of symptoms and patient history, mood, and sleepiness scales, as well as, measures of response inhibition and effort
Subcommittee Recommendations Pertaining to ABA Therapy

- ASDs require the integration of habilitative treatments as a minimum acceptable standard for illness management.
- Based on available evidence, Early Intensive Behavioral Interventions (EIBI) may produce short-term gains in IQ and for adaptive behavior, but not for other impairments associated with ASDs.
Due to insufficient evidence, conclusions cannot be drawn regarding:

- Long-term efficacy of any current intervention strategies
- Relative efficacy of ABA and other forms of EIBI
Subcommittee Recommendations Pertaining to ABA Therapy (Continued)

- Clinical trials addressing current gaps in knowledge are recommended, especially comparisons of various treatments and interventions in both the short and long term.
  - Establishing partnerships, such as with the NIH, is encouraged to accomplish this objective.

- The implementation of individualized case management strategies that take into account regional variability in treatment resources is strongly endorsed.
Questions?

Other Considerations?

Offers of Advice and Assistance?
Supplemental Slides
Subcommittee Priorities for Action

• Identification, coordination, and integration of care of patients with comorbid or complicated conditions
  – Family involvement
  – Issues pertaining to alcohol and substance abuse
  – Post-Traumatic Stress Disorder
  – Major realms, including:
    • Interpersonal violence
    • Stigma
    • Suicide
    • Impact on career
Subcommittee Priorities for Action (Continued)

• Care delivery/systems
  – Efficiency
    • Best practices
    • Dissemination
  – Workforce
    • Leadership development
    • Training
    • Supervision
    • Cultural sensitivity
    • Diversity

• Force robustness
  – Resilience
  – Prevention
  – Protection
Agenda Template

• Administrative issues
• Review of questions tasked to Subcommittee
• Review of questions raised by Subcommittee
• Briefing on new issue/program
• Status or recent data regarding:
  – Treatment
  – Resilience
  – Descriptive analytical data
• Monitoring, guidance, and advice
• Feedback
Meeting Feedback Form

• Please provide a numerical ranking for each, where 1=Wretched and 7=Transcendent
  – Value to you in your role as a Subcommittee member
  – Value of to you in general
  – Substance, on average (name best if you wish)
  – Presenters, on average (name best if you wish)
  – Organization and flow of meeting
Meeting Feedback Form (cont)

• Compared to other Subcommittee meetings so far, on balance this one was:
  – Better
  – Worse
  – About the same

• Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?
Please provide a numerical ranking for each, where 1= Wretched and 7=Transcendent

___Value to you in your role as a Subcommittee member

___Value to you in general

___Substance, on average (Name best if you wish)

___Presenters, on average (Name best if you wish)

___Organization and flow of meeting

Compared to other Subcommittee meetings so far, on balance this one was:

“Better”
“Worse”
“About the same”

Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?