Psychological Health External Advisory Subcommittee

Charles J. Fogelman, Ph.D.D. Chair
Overview

- Subcommittee Membership
- December and February Meeting Summaries
- Future Meetings
- Current Questions Posed to Subcommittee
Subcommittee Membership

Pre-Clinical Subgroup
• Dr. Robert Anders
• Dr. Richardean Benjamin
• Dr. John Fairbank
• Dr. Brett Litz
• Dr. Shelley MacDermid Wadsworth
• Dr. James Campbell Quick
• Dr. Thomas Uhde

Clinical Subgroup
• Dr. Robert Certain
• Dr. Christopher Colenda
• RADM Peter Delany
• Dr. Thomas Detre
• Dr. Jesse Fann
• Dr. Kurt Kroenke
• Dr. John Krystal
• Dr. David Kupfer
• Dr. Patricia Resick
• Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury—CAPT Ed Simmer
• Pre-Clinical Evaluation—Col Carl Castro
• New/Spotlight: Personal Reflections, West Point Resilience Program—LtCol Rebecca Porter
• Research and Development (RAND) Corporation—Terri Tanielian, Lisa Jaycox, Rajeev Ramchand, Robin Weinick
• Subgroup Breakout Sessions
February 24-25, 2009 Meeting
Agenda & Briefers

• Subgroup Reports
• Global Assessment Tool—CPT Paul Lester
• Mental Health Dashboard—Dr. Michael Dinneen
• Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury—CAPT Ed Simmer
• Update on Task Force for the Prevention of Suicide by Members of the Armed Forces—Dr. Robert Certain
• Discussion with COL Christian Macedonia, Medical Sciences Advisor to the Chairman of the Joint Chiefs of Staff
• Combat Leaders—CPT Mike Erwin, MAJ Scott O’Neal
• Subgroup Breakout Sessions
• Pentagon Tour
Subgroup Teleconferences

- **Pre-Clinical Subgroup**
  - Held teleconference on February 3, 2010

- **Clinical Subgroup**
  - Held teleconferences on January 26, 2010 and February 8, 2010
  - Scheduling additional teleconferences in March and April
Future Meetings

• Scheduled as follows:
  – May 4-5, 2010—tentatively scheduled at West Point
  – September 13-14, 2010—location to be determined
  – December 2-3—tentatively scheduled in the National Capital Region

• Future meetings will follow agenda template
Previous Question Tasked to the Psychological Health Subcommittee

• Request by Ms. Embrey, the DASD for Force Health Protection and Readiness Programs to review the Automated Neurocognitive Assessment Matrices (ANAM), which is a Pre-Deployment Neurocognitive Assessment Testing tool
  – Provide recommendations on use
  – Determine added value of sections on language, memory, attention, executive function, and cognition
  – Examine inclusion of symptoms and patient history, mood, and sleepiness scales, as well as, measures of response inhibition and effort
New Questions Posed to the Psychological Health Subcommittee

• What evidence-based metrics should the DoD use to measure the effectiveness of our preclinical programs supporting resilience, education, and counseling?

• What evidence-based metrics should the DoD use to measure the outcomes of our clinical mental health programs?
Questions?

Other Considerations?

Offers of Advice and Assistance?
Documents Reviewed by the Subcommittee/Subgroup

- Draft DCoE In-Theater Psychological Health Protocol
- Resilience Training Programs in the DoD (provided by DCoE)
- Health Risk Assessment Questionnaire
- Functional Impairment Measures
- ABHC Mental Health Items
- Sleep Measures
- Deployment Risk and Resilience Inventory
- Inventory of Functional Impairment
- Pittsburgh Sleep Quality Index Addendum for PTSD
- ABHC Data Dictionary
- Medical Outcomes Study Sleep Measure
- DCoE PH/TBI Program Evaluation Guide
Documents Reviewed by the Subcommittee/Subgroup

- Periodic Health Assessment
- Pre-Deployment Health Assessment
- Post-Deployment Health Assessment
- Post-Deployment Health Reassessment
- DoD Health Assessment Cycle
- DoD Instruction 6490.03
- Recommended Modifications to PDHA/PDHRA
- Global Assessment Tool
- Possible Metrics of Line of Action 2
- Force Health Protection and Readiness Line of Action 2 Projects Listing
Subcommittee Priorities for Action

• Identification, coordination, and integration of care of patients with comorbid or complicated conditions
  – Family involvement
  – Issues pertaining to alcohol and substance abuse
  – Post-Traumatic Stress Disorder
  – Major realms, including:
    • Interpersonal violence
    • Stigma
    • Suicide
    • Impact on career
Subcommittee Priorities for Action (Continued)

• Care delivery/systems
  – Efficiency
    • Best practices
    • Dissemination
  – Workforce
    • Leadership development
    • Training
    • Supervision
    • Cultural sensitivity
    • Diversity

• Force robustness
  – Resilience
  – Prevention
  – Protection
Agenda Template

- Administrative issues
- Review of questions tasked to Subcommittee
- Review of questions raised by Subcommittee
- Briefing on new issue/program
- Status or recent data regarding:
  - Treatment
  - Resilience
  - Descriptive analytical data
- Monitoring, guidance, and advice
- Feedback
Meeting Feedback Form

• Please provide a numerical ranking for each, where 1=Wretched and 7=Transcendent
  – Value to you in your role as a Subcommittee member
  – Value of to you in general
  – Substance, on average (name best if you wish)
  – Presenters, on average (name best if you wish)
  – Organization and flow of meeting
• Compared to other Subcommittee meetings so far, on balance this one was:
  – Better
  – Worse
  – About the same

• Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?
Please provide a numerical ranking for each, where 1= Wretched and 7=Transcendent

___Value to you in your role as a Subcommittee member

___Value to you in general

___Substance, on average (Name best if you wish)

___Presenters, on average (Name best if you wish)

___Organization and flow of meeting

Compared to other Subcommittee meetings so far, on balance this one was:

“Better”
“Worse”
“About the same”

Any suggestions about ways to improve, particularly in regard to organization and flow, but really in any realm?