Question to the Board

• Request guidance for prescribing and the proper use of psychiatric medications

• Request guidance for use of complementary and alternative medicine (CAM) treatments
Current Membership

• Dr. Michael Parkinson
• Dr. Joseph Silva
• Dr. Dennis O’Leary
• Dr. Wayne Lednar
• Dr. Charles Fogelman
• Dr. Nancy Dickey
• Dr. Kurt Kroenke
• Dr. John Krystal
• Dr. Thomas Uhde
Recent and Forthcoming Activities

• **21 October 2010**: Organizational Teleconference

• **3 November 2010**: First Meeting

• **31 March 2010**: Final Report and Recommendations Due to DoD
3 November 2010 Meeting
Agenda Topics

• Question to the Board: Scope and Priority Areas

• Panel Discussion with Service Psychiatrists

• Mental Health Advisory Team (MHAT) Data on Medication Use Collected In-Theater

• Evidence Base for Medications in Post Traumatic Stress Disorder (PTSD) and Acute Stress Disorder (ASD)
• CAM and Mind-Body Integrative Health Skills for Total Force Fitness: An Overview, Its Use, and the Effects on Prevention, Readiness, and Resilience

• In-Theater Psychiatric Care

• Psychotropic Prescriptions In-Theater: 3.5 Years of Data from the Department of Defense (DoD) Theater Medical Data Store

• Work Group Break Out Sessions
Potential Issues and Concerns to be Addressed

• Define scope of interest (e.g., in-theater and post-deployment transition)

• Psychotropic medication and CAM
  – Definition (accepted interventions)
  – Usage among Service members
  – Availability within the military

• Food and Drug Administration (FDA)-approved indications for use
Potential Issues and Concerns to be Addressed

- Military operational needs and requirements
- Prescription practices and privileges at military treatment facilities (MTFs)
- Evidence-based studies pertaining to psychotropic medication and CAM use and treatment efficacy
- Knowledge of side effects
- Costs
- Patient expectations
Questions?