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## MEMORANDUM

OCT - 1 2015

From:   
Erica G. Schwartz, RADM  
CG-11

Reply to Mark Mattiko  
Attn of: 202.475.5148

To: Active Duty Members of the Coast Guard

Subj: PARTICIPATION IN THE 2015 HEALTH RELATED BEHAVIORS SURVEY

1. The Department of Defense (DoD) has asked the RAND Corporation and ICF International, independent research organizations, to conduct the 2015 Health Related Behaviors Survey (HRBS). This survey is being conducted with randomly selected military members from all Service branches and all components.
2. The 2015 HRBS asks about health-related behaviors such as diet, exercise, stress, substance use and other health issues related to readiness. Some of the questions are personal. To protect your privacy, the survey is anonymous. This means you do not provide your name or other personal identifiers on the survey. Neither DoD, the Coast Guard, RAND Corporation, nor ICF International will link your individual survey responses with your name, other personal identifiers, or your military records. No one will know who did and did not complete the survey.
3. The RAND Corporation and ICF International will send you instructions via mail and email for accessing and completing the 2015 HRBS if you are randomly selected to participate. The survey will take about 40 minutes to finish. It can be completed on the web using a government computer during duty hours or a home computer with Internet access.
4. Your participation in the 2015 HRBS is critical to assessing health-related readiness and for making program and policy decisions that sustain a healthy and ready force. Although your participation in the survey is entirely voluntary, I hope you will choose to support this vital effort by responding promptly if you are asked.
5. Thank you in advance for your time and assistance in this important effort.

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