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Greetings from the Defense Health Agency (DHA) Privacy and Civil Liberties Office (Privacy Office),

The DHA is a joint, integrated Combat Support Agency that supports the Army, Navy, and Air Force and associated purchased care medical services to sustain a “medically ready force and ready medical force for Combatant Commands in both peacetime and wartime.” Our mission is to support the delivery of integrated, affordable, and high quality health services to Military Health System (MHS) beneficiaries and drive greater integration of clinical and business processes across the MHS.

The recent passage of the 2017 National Defense Authorization Act underscores the importance of the Services and DHA forging a more unified provision of health care for our beneficiaries. At the DHA Privacy Office, we are happy to engage in this vital collaborative effort, and strive for best practices and procedures everywhere we can.

In particular, the importance of Federal Privacy has been highlighted with the recent Office of Management and Budget revision of Circular A-130. This Circular establishes Federal policy guidance for management of information resources, and specifies an increased role for privacy leadership and involvement at the executive level. It also specifies the importance of the privacy role in managing risk for our electronic information systems.

With these changes and more on the horizon, the DHA Privacy Office continues to be fully invested in protecting privacy and Health Insurance Portability and Accountability Act compliance, supporting compliance in data sharing and human research protection, responding properly to Freedom of Information Act requests and potential breaches, and promoting Civil Liberties. We look forward to continuing to work with all DHA personnel and cultivating a culture of privacy protection through efforts, such as our annual Health Information Privacy and Security Training. This Training Manual supports these outreach efforts, serving as a reference for all privacy-related matters.

Thank you for your ongoing efforts to protect our agency information, and please reach out whenever you wish to consult on any privacy-related matters.

With best wishes and thanks,

Linda S. Thomas
Chief, DHA Privacy and Civil Liberties Office
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INTRODUCTION

Defense Health Agency

The DHA is a joint, integrated Combat Support Agency that enables the Army, Navy, and Air Force medical services to provide a medically ready force and ready medical force to Combatant Commands in both peacetime and wartime. The DHA supports the delivery of integrated, affordable, and high quality health services to Military Health System (MHS) beneficiaries and is responsible for driving greater integration of clinical and business processes across the MHS by:

• Implementing enterprise support activities with common measurement of outcomes
• Enabling rapid adoption of proven practices, helping reduce unwanted variation, and improving the coordination of care across time and treatment venues
• Exercising management responsibility for joint shared services and the TRICARE Health Plan
• Acting as the market manager for the National Capital Region enhanced Multi-Service Market, which includes Walter Reed National Military Medical Center and Fort Belvoir Community Hospital
Established October 2013, the idea of the DHA stemmed from a long-held conviction that military health care could be better integrated and more efficient. With the Presidential signing of the 2017 National Defense Authorization Act, the DHA is poised to take on an even greater role in military health and require increased collaboration across the MHS and the Services. This will have an impact across every division and directorate of the DHA, including the DHA Privacy and Civil Liberties Office (Privacy Office), especially given its role in safeguarding personally identifiable information (PII) and protected health information (PHI).

The DHA supports the delivery of integrated, affordable, and high quality health services to MHS beneficiaries and thereby, supports the Quadruple (QUAD) Aim.

VADM Raquel Bono, the Director of DHA, has set DHA priorities and goals to further the QUAD Aim key points. Her goals include enhancing DHA’s relationship with the Services, evolving and maturing Combat Support Agency understanding, and optimizing DHA operations. Under VADM Bono’s leadership, the focus is on readiness to provide a medically ready force, and a ready medical force.

Specifically, the DHA seeks to strengthen our role as a combat support agency, fortify our relationship with the Services, and optimize DHA operations. The DHA Privacy Office fully supports these goals, and sees its mission of privacy protection as supporting these aims.

### THE QUADRUPLE AIM

- **Enabling a medically ready force, a ready medical force, and resiliency of all MHS personnel.**

- **Improving quality and health outcomes for a defined population. Advocating and incentivizing health behaviors.**

- **Patient and family centered care that is seamless and integrated. Providing patients the care they need, exactly when and where they need it.**

- **Managing the cost of providing care for the population. Eliminate waste and reduce unwarranted variation; reward outcomes, not outputs.**
DHA PRIVACY AND CIVIL LIBERTIES OFFICE

The DHA Privacy Office, under the direction of DHA’s Administration and Management Directorate, oversees the protection of PII and PHI within the MHS. The MHS is one of the largest integrated healthcare delivery systems in the United States, serving over 9.5 million eligible beneficiaries around the world. The DHA Privacy Office supports MHS compliance with federal privacy and Health Insurance Portability and Accountability Act (HIPAA) laws, and DoD regulations and guidelines. Each core program within the DHA Privacy Office facilitates this mission by:

- Providing guidance and oversight for Privacy and HIPAA matters
- Assessing risk and responding to HIPAA complaints or breach incidents
- Developing and delivering training and awareness materials to the workforce
- Managing related programs, including Civil Liberties, Freedom of Information Act, Data Sharing, and Human Research Protection
- Providing consultation and assistance to leadership and the workforce on internal and external matters
- Providing privacy expertise in workgroups for several ventures, including electronic health records

HEALTH INFORMATION PRIVACY AND SECURITY TRAINING MANUAL

This Training Manual is a product of the DHA Privacy Office’s training and awareness program, and contains a summary of key programs, initiatives, and tools that will help the reader navigate the complex and demanding world of privacy and HIPAA. Included in the program overviews are references to more detailed information for each subject, references on recent privacy-related policy updates, and relevant resources and contact information. The Training Manual may also be accessed electronically on the DHA website at http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/Privacy-Act-and-HIPAA-Privacy-Training/Training-and-Awareness.
FEDERAL PRIVACY REQUIREMENTS UNDER THE PRIVACY ACT AND E-GOVERNMENT ACT

Privacy Requirements Compliance

All federal executive branch agencies, whether a covered entity (CE) under HIPAA or not, must comply with general federal privacy requirements. These are chiefly mandated by the Privacy Act of 1974 (Privacy Act) and the E-Government Act of 2002, as well as other associated regulations and guidance. DoD implements the Privacy Act with DoD 5400.11-R, DoD Privacy Program.

THE PRIVACY ACT

The Privacy Act establishes safeguards and protects personally identifiable information (PII) of United States citizens and permanent resident aliens maintained by agencies (or by contractors on their behalf) when the information is within a Privacy Act system of records. The Privacy Act mandates that the United States Government maintain only what is needed to accomplish agency business and ensure that information is accurate, relevant, timely, and complete. The Privacy Act provides for civil and criminal penalties under circumstances of noncompliance. The Privacy Act was designed in part to embody the Fair Information Practice Principles (FIPPs) established in 1973 by the Department of Health, Education, and Welfare (predecessor to the Department of Health and Human Services (HHS)). These FIPPs promote the basic fairness of an agency collecting, using, and maintaining PII of individuals.

MAIN PRIVACY ACT REQUIREMENTS

Access and Amendment of Records – Privacy Act Request: An individual may generally be provided access to, and a copy of, information about that person from a Privacy Act system of records upon written request. The individual may also seek amendment of information about him or herself upon proof of inaccuracies. The DHA Privacy Office administers Privacy Act requests for DHA-managed information.

Accounting of Disclosures – Agencies who disclose PII lawfully outside the agency, except for Freedom of Information Act (FOIA) or Privacy Act requests, or for internal agency use, must be prepared to give account to the individual for disclosures made, dating back five years. The accounting must include to whom the information was disclosed and the date, nature, and purpose of the disclosure.
Computer Matching Agreements – When agencies must compare two databases for benefits determinations or cost recoupment, specific procedures must be followed, including approval by an agency Data Integrity Board and publication in the Federal Register describing the data matching effort. Such agreements have time limits and must be re-reviewed before extensions can occur. The DHA has such an agreement with the HHS Office for Civil Rights.

Government Contractors – The agency must ensure that whenever a contractor manages a system of records for the agency, that contractor is required to abide by all Privacy Act requirements as if they were an employee of the agency.

Privacy Act Statement (PAS) – When collecting PII using a form or a set of questions, a PAS must be provided. Though generally included on the front of the form, it may also be distributed on a separate sheet given with the form. Web forms must display the PAS prominently. The PAS must include proper authority for collecting the information (usually a statute), purpose of the collection, indicate with whom shared, whether voluntary or not, and any consequences of not providing the information. Note that a form is considered voluntary unless failure to complete it violates a law or regulation. An example of an involuntary form is a required tax form.

System of Records Notices (SORNs) – SORNs must be published in the Federal Register in advance for each Privacy Act system of records. This is a “group of any records under the control of any agency from which information is retrieved by the name of the individual or by some identifying number or symbol, or other identifying particular assigned to the individual.” An agency must publish a SORN in the Federal Register identifying and describing systems maintained by that agency. This notice must specify the system owner and address, privacy data elements collected, the purpose and authority for the system, with whom the information can be lawfully shared on a routine basis outside the agency, and the safeguards used to protect the confidentiality of that system.

NOTE: If you deal regularly with SORNs, make sure all staff understand the specific uses and adhere to them fully.
THE FAIR INFORMATION PRACTICE PRINCIPLES INCLUDE:

These principles are foundational to the Privacy Act, and are also incorporated into many state and international privacy frameworks. Additionally, these principles are incorporated into many related laws such as the Fair Credit Reporting Act, the Video Privacy Protection Act, and the Children’s Online Privacy Protection Act, to name a few.

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<th>Principle</th>
<th>Description</th>
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<tr>
<td>Transparency</td>
<td>Agencies provide notice of systems collecting PII, and information about those systems including purposes and uses</td>
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<td>Individual Participation</td>
<td>Individuals may access their own information from systems of records, and may correct inaccurate data</td>
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<td>Purpose Specification</td>
<td>The agency must determine the specific purpose or purposes for which information on individuals is to be collected and used</td>
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<td>Minimization</td>
<td>Agencies should only collect PII relevant and necessary to accomplish the mission, and retain only as long as necessary</td>
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<tr>
<td>Use Limitation</td>
<td>The information should only be used for the purposes originally identified by the system, or for any new purposes only to the extent compatible with the original purpose</td>
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<td>Quality and Integrity of the Data</td>
<td>To the extent feasible, an agency must ensure that data is collected from reliable sources and is relevant, accurate, timely, and complete</td>
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<tr>
<td>Security</td>
<td>Agencies must protect the confidentiality, integrity, and availability of the data using appropriate security safeguards</td>
</tr>
<tr>
<td>Accountability</td>
<td>There must be a designated person or office for an information system (IS) or program to ensure compliance with these principles and an ability to seek redress for failures to do so</td>
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THE E-GOVERNMENT ACT OF 2002, INCLUDING THE FEDERAL INFORMATION SECURITY MANAGEMENT ACT (FISMA)

In 2002, Congress passed the E-Government Act which set forth many information technology (IT) requirements for executive agencies. The purpose of the Act is “to enhance the management and promotion of electronic government services and processes by establishing a Federal Chief Information Officer (CIO) within the Office of Management and Budget (OMB), and by establishing a broad framework of measures that require using Internet-based IT to enhance citizen access to government information and services, and for other purposes.” There are some key privacy-related requirements for agencies within the E-Government Act.

THE PRIVACY ACT SETS THE STANDARD FOR SHARING PII AS INFORMED WRITTEN CONSENT

There are 12 exceptions to this requirement. Sharing PII without such consent may occur when sharing:

1. Within the agency to accomplish an agency mission
2. Is required under FOIA
3. Outside the agency is permitted under a routine use specified by a SORN
4. To the Bureau of Census for a valid activity
5. For statistical research if transferred in a form not individually identifiable
6. To the National Archives and Records Administration when historical interest warrants
7. To another United States or state governmental jurisdiction for a civil or criminal law enforcement activity under certain circumstances
8. Under compelling circumstances affecting the health or safety of an individual
9. To a Congressional committee for a matter within its jurisdiction
10. To the Government Accountability Office for performance of its duties
11. Pursuant to an order of a court of competent jurisdiction
12. To a consumer reporting agency under section 3711(e) of Title 31
MAIN E-GOVERNMENT ACT AND FISMA REQUIREMENTS

According to the E-Government Act and FISMA of 2002, as well as DoD 5400.16, Privacy Impact Assessments (PIAs) are required for all systems that collect, maintain, and disseminate PII. Systems containing PII (especially regarding members of the public, but subsequent guidance has expanded this to PII regarding employees as well) require a PIA. A PIA is a collaborative effort between the program office that operates and owns the system, the CIO’s office including Cyber Security Division, and the DHA Privacy Office, to ensure the system complies with all pertinent requirements and adequately addresses any risk to privacy information.

What is a “system” for PIA purposes?

A system will be either a major application or a general support system, as defined by OMB Circular A-130, Appendix III. A major application is one that requires special attention due to the risk and magnitude of harm from loss or unauthorized access. A general support system is an interconnected set of information resources under the same direct management control, that shares common functionality and normally includes hardware, software, information, data, applications, communications, and people. In general, a system security plan is not required for minor applications because the protections associated with the larger systems already provide the appropriate security controls based on the general support system or major application in which they operate.

Privacy notices must be posted on agency websites and must detail:

- What information is collected
- Why the information is collected
- Intended use by the agency, including with whom it will be shared
- What notice or opportunities for consent would be provided to individuals regarding what information is collected and how that information is shared
- Rights of the individual under the Privacy Act
- Any related information

Privacy policies of agencies must be in “machine-readable” formats. The “machine-readable” formats can be automatically compared to settings on websites and receive notifications if the settings do not match.

Training in IT Security and Privacy-related topics are required through FISMA in the areas of information security and related fields based on roles. This is understood to include privacy training based on roles. The requirement is met at DHA by the workforce taking IT security awareness, HIPAA, and Privacy Act training initially upon employment, and annually thereafter. Additional role-based training is also available, such as HIPAA Privacy Officer and HIPAA Security Officer training for those filling such roles throughout the MHS.
Contact the DHA Privacy Office for further information.

**Annual reporting on compliance with Privacy Act and E-Government Act requirements.**
FISMA also requires agency compliance with standardized system security requirements, and requires an annual report which goes to OMB and Congress after the end of each fiscal year. This annual FISMA Report includes a major section on security systems compliance, and one on Privacy compliance including information on the completion of SORNs and PIAs of the agency, among other data elements.

**DO I NEED A SYSTEM OF RECORDS NOTICE?**

If a system of records is created or maintained, a SORN must be published in the Federal Register before the system of records collects any information from or about an individual. A system of records may exist if the following questions are all answered yes:

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| 1 | Is the information about an individual collected, maintained, or used by DoD or a contractor on DoD’s behalf?  
✓ Answer no if only collected to verify a person’s identity and then deleted |
| 2 | If the answer to question 1 is yes, does the information collected include PII?  
✓ Answer yes even if the individual is an employee or Service member |
| 3 | If the answer to question 2 is yes, is the information retrieved by the individual’s unique identifier?  
✓ Answer no if the system can retrieve by a unique identifier, but does not  
✓ Answer no if the system only retrieves by non-unique identifiers such as a case number  
✓ Answer no if the system only retrieves by a unique identifier when an individual asks for his or her own records |

Note that the form of the information (paper, electronic, or combination) does not matter. For further guidance on systems of records and SORN selection, please visit the DHA Privacy and Civil Liberties Office website (http://www.health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties).

**INTERCONNECTEDNESS**

Federal Privacy requirements may arise in many situations, such as:
- When conducting a survey
- When posting information online
- When contracting for services
- When giving training or demos

Please remember to consult the DHA Privacy Office if you have questions!
DO I NEED A PRIVACY IMPACT ASSESSMENT?

If the IS does not have an existing PIA, you must complete a privacy threshold analysis. The DHA Privacy Office will determine if PII is collected.

Is PII collected?

Does the IS or electronic collection collect, maintain, use, or disseminate PII about members of the public, Federal personnel, or contractors?

You must complete DD Form 2930 (PIA) and submit it to the DHA Privacy Office for review.

PIA is not required.

Section 208 of the E-Government Act of 2002 establishes Government-wide requirements for conducting, reviewing, and publishing PIAs.

Does the IS or electronic collection have an existing PIA that is three years old or has the system had a significant system change or a change in privacy or security posture?

You must review and update the existing PIA on file in the DHA Privacy Office.

No action required.
**Federal Privacy Updates**

OMB released the revised Circular A-130, Managing Information as a Strategic Resource on July 27th, 2016, incorporating “new statutory requirements and enhanced technological capabilities, as well as addressing current and evolving technical and personnel security threats.” It is composed of a new Appendix I, mandating a list of standards to account for the many cybersecurity challenges facing the agencies today. It also released a new Appendix II, which outlines strategies (including utilizing National Institute of Standards and Technology’s Risk Management Framework) for implementing a successful Privacy Program to secure PII.

On December 23, 2016, OMB released a reissuance of Circular A-108, Federal Agency Responsibilities for Review, Reporting, and Publication Under the Privacy Act. Previously, Appendix I of Circular A-130 was being utilized but lacked efficiency to be perfectly relevant in today’s privacy and security environment. Circular A-108 discusses the requirement and nuances of publishing a SORN in the Federal Register. The information published in the Federal Register will identify the system of records, the purpose of the IS, the legal authority for maintenance of the records, the category of records maintained in the IS, the routine uses for which the record will be subject, and additional information about the IS.

Following the concept of the FIPPs, publishing the SORN fosters agency accountability by providing public notice of an IS that may contain information regarding the general public. It also requires strict transparency and accountability for federal agencies regarding matching programs.

DoD is moving towards having one Privacy Act rule, which aligns with Circular A-108’s Privacy Act implementation and exemption rules requirement for implementing requirements under the Privacy Act. The policy enforces a number of accompanying concepts such as the continuous monitoring of SORNs, Privacy Act exemptions, and the Federal Acquisition Regulation Council issuance of instructions regarding what agencies must do to comply with the requirements of Privacy Act and privacy training (demonstrated in Circular A-108).

For more information, please reference the Federal Privacy Council, a one-stop-shop website for all privacy professionals. It was established in 2016 as a result of President Obama’s February 9th Executive Order, “Establishment of the Federal Privacy Council” and serves as a collection of useful Privacy laws, mandates, guides, and other information and resources to improve practices among the federal agencies. Please access the Federal Privacy Council website using the following URL: [https://www.fpc.gov/](https://www.fpc.gov/).
POINTS OF CONTACT

DHA.PrivacyAct@mail.mil for federal privacy-related questions

DHA.PIA@mail.mil for Privacy Impact Assessments and Privacy Threshold Analysis

RESOURCES

DoD Privacy Program
DoD 5400.11-R, May 14, 2007
(currently under revision)

The Privacy Act
5 United States Code 552a, as amended

DoD Privacy Impact Assessment (PIA) Guidance
DoDI 5400.16, July 14, 2015

The E-Government Act of 2002
Public Law 107-347
HIPAA PRIVACY

Complying with the HIPAA Privacy Rule within the MHS

Safeguarding the privacy and security of health information is a key focus of the HIPAA Privacy Rule, issued by the Department of Health and Human Services (HHS) in 2002, and updated in the HIPAA Omnibus Final Rule in 2013. The HIPAA Privacy Rule applies to covered entities (CEs), including health plans, healthcare clearinghouses, and healthcare providers who transmit any health information in electronic form in connection with a HIPAA transaction. The HIPAA Privacy Rule provides a federal floor of minimum standards that govern the uses and disclosures of protected health information (PHI) as well as patient rights with respect to PHI created, disclosed, or received by CEs or their business associates (BAs). The MHS must comply with the requirements of the HIPAA Privacy Rule, both as a provider of health care and as a health plan through the TRICARE health plan.

DoD implements the HIPAA Privacy Rule through DoD 6025.18-R, the DoD Health Information Privacy Regulation, dated January 24, 2003. This document is currently under revision and will be reissued as a DoD Instruction (DoDI) and corresponding DoD Manual (DoDM). Upon publication of the updated guidance, the DHA Privacy Office will release a mapping between DoD 6025.18-R and the DoDM to help familiarize stakeholders with the updated content and organization.

KEY TERMS

**Business Associate (BA)** – A person or entity who is not a member of the CE’s workforce and who provides a service for or on behalf of the CE that involves the use or disclosure of PHI. DoD CE BAs may include other DoD CEs, DoD components, and other governmental and non-governmental entities under contract with DoD. See DoD 6025.18-R, paragraph C3.4.1.

**Business Associate Agreement (BAA)** – A legal agreement between a CE and its BA that establishes the permitted and required uses and disclosures of PHI by the BA, obtains certain promises from the BA, and authorizes the termination of the BA when a material term has been violated. Requirements for DoD CE BAAs are set forth in DoD 6025.18-R, paragraphs C3.4.2 and C3.4.3. Approved BAA language
and formats for use by DoD CEs is available at http://www.health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/Privacy-Contract-Language.

**Covered Entity (CE)** – A health plan, healthcare clearinghouse, or healthcare provider who transmits any health information in electronic form in connection with a HIPAA transaction. CEs within DoD are generally defined or identified in DoD 6025.18-R, paragraph C3.3.

**Disclosure** – The release, transfer, provision of access to, or other divulging in any manner of PHI outside the entity holding the information.

**Health Insurance Portability and Accountability Act (HIPAA)** – A legislative statute enacted in 1996 that directed the establishment of comprehensive and uniform federal standards to improve the efficiency and effectiveness of the healthcare system. HIPAA’s Administrative Simplification provisions required HHS to adopt standards for the electronic transmission of health information by CEs. These standards resulted in the HIPAA Privacy, Security, and Breach Notification Rules.

**Minimum Necessary** – Limiting the use, disclosure, and request for PHI to only the minimum amount needed to accomplish the intended purpose of the use, disclosure, or request. Exceptions to this standard are as follows:

- Disclosures to or requests by a healthcare provider (without regard to whether the requesting provider is a CE) for treatment purposes
- Disclosures to individuals or pursuant to individuals’ authorization
- Disclosures to HHS for HIPAA compliance purposes
- Uses or disclosures required by law

**Notice of Privacy Practices (NoPP)** – Document generated by a CE that describes how an individual’s PHI may be used/disclosed, outlines individual privacy rights, describes CE obligations under the HIPAA Privacy Rule, and details the process for filing a complaint.
Organized Health Care Arrangement (OHCA) – An organized system of health care in which participating CEs hold themselves out to the public as participating in a joint arrangement and in certain joint activities. The MHS and certain elements of the United States Coast Guard are designated an OHCA, under DoD 6025.18-R. This status allows members of the OHCA to exchange PHI with each other for treatment, payment, and healthcare operations (TPO) purposes, have a joint NoPP, and share a common BA.

Protected Health Information (PHI) – Individually identifiable health information that relates to the individual’s past, present, or future physical or mental health, the provision of health care, or the payment for health services, and that identifies the individual or it is reasonable to believe the information can be used to identify the individual. PHI excludes information contained in employment records held by a CE in its role as an employer. Because DoD is a federal agency, PHI of a DoD CE is also personally identifiable information (PII) under the Privacy Act of 1974.

Use – The sharing, employment, application, utilization, examination, or analysis of PHI within an entity that maintains such information.

PATIENT RIGHTS UNDER THE HIPAA PRIVACY RULE
HIPAA requires that individuals be given certain rights, and CEs must respond to individuals’ requests to invoke these rights. When it comes to applying these rights in connection with a minor, the MHS applies the State law where the treatment is provided. See DoD 6025.18-R, paragraphs C2.4.2.1 and C8.7.3.

Under HIPAA, patient rights include:

RIGHT TO A NoPP
Individuals have a right to adequate notice of the uses and disclosures of their PHI that may be made by the CE, and of the patients’ rights and the CE’s legal duties with respect to their PHI. See DoD 6025.18-R, Chapter 9.

RIGHT TO REQUEST RESTRICTIONS
Individuals have a right to request that a CE restrict the use or disclosure of their PHI for
TPO purposes or to persons involved in the individuals’ care or healthcare payment. A CE is not required to agree to a restriction request, except for a request to restrict disclosure of PHI to a health plan if the PHI is related to a service or product for which the individual has paid out-of-pocket in full. A CE may break an agreed-upon restriction if the PHI is needed for emergency treatment, or if the CE informs the individual in writing. Acceptance, denial, and/or termination of a restriction must be documented by the CE. DoD 6025.18-R, paragraph 10.1, provides information on the process and procedures to be followed by a DoD CE receiving such a request.

### MHS NoPP

The current MHS NoPP was issued by the DHA Privacy Office on October 1, 2013. The NoPP was written to enhance clarity and to reflect the HIPAA Omnibus Final Rule modifications to the Privacy Rule, Security Rule, Breach Notification Rule, and Enforcement Rule. It is important for MHS workforce members to read the NoPP and understand its contents and their obligations as part of the MHS workforce. The NoPP is available in Braille, Arabic, Chinese, French, German, Italian, Japanese, Korean, Polish, Portuguese, Russian, Spanish, Tagalog, Thai, Turkish, and Vietnamese. For a complete listing of the different print options, along with more information, please see: [http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/HIPAA-Compliance-within-the-MHS/Notice-of-Privacy-Practices](http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/HIPAA-Compliance-within-the-MHS/Notice-of-Privacy-Practices).

### RIGHT TO REQUEST CONFIDENTIAL COMMUNICATIONS

Individuals have a right to request that their PHI be communicated in a certain way or at a certain location (e.g., only at home or only by postal mail). A covered healthcare provider must accommodate reasonable requests to communicate PHI by alternative means or at alternative locations. A covered health plan must accommodate reasonable requests only if the individual clearly states that the disclosure of all or part of the PHI could endanger the individual. DoD 6025.18-R, paragraph 10.2, provides guidance as well as requirements for DoD CEs in connection with documenting and responding to a request for confidential communications.

### RIGHT TO INSPECT AND COPY

Individuals have a right of access to inspect and obtain a copy of their PHI held by a CE in a designated record set (including an electronic copy, if maintained electronically). See DoD 6025.18-R, Chapter 11. A DoD CE may deny such requests, with respect to the following PHI in a designated record set:

- Psychotherapy notes
- PHI compiled in reasonable anticipation of, or for use in, a civil, criminal, or administrative action or proceeding
- Quality assurance information
- Information related to an inmate if it would jeopardize the individual, other inmates, or correctional institution or transportation staff
• PHI created or obtained in the course of research where the individual has previously agreed not to access the information while the research is in progress
• Information subject to the Privacy Act if the denial would satisfy Privacy Act requirements – for example, records classified in the interest of national defense or foreign policy, and certain investigatory material
• PHI obtained from someone other than a healthcare provider under a promise of confidentiality, and the release of the information would likely reveal the source

Under the following circumstances, a CE may deny access, but only if the individual is permitted to review the denial:

• A licensed healthcare professional determines that the access requested is reasonably likely to endanger the life or safety of the individual or another person
• The PHI references another person, other than a healthcare provider, and a licensed healthcare professional determines that access is reasonably likely to cause substantial harm to such person
• The request is made by the individual’s personal representative and a licensed healthcare professional determines that the representative’s receipt of the PHI is reasonably likely to cause harm to the individual or another person

In these cases, the individual has the right to have the denial reviewed by a licensed healthcare professional, designated by the CE, who did not participate in the original decision to deny the access to PHI.

If access to PHI is denied in whole or in part, the CE must: 1) to the extent possible, give the individual access to any other requested (and releasable) PHI, after excluding the PHI that the CE has a ground to deny; and, 2) provide a timely, written response that contains the basis for the denial, a statement of the individual’s right to request review and how the individual may exercise the review rights, if applicable, and how the individual may complain to the CE or to HHS.
RIGHT TO REQUEST AN AMENDMENT

Individuals have the right to request an amendment to their PHI maintained in a designated record set. A CE may require individuals to make requests in writing and to provide a reason for the requested amendment, if the CE informs the individuals in advance. The CE must respond within 60 days and is permitted one 30-day extension, if the individual is notified of the reason for the delay and the date the CE will complete its action on the request. If the request is accepted, the CE must make the amendment to the PHI or record by, at a minimum, identifying the records in the designated record set that are affected and appending or otherwise providing a link to the location of the amendment. The CE must also make reasonable efforts to inform others who the individual identifies as needing the amendment as well as persons the CE knows has the PHI and has relied or may rely on the information to the detriment of the individual.

A CE may deny a request if the PHI:

- Was not created by the CE, unless the individual provides reasonable basis to believe that the originator of the PHI is no longer available to act on the request
- Is not part of the designated record set
- Would not be available for inspection under the individual’s right to inspect and copy
- Is accurate and complete

If the request is denied, the CE must provide a written statement to the individual explaining the individual’s right to file a written statement of disagreement. DoD 6025.18-R, Chapter 12, provides information on the process and procedures to be followed by a DoD CE receiving such a request.

RIGHT TO AN ACCOUNTING OF DISCLOSURES

Individuals have a right to receive an accounting of disclosures of their PHI made by a CE, including disclosures by its BAs, in the six years prior to the date of the request. However, a CE is not required to account for disclosures of PHI under the following circumstances:

- To carry out TPO
- To individuals about their PHI
- Pursuant to the individual’s written and signed authorization
- For the facility’s directory and to persons involved in the individual’s care or other notification purposes (disclosures permitted with the individual’s opportunity to agree or object)
- For national security or intelligence purposes
- To correctional institutions or law enforcement officials
- Incident to permitted uses or disclosures
- As part of a limited data set
- That occurred prior to the compliance date
CEs must respond within 60 days of the request by either providing the individual with the accounting requested or, if the CE is unable to provide the accounting within the 60 days, by providing the individual with a written statement of the reasons for the delay and the date the CE will provide the accounting. A CE may have one 30-day extension to provide the accounting, if it provides the individual with an explanation for the extension in writing. DoD 6025.18-R, Chapter 13, provides guidance and specific requirements on how to respond to a request for accounting of disclosures.

Individuals are entitled to one no cost accounting of disclosures in a 12-month period, but a CE may charge a reasonable cost-based fee for additional requests in the same 12-month period, with prior notice to the individual.

RIGHT TO FILE A COMPLAINT
Individuals have the right to file a complaint directly with a military treatment facility (MTF) HIPAA Privacy Office, the DHA Privacy Office, and/or the HHS Office for Civil Rights if they feel a CE has committed a violation of the HIPAA Privacy, Security, or Breach Notification Rules. Under the HIPAA Privacy Rule, a CE must provide a process for individuals to make complaints concerning the CE’s policies and procedures. See DoD 6025.18-R, paragraph 14.4.

CUSTODIAL AND NONCUSTODIAL PARENTS
A minor’s PII/PHI may be released to either parent, unless the CE is provided legal documentation potentially affecting parental authority with respect to the minor’s health care. In that situation, the CE should review the documentation to verify which parent has authority with respect to the minor’s health care and whether disclosure of the minor’s PHI to either parent is restricted. DoD 6025.18-R, paragraph C8.7, sets forth how DoD CEs determine who is the personal representative of a minor, as well as of adults and emancipated minors under applicable law, including applicable State law.
DoD 6025.18-R, DoD Health Information Privacy Regulation, which implements the HIPAA Privacy Rule within the MHS, is currently under revision. Upon publication of the updated guidance, the DHA Privacy Office will release a mapping between DoD 6025.18-R and the DoDM to help familiarize stakeholders with the updated content and organization. Notable changes include:

- Adoption of a new provision directing CEs that disagree with a PHI request by a military command authority to seek the advice of the cognizant HIPAA Privacy Officer or legal counsel prior to making a disclosure determination
- Incorporation of DoDI 6490.08, Command Notification Requirements to Dispel Stigma in Providing Mental Health Care to Service Members, which lays out the standards governing the notification of military command authorities when an Armed Forces member obtains mental health services or substance abuse education services
- Implementation of a new requirement that CEs must verify the identity and authority of any person or entity requesting PHI, if the identity or such authority is not known to the CE

Recently available is the DHA HIPAA Privacy Assessment Tool, which is a comprehensive web-based instrument to aid MTFs in assessing their compliance with the HIPAA Privacy Rule. Upon responding to a series of questions, the user will receive a customized assessment report identifying opportunities to enhance or develop HIPAA Privacy Rule related policies and procedures, and highlighting resources and best practices to improve MTF HIPAA Privacy Rule compliance. User responses will not be accessed or viewed by the DHA Privacy Office.

Did you know that the HIPAA Privacy Rule and the Privacy Act of 1974 often interact, and both must be taken into consideration in many situations? For example, a workforce member may need to demonstrate to a supervisor that he or she is physically able to perform certain job-related responsibilities. In order for a CE to disclose a workforce member’s PHI to a supervisor, even just to verify the member’s physical ability, it must be pursuant to a valid HIPAA authorization. Once disclosed to the supervisor, any subsequent uses or disclosures may become subject to the Privacy Act of 1974.

Additionally, requests for data such as those in a Data Sharing Agreement, take into account whether the requesting entity is permitted to receive and/or maintain PHI, and if the appropriate safeguards (as noted within the HIPAA Privacy Rule) are in place.
POINTS OF CONTACT

DHA.PrivacyMail@mail.mil for HIPAA
Privacy-related questions

DHA.PrivacyMaterials@mail.mil for DHA
Privacy Office materials

RESOURCES

HIPAA Privacy Web Page

DoD Health Information Privacy Regulation
DoD 6025.18-R, January 24, 2003
(currently under revision)

HIPAA Privacy Rule
45 Code of Federal Regulations Parts 160 and 164
HIPAA SECURITY

Putting the HIPAA Security Safeguards to Work

The basic purpose of the HIPAA Security Rule is to protect the confidentiality, integrity, and availability of electronic protected health information (ePHI)\(^1\) when it is stored, maintained, or transmitted. Complying with HIPAA Security Rule business practices and information technology safeguards help medical facilities endure threats and hazards to ePHI on a daily basis.

WHO IS COVERED?

<table>
<thead>
<tr>
<th>HIPAA COVERED ENTITIES (CEs)</th>
<th>EXAMPLES IN THE DoD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthcare providers (including mental health) that transmit health information electronically in connection with certain transactions (such as claims)</td>
<td>Military treatment facilities (medical/dental)</td>
</tr>
<tr>
<td>Individual and group health plans</td>
<td>TRICARE Health Plan</td>
</tr>
<tr>
<td>Healthcare clearinghouses</td>
<td>Companies that perform electronic billing on behalf of military treatment facilities</td>
</tr>
<tr>
<td>Business associates (BAs)</td>
<td>Healthcare services support contractors and other contractors that provide services that require access to protected health information (PHI)</td>
</tr>
</tbody>
</table>

\(^1\) ePHI is PHI in electronic form that is transmitted or maintained by electronic media. Information transmitted by traditional fax or by voice over the telephone or by paper copy is PHI. These materials are generally not considered ePHI.
RISK MANAGEMENT AND THE HIPAA SECURITY RULE

The HIPAA Security Rule requires CEs and BAs to “reasonably and appropriately implement the standards and implementation specifications” taking into account several factors, including “the probability and criticality of potential risks to ePHI.”

This risk-based approach requires CEs and BAs to have an understanding of their technical capabilities, internal and external sources of ePHI, and known or potential threats and vulnerabilities in their environments.

To assist HIPAA Security Officers in assessing reasonable and appropriate safeguards, the Privacy Overlays have been developed to identify minimum protections for ePHI. The Privacy Overlays link security controls from the National Institute of Standards and Technology (NIST) Special Publication (SP) 800-53, Security and Privacy Controls for Federal Information Systems and Organizations, Revision 4, to each HIPAA Security Rule standard and implementation specification.²

As organizations conduct HIPAA risk assessments, they may find that more stringent controls are appropriate than those that have been identified in the Privacy Overlays. Nothing in the Privacy Overlays prohibits organizations from applying more stringent controls to safeguard ePHI based on the results of their risk analysis. Conversely, the risk analysis may identify certain controls that are not applicable. For example, a system that merely stores appointment information will still fall under the protection of HIPAA, but may not need the same set of security and privacy controls that would be appropriate for an electronic health records system. Organizations should seek legal counsel if they are considering tailoring or otherwise altering the security and privacy controls identified in the Privacy Overlays.

KEY ELEMENTS OF RISK ANALYSIS

- Identify and document reasonably anticipated and potential threats specific to the operating environment
- Identify vulnerabilities which, if exploited by a threat, would create a risk of an inappropriate use or disclosure of ePHI
- Determine and document the potential impacts and risks to the confidentiality, integrity, and availability of ePHI
- Assess existing security measures
- Periodically review the risk analysis and update findings

²For additional information on the Privacy Overlays, refer to the Privacy Overlays section of this training manual.
THE HIPAA SECURITY RULE SAFEGUARDS

Administrative safeguards are designed to protect ePHI and to manage the conduct of DoD CEs’ workforce using ePHI in the performance of their jobs. There are nine administrative safeguards identified in DoD Instruction (DoDI) 8580.02:

- Security Management Process
- Assigned Security Responsibility
- Workforce Security
- Information Access Management
- Security Awareness and Training
- Security Incident Procedures
- Contingency Plan
- BA Contracts and Other Arrangements
- Evaluation

The Security Management Process is a crucial standard within the HIPAA Security Rule and contains the implementation specifications of Risk Analysis and Risk Management. These two specifications “form the foundation upon which an entity’s necessary security activities are built.”

For the Information Access Management standard, the policies and procedures adopted for addressing the Information Access Management standard must be guided by DoD 6025.18-R.

DoDI 8580.02 requires, at a minimum, annual technical and non-technical security evaluations. These evaluations are based initially on the standards implemented under the Regulation and subsequently changed in response to environmental or operational changes affecting the security of ePHI.

Annual security evaluations should include a review of the organizational safeguards, policies, and procedures in place, as well as a review of the security of the information systems and data.

Physical safeguards are “physical measures, policies, and procedures to protect a covered entity’s electronic information systems and related buildings and equipment, from natural and environmental hazards, and unauthorized intrusion.”

- Facility Access Controls
- Workstation Use
- Workstation Security
- Device and Media Controls
The Access Control and Validation Procedures specification requires policies and procedures for determining a person’s identity, as well as controlling a person’s access based on his/her job role. This may include implementing measures such as sign-in and/or escort for visitors to the areas of the facility that house information systems, hardware, or software containing ePHI.

The Maintenance Records specification requires DoD CEs to keep records of all repairs performed at a facility, including who performed them, what was done, and when it was done. This includes implementing policies and procedures to document repairs and modifications to the physical components of a facility that are related to security, such as hardware, walls, doors, and locks.

According to the Accountability specification of the Device and Media Controls standard, DoD CEs must implement procedures to maintain logs, including maintenance of records to keep track of who has the devices or media, when they had possession, and where they kept the devices or media from the time of original receipt to the time of final disposal or transfer to another person or entity.

Technical safeguards are the technology, policies and procedures for use, protection, and access to ePHI.

- Access Controls
- Audit Controls
- Integrity
- Person or Entity Authentication
- Transmission Security

Access Controls carry out the implementation of the Information Access Management standard, which set the rules on which workforce members can and should have access to the different types of data, how much data they should access (in accordance with the Minimum Necessary Rule), and what privileges they should have (read, write, etc.) in order to perform job functions.

Because electronically stored information can be lost, stolen, damaged, or destroyed if stored improperly or when equipment is moved, implementation specification for Data Backup and Storage requires that DoD CEs “create retrievable, exact copies of ePHI, when needed, before movement of equipment.”
DoDI 8580.02 does not require DoD CEs to protect unsolicited inbound transmissions, such as e-mail from patients. However, as required by Assistant Secretary of Defense for Health Affairs Memorandum, “Military Health System (MHS) Information Assurance (IA) Policy Guidance and MHS IA Implementation Guides,” February 23, 2010, MHS personnel shall not transmit sensitive information or PHI via the Internet/e-mail or other electronic means unless appropriate security controls (e.g., encryption, Public Key Infrastructure) are in place.

HIPAA Security Technical Safeguards could be assessed and evaluated in relation to NIST SP 800-53, Revision 4, Security and Privacy Controls for Federal Information Systems and Organizations for additional control guidance.

The Privacy Overlays released in March 2015 identify privacy and security controls that further protect and provide a repeatable, risk-based process to both select and implement security and privacy controls used to protect PII and PHI. Since 2015, there has been over a year long effort to develop the next generation of comprehensive security and privacy controls for all types of systems, which will include mobile and cloud systems, Internet-of-Things (IoT) devices, and industrial control systems. These updated safeguard measures can be seen within the upcoming Revision 5 of the NIST SP 800-53 due for draft release mid to late 2017. Besides a more full integration of the privacy controls into the security control catalog by creating a consolidated and unified set of controls for systems and organizations, the draft NIST SP 800-53 Revision 5 makes clear the “relationship between security and privacy to improve the selection of controls necessary to address the full scope of security and privacy risks; and incorporating new, state of the practice controls based on threat intelligence and empirical attack data, including controls to strengthen cybersecurity and privacy governance and accountability...”

STOP AND THINK – SECURITY TIPS

✓ Pay attention to the data you receive and share
✓ Always identify and label PHI as required
✓ Never use personal devices for official work
✓ Double check e-mail addresses before sending
✓ Only use authorized networks
✓ Report security incidents and breaches immediately
✓ Always encrypt e-mails that contain PHI (and personally identifiable information (PII))
RESOURCES

HIPAA Security Web Page
http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/HIPAA-Compliance-within-the-MHS

HIPAA Security Rule
45 Code of Federal Regulations Parts 160, 162, & 164

DoD Health Information Privacy Regulation
DoD 6025.18-R, January 24, 2003 (currently under revision)

Security of Individually Identifiable Health Information in DoD Health Care Programs
DoDI 8580.02, August 12, 2015

ASD Memorandum
Disposition of Unclassified DoD Computer Hard Drives, June 4, 2001

ASD for Health Affairs Memorandum
MHS IA Policy Guidance and MHS IA Implementation Guides, February 12, 2010

Security Controls for Federal Information Systems and Organizations
NIST SP 800-53, Revision 4, April 2013
HIPAA TRANSACTIONS, CODE SETS, AND IDENTIFIERS

HIPAA Compliance

The HIPAA Administrative Simplification provisions require the Department of Health and Human Services to establish national standards for electronic healthcare transactions, code sets, and identifiers (TCS&I). National standards for HIPAA TCS&I improve the effectiveness and efficiency of the healthcare industry by requiring a level of healthcare industry-wide commonality when it comes to electronic transmission of certain healthcare administrative information.

While the DHA Privacy and Civil Liberties Office supports MHS compliance with HIPAA Privacy and Security Rules, DHA’s Business Information Management Office facilitates MHS compliance with HIPAA TCS&I Rules. To date, HIPAA TCS&I Rules have come directly from the HIPAA legislation as well as from the Patient Protection and Affordable Care Act (also known as ACA). Mandated standards must be used when HIPAA covered entities (CEs) conduct named and adopted HIPAA electronic administrative healthcare transactions that meet the purpose of the adopted standards for checking eligibility, enrollment in a health plan, referrals and pre-authorization requests, and claims.

WHICH HIPAA CEs NEED TO COMPLY?

HIPAA TCS&I standards affect TRICARE, both as a HIPAA-covered health plan entity, and as a provider of healthcare services with person and non-person provider entities.

- Providers (e.g., military treatment facilities, civilian hospitals, civilian clinics), individuals (e.g., physicians, nurse practitioners, physician assistants), and group provider practices
- Health plans (e.g., TRICARE, Blue Cross/Blue Shield®)
- Clearinghouses (e.g., ePremise®, Emdeon®)
- Business associates of the CEs (e.g., Defense Manpower Data Center/Defense Enrollment Eligibility Reporting System (DMDC/DEERS), TRICARE Managed Care Support Contractors)
HIPAA also mandates the use of certain code sets within HIPAA adopted transactions. For example, ICD-10 (the International Classification of Diseases, 10th Revision, Clinical Modification (CM) and Procedure Coding System (PCS)) are code sets required by HIPAA. HIPAA-mandated code sets may also be used for non-HIPAA purposes.

INTERCONNECTEDNESS

For implementation of mandated HIPAA TCS&I, the DHA’s Business Information Management Office HIPAA TCS&I Program serves as the liaison between the technical system Program Offices (e.g., DHA/Health Information Technology/Solution Delivery Division) and the functional user community (e.g., Uniform Business Office) for claims processes and transactions. It also serves as a liaison for:

- Coding related to certain code sets used in HIPAA transactions
- Access to care as related to eligibility, enrollment, and referral transactions and processes
- TRICARE Private Sector Care as related to insertion of HIPAA TCS&I requirements language into TRICARE manuals as appropriate
- Human Resources as related to implementation, availability, and use of National Provider Identifier (NPI) in HIPAA transactions, etc.
- The DHA HIPAA TCS&I team interacts with other federal agencies, healthcare industry organizations, Service Medical Department points of contact, and other DHA offices

HIPAA-mandated identifiers have included the Employer Identifier, the NPI, and the Health Plan Identifier (HPID), though HPID was never fully implemented. These identifiers are intended to be used as data within HIPAA transactions and may also be used for other non-HIPAA purposes.

LOOKING AHEAD

The HIPAA TCS&I Program is preparing for upcoming HIPAA initiatives including Health Plan Certification of Compliance with HIPAA-mandated transaction standards and Operating Rules, Clinical Attachments, and implementation of the next mandated version of the national standards for electronic healthcare transactions (expected to be X12 version 7030 as well as National Council on Prescription Drug Programs, version F2).
POINT OF CONTACT

dha.ncr.bus-info-mgt.mbx.hipaatsimail@mail.mil for HIPAA TCS&I-related questions

RESOURCES

HIPAA TCS&I Web Page
http://www.health.mil/HIPAATransactions

CMS HIPAA Administrative Simplification Web Page

Workgroup for Electronic Data Interchange Web Page
http://www.wedi.org

X12 Standards Development Organization Web Page
http://www.x12.org
PRIVACY OVERLAYS

Integrating Security Standards

With DoD’s ongoing alignment with the National Institute of Standards and Technology (NIST) security controls, the DHA Privacy Office has continued to work on ways to better integrate HIPAA Security with existing DoD cybersecurity standards. This integration will help provide clarity and enhance overall HIPAA Security compliance.

The DHA Privacy Office participated in an effort to further develop the necessary specific guidance for electronic protected health information (ePHI) on its transition through the Committee on National Security Systems (CNSS) Privacy Overlays Working Group. The Working Group is one of several government working groups that develops tools to fashion privacy-specific controls into and onto the larger context of system security controls.

The Privacy Overlays are a specification of privacy-centric security controls, to include supporting guidance used to complement the security control baseline selection according to DoD policy, and the supplemental guidance found within the NIST “Security and Privacy Controls for Federal Information Systems and Organizations.” They are used as a tool by information systems security engineers, authorizing officials, privacy officials, and others to select appropriate protections for differing privacy information types, including ePHI.
The Privacy Overlays apply to information systems and organizations that maintain, collect, use, or disseminate personally identifiable information (PII), including ePHI. These types of privacy-centered overlays support privacy programs, system owners, program managers, developers, and those who maintain information systems by identifying security and privacy controls and requirements. They also serve as a tool to develop guidance and privacy best practices.

Most notably, the Privacy Overlays allow privacy officials and cybersecurity experts the ability to align existing privacy/security requirements applicable to a specific computing system containing ePHI. The use of the Privacy Overlays alongside NIST security control baselines allows for security and privacy controls to be customizable and implemented as part of an organization-wide process that manages cybersecurity and overall privacy risk.

**HOW DOES IT WORK?**
Not all PII must be protected equally. NIST SP 800-122, “Guide to Protecting the Confidentiality of Personally Identifiable Information (PII),” provides a methodology to both categorize PII and determine the PII confidentiality impact level – low, moderate, or high. Based on the sensitivity of PII in the system, the methodology indicates the potential harm that could result if PII was inappropriately accessed, used, or disclosed.
The PII confidentiality impact level is used to determine which security and privacy controls apply to a given system. While this may appear similar to the impact values for the security objectives of a system (confidentiality, integrity, and availability), it is very different. The system security objectives are used to determine the security control baselines in CNSSI No. 1253. Protected health information (PHI) is a subset of PII that comes with a distinct set of applicable laws and regulations. In addition to those that apply to all types of PII, the Privacy Overlays distinguish between PII and PHI to clearly document the supplemental guidance, control extensions, and regulatory and statutory references that apply specifically to PHI (e.g., the HIPAA Privacy and Security Rules).¹

PHI is, by definition, PII; thus the laws, regulations, and other standards for safeguarding PII also apply to PHI. Therefore, the organization must follow the guidance contained in the Privacy Overlays to determine the PII confidentiality impact level of the information it owns or manages and apply the appropriate subpart of the Privacy Overlays (e.g., low, moderate, or high). After determining the PII confidentiality impact level, the organization must also consider the guidance related to PHI within the Privacy Overlays.

¹The PHI subpart of the Privacy Overlays applies to all federal government agencies that adopt CNSSI No. 1253 and are covered entities or business associates.
POINT OF CONTACT

DHA.HIPAASecurity@mail.mil for Privacy Overlays-related questions

RESOURCES

Categorization and Control Selection for National Security Systems
CNSSI No. 1253, March 27, 2014

Guide to Protecting the Confidentiality of Personally Identifiable Information (PII)
NIST SP 800-122, April 2010

Security Controls for Federal Information Systems and Organizations
NIST SP 800-53, Revision 4, April 2013

Cybersecurity
DoD Instruction (DoDI) 8500.01, March 14, 2014

Risk Management Framework (RMF) for DoD Information Technology (IT)
DoDI 8510.01, March 12, 2014

Security of Individually Identifiable Health Information in DoD Health Care Programs
DoDI 8580.02, August 12, 2015
DATA SHARING

Requesting Access to DHA Data

The DHA Privacy Office receives various types of data sharing requests for DHA data. Under its Data Sharing Program, the DHA Privacy Office reviews each request for compliance with applicable federal and DoD regulatory requirements. Parties involved in the requested use or disclosure of DHA data must comply with all applicable standards and safeguard the integrity of the data received.

DATA SHARING AGREEMENT (DSA) PROGRAM

The DHA Privacy Office uses the DSA process to:

- Confirm that any requested use or disclosure of DHA data is permitted or required by applicable DoD regulations and privacy laws
- Promote privacy-associated accountability in the MHS
- Maintain DSA records to confirm the covered entity’s compliance in the event of an investigation
- Establish certain compliance requirements, such as:
  - Making reasonable efforts when disclosing data to limit the information to the minimum necessary for achieving the intended purpose
  - Abiding by information protection regulations
DATA SHARING AGREEMENT APPLICATION (DSAA)

The DSAA was designed by the DHA Privacy Office to accomplish the following objectives before a DSA is executed:

- Obtain satisfactory assurance that the requested data will be appropriately safeguarded
- Verify that the requested data use is endorsed by the data owner (e.g., system program office)

The DSAA also allows the DHA Privacy Office to confirm the following key compliance points:

- The requested data will be used according to the permitted uses defined in the appropriate System of Records Notice
- The information system(s) and networks intended for processing and/or storing the requested data have appropriate physical, administrative, and technical safeguards
- Research-related data use requests have been reviewed by the appropriate compliance offices and obtained the related determinations, including the Institutional Review Board (IRB), the DHA Human Research Protection Program (HRPP), and the DHA Privacy Board

A DSAA MUST BE INITIATED BY THE FOLLOWING:

Applicant – The individual who will provide primary oversight and is responsible for the handling of the requested data.
- For contract-driven requests, must be an employee of a prime contractor
- For projects with more than one prime contractor, must be completed by each prime contracting organization that will have custody of the requested data

Government Sponsor – The point of contact within DHA or the respective Armed Service who assumes responsibility for the contract, grant, project, or Cooperative Research and Development Agreement (CRADA).

Once all compliance reviews are completed and the DHA Privacy Office approves the DSAA, one of the following DSAs will be executed based on the type of data requested:

- DSA for de-identified data
- DSA for personally identifiable information, excluding protected health information (PHI)
- DSA for limited data set, known as a Data Use Agreement
- DSA for PHI
RESEARCH DATA SHARING STREAMLINING INITIATIVE

The DHA Privacy Office has implemented initiatives to help streamline the separate and distinct reviews required by the Federal Policy for Protection of Human Subjects (also known as the “Common Rule”) and the HIPAA Privacy Rule, so that a single board can simultaneously conduct both reviews. On April 1, 2016, DHA officially delegated regulatory reviews of research-related data sharing requests to the DHA’s National Capital Region Medical Directorate Military Treatment Facilities, including Walter Reed National Military Medical Center and Fort Belvoir Community Hospital. The DHA Privacy Office also expanded its outreach efforts within the MHS, providing training to IRB members and other research oversight staff on HIPAA Privacy Rule requirements and on standardized templates that should be used to perform HIPAA Privacy Rule reviews of research studies.

DHA PRIVACY BOARD

The DHA Privacy Board reviews research-related requests for DHA PHI and documents compliance with the HIPAA Privacy Rule.

There are four types of Privacy Board reviews:

1. Studies that must obtain HIPAA authorizations from each participant. The Privacy Board will review the proposed authorization for HIPAA compliance.
2. Studies that require an Application for a Waiver of Authorizations or Altered Authorizations. Waivers are required when it is not possible or practicable to get authorizations from all study participants. Altered Authorizations are required for studies where it is not possible to include all of the core elements and required statements.
3. Studies that consist of research on the PHI of decedents only must submit the Required Representations for Research on Decedent’s Information.
4. Studies that require access to or use of PHI solely for preparing a research protocol, identifying potential research participants, or similar pre-study activity must submit the Required Representations for Review Preparatory to Research. This cannot be used if the researcher plans to remove PHI from the MHS or to contact individuals during these pre-study activities.
**ARE YOU READY TO SUBMIT YOUR REQUEST?**

- Have you completed the most current DSAA?
- Have you adequately described the process intended to receive, use, de-identify, store, publish, and/or report the data?
- Do you have all other applicable compliance approvals required for this data use?
- Have you included the appropriate Data Request Template, if needed?
- Did both the Applicant and Government Sponsor sign or initial the request?

**INTERCONNECTEDNESS**

In the process of reviewing a DSAA, prerequisite reviews and approvals may be identified. These may include IRB approval, HRPP determination, Data Evaluation Workgroup review, DHA Privacy Board review, Service level approval, or System Security Verification review and approval. DSAs are analyzed to ensure that Business Associates have a Business Associate Agreement in their contract. The DSA Program supports both Program Offices and Data Managers through its DSAA reviews.

**LOOKING AHEAD**

- The DHA Privacy Office continues to monitor as further systems and organizations become part of the DHA
- The DSA Annual Report will be available after the close of the fiscal year
- Annual DHA Privacy Board reports are available after the close of each fiscal year
POINTS OF CONTACT

DHA.DataSharing@mail.mil for DSA-related questions
DHA.PrivacyBoard@mail.mil for DHA Privacy Board, Streamlining Initiative, and MHS data expert-related questions
DHA.PrivacyMail@mail.mil for HIPAA Privacy-related questions

RESOURCES

DSA Web Page
http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/Submit-a-Data-Sharing-Application

DHA Privacy Board Web Page
http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/Privacy-Board

DoD Health Information Privacy Regulation
DoD 6025.18-R, DoD Health Information Privacy Regulation, January 24, 2003 (currently under revision)

Security of Individually Identifiable Health Information in DoD Health Care Programs
DoD Instruction 8580.02, August 12, 2015
HEALTH INFORMATION PRIVACY & SECURITY TRAINING MANUAL

HUMAN RESEARCH PROTECTION PROGRAM

Research Compliance

DoD supports and encourages research, including human subject research, in order to continue to improve and enhance medical science and health care for all MHS beneficiaries. All research protocols that include human subjects must be compliant with federal laws, federal regulations, and DoD policies intended to protect the subjects of the studies. The Human Research Protection Program (HRPP) provides guidance and enhances collaboration on research compliance issues.

HRPP COMPLIANCE REVIEWS

The HRPP reviews compliance with:

- 32 Code of Federal Regulations (CFR) 219, “Protection of Human Subjects” (DoD’s adoption of the “Common Rule”)
- Department of Health and Human Services (HHS) Regulation, “Protection of Human Subjects,” 45 CFR 46, the “Common Rule,” Subparts B, C and D
- DoD Instruction (DoDI) 3216.02, “Protection of Human Subjects and Adherence to Ethical Standards in DoD-Supported Research”
- 10 United States Code 980, “Limitations on Use of Humans as Experimental Subjects”

The Human Protections Administrator (HPA) reviews studies that are approved by Institutional Review Boards (IRBs) with federal-wide assurance from the HHS. Non-DoD institutions must also attest to their understanding of and adherence to DoD-specific protections.

HRPP compliance reviews are required for research involving human subjects and all protocols must be submitted electronically. Study-related documents should be submitted by accessing the Electronic IRB Second Generation 2 (EIRB 2) system at https://dmrnncac.dhhq.health.mil. Currently, the status of EIRB 2 is in flux. At this time, investigators are asked to submit through EIRB 2, as well as by e-mail. By May 2017, however, investigators will only submit through EIRB 2.

For questions regarding the HRPP or for information on using the EIRB 2 system, please send a message addressed to DHA.HRPP@mail.mil.
The HPA reviews include the following:

- Initial review of approved protocols
- Requests to modify previously approved protocols
- Requests to continue a study beyond the expiration date of a previous approval

The HRPP Office reviews protocols to determine if they meet the criteria for research involving human subjects and, if criteria are met, conducts reviews to determine whether the research is exempt from IRB review. If exempt, the HRPP Office reinforces that investigators must adhere to the ethical standards set forth in the Common Rule in order to provide research subjects with the greatest protection from harm. The HPA works with the DHA Privacy Board in reviewing research studies requiring DHA data for compliance with the HIPAA Privacy Rule.

**INTERCONNECTEDNESS**

Before a Data Sharing Agreement for research can be executed, the project must be determined to be compliant with the ethical standards for the protection of human subjects. Consequently, the DHA HRPP is tightly integrated with the DHA Data Sharing Agreement Program.

**LOOKING AHEAD**

The United States President has directed the HHS to engage all Common Rule agencies, including DoD, in an effort to modernize the Common Rule in order to better calibrate the level of review according to risk to subjects. Furthermore, the HHS has been directed to better accommodate advances in technology and science since the Common Rule was last updated. A new proposed Common Rule has been drafted that responds to the United States President’s request.
POINTER OF CONTACT

DHA.HRPP@mail.mil for HRPP-related questions

RESOURCES

HRPP Web Site
http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/Protect-Humans-in-Research

Protection of Human Subjects and Adherence to Ethical Standards in DoD-Supported Research
DoDI 3216.02, November 8, 2011
BREACH RESPONSE

Prevention and Mitigation

When faced with a breach as defined by the Privacy Act of 1974 and/or the HIPAA Breach Notification Rule, equipping yourself with a clear understanding of what breaches are, why they occur, and how to prevent them is key to compliance. Mishandled or misused personally identifiable information (PII) or protected health information (PHI) can result in a breach or HIPAA Privacy violation, but the tips in this chapter can serve as a quick reference on how to prevent breaches and how to mitigate breaches if they occur.

WHAT IS A BREACH?

Under the Privacy Act and as defined by DoD, a breach is “a loss of control, compromise, unauthorized disclosure, unauthorized acquisition, unauthorized access, or any similar term referring to situations, where persons other than authorized users and for an other than authorized purpose, have access or potential access to PII, whether physical or electronic.” (Revised definition as of October 29, 2014)

Under HIPAA and as defined by the Department of Health and Human Services (HHS), an impermissible use or disclosure of PHI is presumed to be a breach unless the covered entity or business associate, as applicable, demonstrates that there is a low probability that the PHI has been compromised.

TOP MHS BREACH TRENDS FOR FISCAL YEAR 2016

1. Unauthorized access/disclosure
2. Theft/loss
3. E-mail related
4. Other
5. Misdirected fax
6. Misdirected postal mail
**BREACH REPORTING**

Upon discovery of an actual or possible breach, reporting must take place in accordance with the local incident response protocol.

<table>
<thead>
<tr>
<th>FOR DHA</th>
<th>FOR SERVICE COMPONENTS</th>
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<tbody>
<tr>
<td><strong>LEADERSHIP:</strong></td>
<td><strong>LEADERSHIP:</strong></td>
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<tr>
<td>Immediately</td>
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<tr>
<td><strong>US COMPUTER EMERGENCY READINESS TEAM (US-CERT):</strong></td>
<td><strong>US-CERT:</strong></td>
</tr>
<tr>
<td>Within 1 hour of a confirmed cyber security incident*</td>
<td>Within 1 hour of a confirmed cyber security incident*</td>
</tr>
<tr>
<td><strong>DHA PRIVACY &amp; CIVIL LIBERTIES OFFICE:</strong></td>
<td><strong>DoD COMPONENT SENIOR PRIVACY OFFICIALS:</strong></td>
</tr>
<tr>
<td>Within 1 hour of discovery</td>
<td>Within 24 hours of discovery</td>
</tr>
<tr>
<td><strong>DEFENSE PRIVACY, CIVIL LIBERTIES, &amp; TRANSPARENCY DIVISION (DPCLTD):</strong></td>
<td><strong>DHA PRIVACY &amp; CIVIL LIBERTIES OFFICE:</strong></td>
</tr>
<tr>
<td>Within 48 hours**</td>
<td>Within 24 hours of discovery</td>
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<tr>
<td><strong>DEPARTMENT OF HEALTH AND HUMAN SERVICES:</strong>*</td>
<td><strong>DPCLTD:</strong></td>
</tr>
<tr>
<td>Within 60 days of discovery if 500 or more individuals are impacted</td>
<td>Within 48 hours***</td>
</tr>
<tr>
<td>Within 60 days of the close of the calendar year if less than 500 individuals are impacted</td>
<td></td>
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</tbody>
</table>

* US-CERT reporting is no longer required for non-cyber related incidents (e.g. paper breaches).

** DHA is responsible for reporting to the DPCLTD and the Secretary of HHS.

*** The Service Components are responsible for reporting up their chain of command and to DPCLTD.

**NOTE:** If necessary, notify issuing banks (if government issued credit cards are involved); law enforcement; and all affected individuals within 10 working days of breach discovery and the identities of the impacted individuals that have been ascertained.
**BREACH PREVENTION TIPS**

- Verify the recipient’s contact information (e-mail address, mailing address, fax number, etc.) before sending correspondence
- Do NOT leave government equipment in your vehicle in plain view
- Properly package and seal correspondence prior to mailing
- Encrypt all e-mails that contain sensitive information
- Set permissions and restrictions on electronic files and directories containing sensitive information (e.g., SharePoint, shared drives, group mailboxes, etc.)
- Ensure all sensitive information is de-identified or completely removed when used in presentations or publications
- Properly shred all documentation prior to disposal
- Remove documents from the printer immediately, especially if used in a shared environment
- Establish and routinely check role-based access to data and information
- Enforce consequences for employees who access and disclose information without authorization
- Create a workplace culture focused on privacy and security
- Train. Train! Train!!
- Require annual HIPAA and Privacy Act training
- Require refresher/remedial training to mitigate a breach
- Ensure reminder banners appear upon access of systems containing PII/PHI
- Include breach awareness posters in break rooms and high traffic areas
THE SEVEN STEPS TO AN EFFECTIVE BREACH RESPONSE PLAN

1. BREACH IDENTIFICATION
   Recognize that an event has occurred and initiate next step
   • Gather all available information and make required assessments
   • Confirm and classify the scope, risk, and severity of the breach
   • Determine an appropriate plan of action

2. BREACH REPORTING
   Report the breach to the established chain of command in a timely manner
   • Notify supervisor immediately and initiate the appropriate reporting steps
   • Notify the Information/System Owners, and the appropriate Program Office of the breach

3. CONTAINMENT
   Limit the impact of the breach
   • For electronic breaches, determine a course of action concerning the operational status of the compromised system, and identify the critical information and/or computing services affected
   • For non-electronic breaches, identify the best strategy to minimize the impact of the breach

4. MITIGATION
   Communicate with potentially affected individuals, investigators, and other involved entities. Additional actions may include:
   • Immediately securing the affected information as much as practicable
   • Applying appropriate administrative, physical, and technical safeguards
5. ERADICATION
Remove the cause of the breach and alleviate vulnerabilities. Examples of such actions may include:

- Deleting any computer viruses
- Updating beneficiary contact information

6. RECOVERY
Restore business operations to normal status

- Execute the necessary changes to business practices and/or network/system and fully restore system and data

7. FOLLOW-UP
Take necessary actions to prevent future occurrences

- Ensure all tasks in the mitigation strategy are completed
- Share lessons learned and amend operational policies as needed
- Take appropriate personnel actions, e.g., counseling and sanctioning

BREACH POLICIES AND PROCEDURES
Policies and procedures to have an effective breach response management plan include:

- Accessing, using, and disclosing PII/PHI
- Safeguarding PII/PHI
- Breach reporting
- Comprehensively documenting communications, requests, and findings
- Requiring annual, refresher, and remedial HIPAA and Privacy Act training

Awareness of the applicable privacy and security policies – including updates – can be achieved when information is thoroughly disseminated to staff members through training and other forms of communication.

DHA ADMINISTRATIVE INSTRUCTION (AI) 71

Incident Response Team (IRT) and Breach Response Requirements
Re-signed on September 15, 2015, this AI outlines the processes and procedures for assessing and responding to confirmed or suspected breaches occurring within DHA. Responsible individuals and supervisors should follow these guidelines when a breach or suspected breach occurs. The AI also continues the requirement to annually convene the IRT for training purposes. This year’s IRT exercise was held on March 8, 2017 at Defense Health Headquarters.

NOTE: AI 71 only applies to DHA workforce members; however, it may be used as a reference by the Services and Purchase Care Contractors.
An effective breach response plan is key to an agency’s preparedness; however, in order to respond to a breach correctly, a breach needs to be analyzed under Privacy Act requirements and HIPAA Breach Notification Rule requirements may also need to be considered. In addition, while it is possible a breach may occur at any level within the MHS – from Freedom of Information Act requests to Data Sharing requests – a properly trained workforce can alleviate the impact of a breach. The synergy between an agency’s workforce and breach response plan is essential in safeguarding sensitive information, preventing negative press, and avoiding expensive mitigation costs and time-consuming litigation.

The failure to proactively prepare for a breach can magnify the damage caused by an incident; however, with the aid of this manual, you will become more vigilant and more prepared in preventing and responding to breaches.

Enforcement of compliance is vital to breach prevention and should be reviewed with staff members regularly. Ensuring consequences are imposed for breaches of PII/PHI will encourage staff members to take compliance seriously. Therefore, the following tips are recommended:

- Include consequences and/or penalties for staff member noncompliance in employee manuals
- Re-train and provide remedial training on the appropriate privacy and security policies
- Consider stiffer penalties such as suspension, revocation of access, and/or termination
- Consistently promote awareness to prevent violations and breaches from occurring

Enforcement of staff training is essential to ensure compliance with the appropriate privacy and security policies. Therefore, the following tips are recommended:

- Confirm staff members are not only current with their annual HIPAA and Privacy Act training, but also have relevant job-specific training
- Ensure staff members have completed required remedial training
- Investigate whether job-specific training is available and work with your local Privacy Office to ensure your staff members are trained appropriately

Revisions to DoD’s implementation of the HIPAA Privacy Rule remain in coordination. For the first time, this DoD issuance will include HIPAA breach reporting requirements for the MHS in accordance with the HIPAA Breach Notification Rule.
POINTS OF CONTACT

DHA.PrivacyOfficer@mail.mil to report breaches and for breach-related questions

DHA.PrivacyMail@mail.mil for HIPAA Privacy-related questions

DHA.HIPAASequrity@mail.mil for HIPAA Security-related questions

RESOURCES

Breach Response Web Page

HIPAA Privacy Web Page
In accordance with the HIPAA Privacy Rule, DoD 6025.18-R, “DoD Health Information Privacy Regulation,” January 24, 2003 and applicable DoD issuances, a DoD covered entity (CE) may use and disclose the PHI of individuals who are Armed Forces members for activities deemed “necessary by appropriate military command authorities to assure the proper execution of the military mission.” This is commonly referred to as the “Military Command Exception.” See paragraph C7.11.1.2 of the DoD 6025.18-R for information on who would be considered “appropriate military command authorities.”

This exception explains when DoD providers may 1) disclose Service members’ PHI to military commanders or 2) use Service members’ PHI for military commanders’ purposes, such as evaluating fitness for duty. If the specific requirements of this exception are satisfied, patient authorization is not required for such uses or disclosures. Note that disclosures of PHI under the military command exception are permitted; they are not required. Although non-DoD CEs are not required to abide by DoD 6025.18-R, the exception is still applicable to private hospitals and physicians as it is stated in the HIPAA Privacy Rule at 45 Code of Federal Regulations (CFR) 164.512(k)(1)(i).

**ARMED FORCES PERSONNEL**

The Department of Health and Human Services’ Office for Civil Rights (OCR) defines the term “Armed Forces personnel” within the limited scope of the HIPAA Privacy Rule’s military command exception. Specifically, OCR interprets this term to be limited only to active members of the Armed Forces.

**NOTE:** The military command exception applies only to disclosures of active duty Armed Forces personnel PHI. PHI of family members or other categories of beneficiaries is never shared with military command authorities without a HIPAA-compliant authorization.

**MILITARY COMMAND AUTHORITY**

- Commander with authority over a member of the Armed Forces
- Other person designated by such commander
- Designee of an appropriate Secretary or another official delegated authority by such Secretary
MILITARY COMMAND AUTHORITIES
Appropriate military command authorities include commanders who exercise authority over a member of the Armed Forces, or another person designated by such a commander to receive PHI to carry out an activity under that commander’s authority. Other appropriate authorities include any official designated for this purpose by the Secretary of Defense, the Secretary of the applicable Military Department, or the Secretary of Homeland Security (for Coast Guard activities not under the Navy).

FURTHER DISCLOSURES
Military commanders who receive PHI are required to safeguard the information and limit any further disclosure in accordance with the Privacy Act of 1974 and the DoD Privacy Program as now or hereafter in effect.

ACCOUNTING OF DISCLOSURES
Disclosures to military commanders must be documented for disclosure accounting purposes. See DoD 6025.18-R for guidance. Documentation is best accomplished by recording military command exception disclosures in the Protected Health Information Management Tool (PHIMT) at the time those disclosures are made.

PHIMT ASSISTANCE
For PHIMT assistance, visit:

MENTAL HEALTH AND/OR SUBSTANCE MISUSE DISCLOSURES
To foster DoD’s culture of support in the provision of mental health care and voluntarily sought substance abuse education to military personnel, DoD Instruction (DoDI) 6490.08, “Command Notification Requirements to Dispel Stigma in Providing Mental Health Care to Service Members,” August 17, 2011, provides guidance regarding command notification requirements. This DoDI both requires and prohibits certain disclosures of mental health information to commanders. Note that DoDI 6490.08 applies only to DoD CEs; it does not apply to CEs outside of the MHS.

CEs shall not notify a Service member’s commander when the member obtains mental health care or substance abuse education services, unless a certain condition or circumstance is met. See Enclosure 2, paragraph 3.b. of DoDI 6490.08.
In contrast to the HIPAA Privacy Rule, the Alcohol, Drug Abuse, and Mental Health Administration (ADAMHA) Reorganization Act regulations broadly permit the “interchange of that information within the Armed Forces”; however, the disclosure of PHI must satisfy both ADAMHA and the HIPAA Privacy Rule. Therefore, it is not sufficient that a disclosure by an MHS provider to a commander is a permitted “interchange...within the Armed Forces.” The disclosure must separately comply with the HIPAA military command exception.

**DISCLOSURE OF PHI RELATING TO MENTAL HEALTH CARE OR SUBSTANCE ABUSE TREATMENT**

Command notification by CEs is not permitted for a Service member’s self and medical referrals for mental health care or substance abuse education unless the disclosure is authorized under subparagraphs 1.b.(1) through 1.b.(9) of Enclosure 2. If one of those provisions applies, then notification is required.

Notifications shall generally consist of the diagnosis, a description of the treatment prescribed or planned impact on duty or mission, the recommended duty restrictions, and the prognosis.
WHAT IS “NECESSARY TO ASSURE PROPER EXECUTION OF THE MILITARY MISSION?”

Under paragraph C7.11.1.3 of DoD 6025.18-R, the military purposes for which PHI may be used or disclosed include:

1. Determining the member’s fitness for duty, including but not limited to compliance with:
   - DoDI 1332.38, “Physical Disability Evaluation,” November 14, 1996 (incorporating Change 2, April 10, 2013); and,
2. Determining the member’s fitness to perform any particular mission, assignment, order, or duty, including any actions required as a precondition to performance
4. Reporting on casualties in connection with a military operation or activity in accordance with applicable military regulations or procedures
5. Carrying out other activities necessary to the proper execution of the Armed Forces’ mission

RECOMMENDED MILITARY TREATMENT FACILITY (MTF) POLICIES AND PROCEDURES

The following policies and procedures are recommended regarding the disclosure of Armed Forces members’ PHI to appropriate military command authorities:

1. Designate specific MTF personnel with authority to release PHI to commanders
2. Maintain documentation of commanders/designees to whom Service members’ PHI may be disclosed
3. Train personnel on circumstances where PHI disclosures to military command authorities are appropriate
4. Educate personnel on the use of PHIMT to comply with disclosure accounting requirements
Fitness for duty, assignment, or order to carry out the military mission?

CE disclosure not permitted under the Military Command Exception Rule

Identify the purpose for the request

YES

NO

CE may disclose only the PHI necessary to accomplish the intended purpose of the request

YES

NO

Identity of the Requester

START

Requester is a Military Command Authority or Designee?

YES

NO

Subject of the PHI is Armed Forces personnel?

YES

NO

Cannot request PHI under the Military Command Exception Rule

Identity of the Requester

START

Requester is a Military Command Authority or Designee?

YES

NO

Subject of the PHI is Armed Forces personnel?

YES

NO

Cannot request PHI under the Military Command Exception Rule

Identify the purpose for the request

YES

NO

CE may disclose only the PHI necessary to accomplish the intended purpose of the request

YES

NO

CE disclosure not permitted under the Military Command Exception Rule

Fitness for duty, assignment, or order to carry out the military mission?

CE disclosure not permitted under the Military Command Exception Rule
When it comes to uses and disclosures under the military command exception, both HIPAA and Privacy Act requirements must be observed. While HIPAA applies to PHI within CEs, once the information is released it must still be protected under the Privacy Act. Failure to do so may result in a breach of PHI or personally identifiable information (PII). Therefore, it is important to educate Service members, military command authorities, and MHS providers about authorized uses and disclosures under the exception.

Revisions to DoD 6025.18-R (currently in coordination) will add clarity to the military command exception and its applicability within the MHS, including:

- Specifying rules governing Privacy Act applicability once PII/PHI is in a military commander’s (or designee’s) possession. This will ensure commanders are aware of their obligation to not further use or disclose information in an impermissible manner under existing Privacy Act policies.
- Providing clarification related to Reserve or National Guard Commanders. Specifically, a Reserve or National Guard Commander “who exercises authority over an individual member...may designate...members who are medical personnel to access, receive, use, or disclose PHI of an individual under the commander’s authority...”
**POINT OF CONTACT**

DHA.PrivacyMail@mail.mil for questions regarding the HIPAA Privacy Rule and the Military Command Exception

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**RESOURCES**

**DoD Health Information Privacy Regulation**

DoD 6025.18-R, January 24, 2003

(currently under revision)

**DoD Privacy Program**

32 CFR Part 310, DoD Privacy Program, 80 CFR 4201, January 27, 2015,

DoDD 5400.11, October 29, 2014,

DoD 5400.11-R, May 14, 2007 (currently under revision)

**Command Notification Requirements to Dispel Stigma in Providing Mental Health Care to Service Members**

DoDI 6490.08, August 17, 2011

(currently under revision)

**HIPAA Privacy Web Page**


**DHA Privacy Military Command Exception Web Page**

Dawn of a New Day: MHS GENESIS Goes Live

Market dynamics and government action continue to transform the healthcare market. The Health Information Technology for Economic and Clinical Health (HITECH) Act provided incentives to increase the adoption of electronic health records (EHRs). EHRs have served as a major developing technology catalyst by providing the foundational data stores for massive amounts of information. Simultaneously, electronic data sharing is being driven by the National Defense Authorization Act of 2014, which required interoperability of DoD and the Department of Veterans Affairs (VA) EHR systems, and the development of a personal health record by the two Departments, and the explosive growth of mobile health applications.

DoD has been at the forefront of applying emerging technologies to health care for many years and with the launch of MHS GENESIS on February 7, 2017, at Fairchild Air Force Base, Washington, DoD has taken another bold step to respond to the transforming healthcare market. The new EHR will eventually replace the Armed Forces Health Longitudinal Technology Application (AHLTA), Essentris®, and the Composite Health Care System (CHCS) by consolidating and managing data that was stored in the three systems. Along with MHS GENESIS, a new patient portal also launched in February 2017. The MHS GENESIS Patient Portal is a secure website that offers 24/7 access to health information, including managing appointments and exchanging messages with providers.
Implementation of MHS GENESIS is occurring in a turbulent environment marked by changing regulations and a healthcare market that is rapidly transforming as a result of mobile technologies.

The implementation of MHS GENESIS will cause cascading changes. The MHS is consolidating the information technology infrastructure so there is one network, one data center, and one configuration and strategy to ensure all users and providers are on the same page. Doctors, nurses, and providers will see an updated system that standardizes core applications. Providers and patients will be able to make better use of their mobile devices to have reliable and secure access to medical information, no matter where they are. The mechanisms to share information both internally and externally will be affected as well.

THE IMPACT OF NEW SYSTEMS AND MOBILE TECHNOLOGIES

The rapid introduction of new technologies raises many significant privacy issues. Among the many areas under close scrutiny is the privacy and security risk posture of new systems. Information systems must meet strict privacy and security requirements before they are given approval to start operating in the DoD environment. Before a new system can be deployed, it must undergo an authorization review process based on the DoD Risk Management Framework (RMF), culminating in the authority to operate (ATO). These requirements are referred to as controls. Security controls have been in place for a long time and while complicated, are well understood by individuals assigned to assess whether they have been satisfied.

Historically, the ATO process has focused on these security risks, but the RMF process has expanded its framework to include specific privacy risks. Therefore, a specific set of controls around privacy (collectively referred to as Appendix J controls) must now be applied; the DHA Privacy Office has been working energetically with other subject matter experts across DoD and the Federal privacy community to implement these controls.
Mobile technologies (including applications and devices) require the DHA Privacy Office’s involvement in the development of specific Terms of Use and Privacy Policies. These documents are published so that individuals who access the technologies understand how their protected health information will be maintained, used, and possibly shared. As data sharing becomes more widespread, the need for business associate agreements and other types of data sharing instruments is also increasing.

**INTERCONNECTEDNESS**

The MHS supports the general privacy principle that individuals should have a right to participate in deciding how their data can be used and disclosed. As a result, the MHS allows non-active duty beneficiaries to opt out of sharing their information with other organizations. In summary, for the selected areas where the Virtual Lifetime Electronic Record (VLER) capability is available, the health data for non-active duty beneficiaries is shared with external providers unless the beneficiary informs the MHS that he/she would like to opt out of information sharing.

The MHS has finalized the procedural steps and infrastructure needed to implement the opt out policy throughout the MHS and is constantly evaluating new data sharing partners.

**VIEWERS**

DoD continues to consolidate its viewers into one because currently, DoD uses multiple mechanisms to view electronic data received from other organizations. For example, the Joint Legacy Viewer (JLV) enables DoD and the VA to see health data from military treatment facilities and the VLER viewer allows insight into health data generated by participants in the eHealth Exchange. Transitioning to one viewer will entail interim steps, such as the current consolidation of the JLV and VLER viewers into the Joint Legacy Viewer – Health Information Portal (JLV-HIP).

**LOOKING AHEAD**

MHS GENESIS is rolling out in a wave model with Naval Hospital Bremerton, Madigan Army Medical Center, and Naval Hospital Oak Harbor following Fairchild’s implementation. More capabilities will also be added to the Initial Operating Capability to continue to make the system more robust. Full deployment will be completed by 2022, as this is a phased implementation over the next few years. Additional work will be done to build interfaces and ensure that operations are streamlined to the greatest extent possible.
**Resources**

**MHS GENESIS Web Page**

**ASD(HA) Memorandum**
Recommended Best Practices for Engaging with Health Information Exchange Organizations, April 5, 2012

**HIPAA Privacy Web Page**

**DoD Health Information Privacy Regulation**
DoD 6025.18-R, DoD Health Information Privacy Regulation, January 24, 2003 (currently under revision)

**HIPAA Privacy Rule**
45 Code of Federal Regulations (CFR) Parts 160 and 164

**HIPAA Security Rule**
45 CFR Parts 160, 162 & 164

**Security of Individually Identifiable Health Information in DoD Health Care Programs**
DoD Instruction 8580.02, August 12, 2015
DHA’s CIVIL LIBERTIES PROGRAM

Safeguarding Civil Liberties

Civil liberties are liberties found in the United States Constitution, particularly the Bill of Rights (the first 10 Amendments). These liberties include rights such as freedom of speech, religion, press, assembly, freedom from unreasonable searches and seizures, and the right to bear arms. The 9/11 Commission Report, formally named the Final Report of the National Commission on Terrorist Attacks upon the United States, referred to civil liberties as “precious liberties that are vital to our way of life.” The 9/11 Commission Report and subsequent legislation identified the protection of civil liberties as a key federal priority. This was especially true due to the creation of the Information Sharing Environment, in which agencies more proactively share information about individuals.

In 2007, Congress passed Public Law 110-53, Implementing Recommendations of the 9/11 Commission Act of 2007 (“9/11 Commission Act”). Section 803 of the Act requires certain federal law enforcement and homeland security-related agencies including DoD, to institute new, strong civil liberties protections. These included establishing a civil liberties program at the agency and appointing a senior official to oversee it, counsel, advise on civil liberties, and meet certain statutory requirements. Therefore, the DoD Director of Administration and Management was appointed to serve as DoD Civil Liberties Officer (CLO), and instructed DoD components to establish component-level civil liberties programs and designate a civil liberties officer to oversee compliance. On January 26, 2011, the Privacy Office’s name was changed to the TRICARE Management Activity Privacy and Civil Liberties Office. As of October 1, 2013, with the establishment of DHA, the Privacy Office Chief has been designated by the DHA Director as the DHA Civil Liberties Officer.

A component Civil Liberties program has a number of primary responsibilities:

- Writing policies and procedures
- Adjudicating and resolving civil liberties complaints
- Making civil liberties training available to leadership and workforce
- Analyzing draft policies and proposed actions for civil liberties implications
- Fulfilling reporting requirements to DoD, and ultimately Congress
- Promoting a climate of civil liberties awareness and compliance
- Participating as a Board Member in the greater DoD Civil Liberties Board
In Administrative Instruction (AI) 64, it is DHA’s policy to protect the privacy and civil liberties of DHA employees, Service members, family members, and the public with which they come into contact to the greatest extent possible, consistent with operational requirements. When faced with questions concerning the potential impact that DHA employees’ and contractors’ work may have on an individual’s civil liberties, please reach out to the DHA Privacy Office for guidance. The DHA Civil Liberties Program has won awards for its Outstanding Program in 2013, 2014, and 2015 and was designated the Top Program for 2014 and 2015 among DoD components. The model program evaluation process was discontinued by the Defense Privacy, Civil Liberties, and Transparency Division in 2016 because substantial progress was achieved by component civil liberties programs across DoD.

Civil liberties are defined as much by common law as they are by the original Bill of Rights and subsequent legislation. However, the body of law is constantly evolving. In the case of Heffernan v. City of Paterson, the Third Circuit Court decided that a plaintiff must actually exercise a protected First Amendment right to bring a First Amendment retaliation claim. Specifically, the court determined that an employer that disciplines an employee for their speech or association based on misinformation does not violate the First Amendment, even if the employer’s conduct is based on the erroneous assumption that the employee engaged in a protected activity. However, the Supreme Court recently reversed and remanded the case determining that an employee is entitled to pursue a claim under the First Amendment and Section 1983 of the Civil Rights Act when an employer engages in such conduct.

The Supreme Court’s decision may have a profound impact on how employees engage in protected First Amendment activities.
**BILL OF RIGHTS**

The First Ten Amendments of the United States Constitution also known as the Bill of Rights, offer the following civil liberties protections:

<table>
<thead>
<tr>
<th>Amendment</th>
<th>Description</th>
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<tbody>
<tr>
<td>First Amendment</td>
<td>Freedom of speech, religion, press, peaceful assembly, and the right to petition the government for a redress of grievances</td>
</tr>
<tr>
<td>Second Amendment</td>
<td>Right to bear arms</td>
</tr>
<tr>
<td>Third Amendment</td>
<td>Right not to have soldiers quartered in private residences without the consent of the owner</td>
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<tr>
<td>Fourth Amendment</td>
<td>Freedom against unreasonable searches and seizures</td>
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<tr>
<td>Fifth Amendment</td>
<td>Right against self-incrimination and to not be deprived of life, liberty or property, without due process</td>
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<tr>
<td>Sixth Amendment</td>
<td>Right to a speedy trial</td>
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<tr>
<td>Seventh Amendment</td>
<td>Right to a trial by jury in cases over twenty dollars</td>
</tr>
<tr>
<td>Eighth Amendment</td>
<td>Freedom from cruel and unusual punishment</td>
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<tr>
<td>Ninth Amendment</td>
<td>Protects “non-enumerated rights” (e.g., right to travel, right to a presumption of innocence)</td>
</tr>
<tr>
<td>Tenth Amendment</td>
<td>The reservation of “States Rights” – This Amendment makes it explicit that the Federal Government is limited only to the powers granted in the Constitution</td>
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**Chief Civil Liberties Officer** – Senior Service member or civilian employee with authority to act on behalf of the Component Head and to direct the Component’s compliance with Public Law 110-53, “Implementing Recommendations of the 9/11 Commission Act” (42 United States Code 2000ee-1) and the DoD Civil Liberties Program.

**Civil Liberties** – Offer protection to individuals from improper government action and arbitrary government interference. They are the freedoms guaranteed by the Bill of Rights – the first 10 Amendments to the United States Constitution – such as freedom of speech, press, religion, and due process of law.

**Complaint** – An assertion alleging a violation of privacy and/or civil liberties.

**Violation of Civil Liberties** – Undue government interference with the exercise of fundamental rights and freedoms protected by the United States Constitution.

**KEY TERMS**

Chief Civil Liberties Officer – Senior Service member or civilian employee with authority to act on behalf of the Component Head and to direct the Component’s compliance with Public Law 110-53, “Implementing Recommendations of the 9/11 Commission Act” (42 United States Code 2000ee-1) and the DoD Civil Liberties Program.

Civil Liberties – Offer protection to individuals from improper government action and arbitrary government interference. They are the freedoms guaranteed by the Bill of Rights – the first 10 Amendments to the United States Constitution – such as freedom of speech, press, religion, and due process of law.
Civil liberties sometimes intersect with Equal Employment Opportunity and Human Resource matters. At times, a civil liberties issue will overlap with other such offices.

Privacy and United States Civil Liberties
Technological advances in areas such as surveillance technology, Internet and cellphone, location tracking, medicine, and genetics continue to surpass existing privacy protections. In the wake of these innovations, privacy protections must evolve while continuing to focus on an individual’s right to maintain control over their personal information as well as to ensure that civil liberties are strengthened, not diminished.

Privacy and (International) Civil Liberties
International corporations are often storing data in servers located in other countries. This raises both privacy and Fourth Amendment concerns because many foreign jurisdictions in the western world now have rough equivalents in their jurisprudence. This is and will continue to be the subject of litigation.
POINT OF CONTACT

DHA.Civil-Liberties@mail.mil
for DHA civil liberties-related questions

RESOURCES

Implementing Recommendations of the 9/11 Commission Act of 2007
Public Law 110-53

DoD Civil Liberties Program
DoD Instruction (DoDI) 1000.29, May 17, 2012

Organizational Placement and Structure of DoD CLO Functions
DoD Directive, December 14, 2009

Protection of Civil Liberties in the DoD
DoD, Office of the Secretary of Defense, 12888-10, November 1, 2010

DoD Health Information Privacy Regulation
DoD 6025.18-R, January 2003 (currently under revision)

Security of Individually Identifiable Health Information in DoD Health Care Programs
DoDI 8580.02, August 12, 2015

Civil Liberties Program Case Management System
Director of Administration and Management 01, January 19, 2011

DHA Civil Liberties Program
DHA AI, Number 64, April 24, 2013
(currently under revision)
FREEDOM OF INFORMATION ACT

Access to Records through the Freedom of Information Act (FOIA) or the Privacy Act of 1974

FOIA is a federal law enacted in 1966 that grants the public access to information possessed by government agencies. Upon request, United States Government agencies are required to release information unless it falls under one of the nine exemptions. All executive branch departments, agencies, and offices are subject to FOIA. However, it does not apply to Congress, federal courts, and parts of the Executive Office of the President that serve only to advise and assist the President. FOIA is enforceable in a court of law.

KEY TERMS

Administrative Appeal – A FOIA request to a federal agency asking that it review an initial FOIA determination at a higher administrative level.

Agency Record – The products of data compilation, regardless of physical form or characteristics, made or received by the DHA in connection with the transaction of public business and preserved primarily as evidence of the organization, policies, functions, decisions, or DHA procedures.

Backlog – The number of FOIA requests or administrative appeals which are beyond the statutory time period for a response.

Complex Request – A FOIA request that an agency anticipates will involve a voluminous amount of material to review or will be time-consuming to process.

Consultation – The procedure whereby the agency responding to a FOIA request first forwards a record to another agency for review because the other agency has an interest in the document. Once the consulting agency finishes reviewing the record, it responds back to the forwarding agency. That agency, in turn, responds to the FOIA requester.

Expedited Processing – An agency processing a FOIA request ahead of other pending requests when a requester satisfies the requirements for expedited processing as set forth in the statute and agency regulations.

FOIA Request – A request submitted in accordance with FOIA in order to obtain previously unreleased information and documents controlled by the United States Government.
Full Denial – An agency decision not to release any records in response to a FOIA request because the records are exempt in their entirety under one or more of the FOIA exemptions.

Full Grant – An agency decision to disclose all records in full response to a FOIA request.

“Other” Response – Any response not fitting into the other categories of Full Grant, Partial Grant, or Full Denial. Examples include no records, not an agency record, or administrative closed, for example, because scope or fees were never resolved.

Partial Grant/Partial Denial – An agency decision in response to a FOIA request to disclose portions of the records and to withhold other portions that are exempt under FOIA, or to otherwise deny a portion of the request for a procedural reason.

Pending Request or Pending Administrative Appeal – A FOIA request or administrative appeal for which an agency has not taken final action in all respects.

Perfected Request – A FOIA request for records which reasonably describes the records sought and is made in accordance with published rules stating the time, place, fees (if any), and procedures to be followed.

FOIA EXEMPTIONS

FOIA restricts the release of certain documents to the public by way of the following nine exemptions:

1. Classified information that would damage national security
2. Internal personnel rules and practices
3. Information exempted from other federal statutes
4. Trade secret, privileged, or confidential commercial or personal financial data
5. Privileged inter-agency or intra-agency memorandums or letters
6. Specific sensitive personal information
7. Law enforcement records
8. Information related to government regulation of financial institutions
9. Certain geological/geographical data

In addition to the exemptions, three exclusions may restrict the release of certain records by way of the 1986 FOIA amendments:

1. Federal law enforcement agency records of ongoing investigations or proceedings
2. Records maintained by law enforcement agencies under an informant’s name
3. Law enforcement records of the Federal Bureau of Investigation
**Request Type** – A FOIA request from the media, commercial, or “other” use such as an individual or non-profit.

**Simple Request** – A FOIA request that an agency places in its fastest (non-expedited) track based on the low volume and/or simplicity of the records requested.

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**DHA FOIA REQUEST**

**Initial Request**

- FOIA Records Review/Office of the General Counsel (OGC)
- **DENY**
- **PROVIDE**
- DHA FOIA Service Center
- DHA Program Office

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**LEGAL ACTION**

**Legal Recourse**

- **DENY**
- **PROVIDE**
- Decision
- U.S. Department of Justice
- U.S. District Court
- DHA OGC

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**DHA APPEALS**

**Appeal**

- **DENY**
- **PROVIDE**
- DHA Appellate Authority
ACCESS UNDER THE PRIVACY ACT OF 1974
The Privacy Act allows individuals to:

- Seek access to records retrieved by their name and personal identifier from a system of records
- Seek the amendment of any inaccurate information
- Provide written authorization for representatives to act on their behalf
- Seek records on behalf of a minor child if they are the legal guardian or parent, and are determined to be acting in the minor’s best interest

DHA FOIA SERVICE CENTER
The DHA FOIA Service Center processes both FOIA requests and Privacy Act requests for the DHA. If a workforce member receives requests for information, please contact the DHA FOIA Service Center using the following information: 703-275-6363 or DHA.FOIA@mail.mil.

Requests under FOIA and the Privacy Act need to be as specific as possible in order to identify the requested records.
The FOIA Service Center processes data requests that often require the removal of personally identifiable information (PII)/protected health information (PHI) in review. In responding to these types of requests and Privacy Act requests, HIPAA, FOIA, and privacy regulations and statutes all meet and interact. For example, with FOIA requests containing PII/PHI data, the FOIA Service Center applies the usual FOIA exemptions AND masks PHI via the “rule of three,” as referred to in DoD 6025.18-R and DoD Manual 6025.13, thereby de-identifying statistical data and protecting the personal privacy of patients.

This year, the DHA FOIA Office has implemented the changes initiated by the FOIA Improvement Act of 2016. The Act amended key FOIA guidelines pertaining to fees, appeal timeframes, the FOIA Reading Room, and preemptive release activity. These requirements have impacted the DHA FOIA Office’s templates and standard operating procedures.

In addition, the Act created requirements for agencies to provide dispute resolution services via FOIA Public Liaisons and the United States National Archives and Records Administration Office of Government Information Services. In addition, the Act expanded the window for appealing a FOIA decision to grow from 30 to 90 days. The Act also codifies the Department of Justice “foreseeable harm” and “proactive disclosures” standards by requiring agencies to “make available for public inspection in an electronic format,” records “that have been requested three or more times.” Overall, we see that, via the Act, Congress has worked to make FOIA more responsive, uniform, and digitized for the future.

Along with a proactive disclosure amendment, the Act promotes uniformity in FOIA processing by amending Section 3102 of the Federal Records Act, 44 U.S.C. § 3102, to include a requirement that agencies use to establish processes for identifying records of general public interest and for posting them in publicly accessible electronic format expeditiously. This final piece will require the DHA FOIA Office to keep the FOIA Reading Room updated more often and more thoroughly.
POhNT OF CONTACT

DHA.FOIA@mail.mil for FOIA-related questions or for requester status updates

RESOURCES

Exemptions and/or the FOIA Process
http://health.mil/Military-Health-Topics/Privacy-and-Civil-Liberties/FOIA

FOIA Electronic Reading Room

Appeals or Complaints

Office of Management and Budget’s FOIA Web Page
https://www.whitehouse.gov/omb/foia

Executive Order 13489 – Presidential Records

OPEN Government Act of 2007
www.usdoj.gov/oip/amendment-s2488.pdf

DoD Privacy Program
DoD 5400.11-R, May 14, 2007 (currently under revision)