<table>
<thead>
<tr>
<th>Presenting Conditions</th>
<th>Mobile Apps</th>
<th>Podcasts</th>
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<tr>
<td>Alcohol/Drugs/Tobacco</td>
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<tr>
<td>Anger/Irritability</td>
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<td>Anxiety</td>
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<td>Depression</td>
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<td>Family/Social</td>
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<tr>
<td>Headaches/Pain</td>
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<tr>
<td>Nutrition/Exercise</td>
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<tr>
<td>Personal development/Goal setting</td>
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<td>Post Traumatic Stress</td>
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<td>Sleep</td>
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<td>Spirituality</td>
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<td>Stress</td>
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<tr>
<td>Traumatic Brain Injury</td>
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For more information, please visit: health.mil/mHealth

* Developed by or in partnership with Sesame Workshop.
** Developed by or in partnership with the U.S. Department of Veterans Affairs.