Defense and Veterans Pain Rating Scale

**DVPRS SUPPLEMENTAL QUESTIONS**

For clinicians to evaluate the biopsychosocial impact of pain

1. Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual **ACTIVITY**:

   0 No pain 1 Hardly notice pain 2 Notice pain, does not interfere with activities 3 Sometimes distracts me 4 Distracts me, can do usual activities 5 Interrupts some activities 6 Hard to ignore, avoid usual activities 7 Focus of attention, prevents doing daily activities 8 AWFUL, hard to do anything 9 Can’t bear the pain, unable to do anything 10 As bad as it could be, nothing else matters

   *Does not interfere* 1 2 3 4 5 6 7 8 9 10 *Completely interferes*

2. Circle the one number that describes how, during the past 24 hours, pain has interfered with your **SLEEP**:

   0 No pain 1 Hardly notice pain 2 Notice pain, does not interfere with activities 3 Sometimes distracts me 4 Distracts me, can do usual activities 5 Interrupts some activities 6 Hard to ignore, avoid usual activities 7 Focus of attention, prevents doing daily activities 8 AWFUL, hard to do anything 9 Can’t bear the pain, unable to do anything 10 As bad as it could be, nothing else matters

   *Does not interfere* 1 2 3 4 5 6 7 8 9 10 *Completely interferes*

3. Circle the one number that describes how, during the past 24 hours, pain has affected your **MOOD**:

   0 No pain 1 Hardly notice pain 2 Notice pain, does not interfere with activities 3 Sometimes distracts me 4 Distracts me, can do usual activities 5 Interrupts some activities 6 Hard to ignore, avoid usual activities 7 Focus of attention, prevents doing daily activities 8 AWFUL, hard to do anything 9 Can’t bear the pain, unable to do anything 10 As bad as it could be, nothing else matters

   *Does not affect* 1 2 3 4 5 6 7 8 9 10 *Completely affects*

4. Circle the one number that describes how, during the past 24 hours, pain has contributed to your **STRESS**:

   0 No pain 1 Hardly notice pain 2 Notice pain, does not interfere with activities 3 Sometimes distracts me 4 Distracts me, can do usual activities 5 Interrupts some activities 6 Hard to ignore, avoid usual activities 7 Focus of attention, prevents doing daily activities 8 AWFUL, hard to do anything 9 Can’t bear the pain, unable to do anything 10 As bad as it could be, nothing else matters

   *Does not contribute* 1 2 3 4 5 6 7 8 9 10 *Contributes a great deal*


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