# PSA 8: Insights—Families (:60)

Open on a series of short excerpts from interviews with services members and their family members. Each speaker looks off camera, talking to an unseen interviewer. Because the soundbites are short, speakers will not be identified with on-screen text. A few of the service members wear BDUs, but most of the people are in civilian clothes.

The soundbites cut or dissolve from one to the next.

## **Male Service Member:**

I didn't tell anyone, but I was concerned.

# **Female Spouse:**

I could tell. When he got his new orders and we were going to have to move, we all wondered what it would do to his treatment.

## Male Spouse:

She had a great counselor. And she'd made huge strides already in dealing with her PTSD. We didn't want to lose that.

#### **Female Service Member:**

It took real strength to seek mental health treatment in the first place. And now, here I was having to start with a new provider.

## **Male Service Member:**

But just when I figured I was back to square one, my current doctor referred me to the inTransition Program.

## **Male Service Member:**

inTransition provided a personal coach who worked with me over the phone to find resources in our new location, answer my questions, and make sure I got started with my new provider.

## Female Spouse:

It kept him on track with his treatment. So, he can keep getting better every day—for himself, his unit... and us.

Dissolve to text and logos on screen:

Learn more about inTransition

www.health.mil/inTransition

800-424-7877 (in the U.S.)

800-424-4685 (outside the U.S.) 314-387-4700 (collect from anywhere) [DoD LOGO] [DCoE LOGO]

A voice over narrator tags provides a closing tag.

# Narrator (V.O.):

If a change of status has you or someone you know wondering how to maintain consistent mental health care, learn more at <a href="https://www.health.mil/inTransition">www.health.mil/inTransition</a>.