# The TRICARE® Autism Care Demonstration

## **Changes to the Autism Care Demonstration (ACD)**

### The ACD program changes will:

- Move the ACD to a beneficiary-centric model to help beneficiaries reach their maximum potential
- Empower parents to have a greater role in their child's care
- For **new** beneficiaries to the program, incorporate all clinical and non-clinical service into one comprehensive care plan, coordinated by an **Autism Service Navigator (ASN)**

#### What's Not Changing:

- The coverage for the definitive diagnosis of Autism Spectrum Disorder (ASD)
- Referral requirement from an eligible TRICARE-authorized provider
- Prior authorization requirement for services
- ABA provider completion of assessment and treatment plan
- Case management services; they remain unaffected and are available to currently enrolled ACD beneficiaries

### What's Changing:

- For beneficiaries new to the ACD program, the ASN will:
  - develop a comprehensive care plan
  - improve care transition support
  - provide greater care coordination
- Increased access to ASD support and resources
- Outcome measures additional measures/changing of timelines
- Increased parental involvement and family support
- Addition of group coverage for ABA services
- Improved medical collaboration via medical team conferences
- Continued parental training via telehealth beyond COVID-19
- Removal of confirmation diagnosis requirement

For more information, visit: www.TRICARE.mil/Autism

