

Deployment Health Assessments U.S. Armed Forces

Annual Summary 2025



Armed Forces Health Surveillance Division

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Annual Summary: Deployment Health Assessments, U.S. Armed Forces, January 2025–December 2025

Since January 2003, pronounced fluctuations in the monthly numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Division (AFHSD) generally have corresponded to times of departure and return of deployed service members. This report describes service members' responses to questionnaires for the pre-deployment health assessment (DD2795), post-deployment health assessment (PDHA; DD2796), and post-deployment health re-assessment (PDHRA; DD2900). Results are summarized using a denominator totaled to all service members who completed deployment-related assessments; thus, the findings presented here are not inclusive of all service members eligible for the assessments.

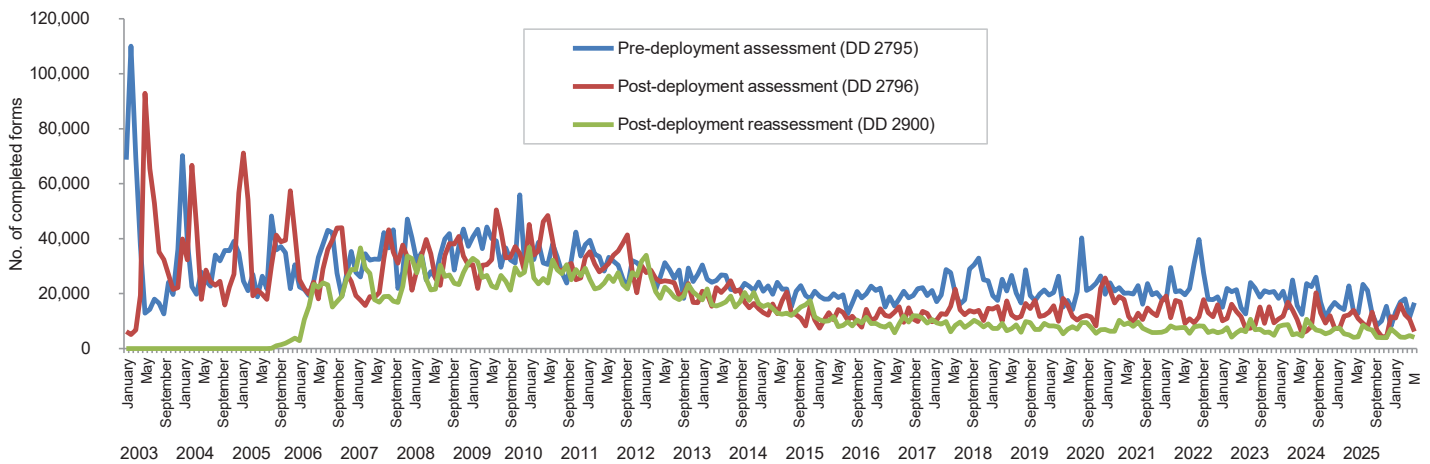
The monthly count of pre-deployment health assessment forms in January 2025 (n=23,347) was the highest count during the year (**Table 1**). Over the last 2 decades, the counts of post-deployment health reassessment (PDHRA) forms showed a pronounced downward trend; the total annual number of PDHRA forms peaked in 2010 (n=333,554) and declined through 2025 (n=64,498) (**Figure 1**).

During the past 12 months, the monthly percent of total returned deployers who rated their health as either "fair" or "poor" ranged from 13.6% to 22.2% on PDHA questionnaires and from 12.4% to 19.0% on PDHRA questionnaires (**Figure 2**). The percentages of total service members who rated their health as either "fair" or "poor" on pre-deployment questionnaires during this period varied between 3.4% and 8.3%.

In 2025, the percentages of "exposure concerns" self-reported on PDHA and PDHRA forms were higher among reserve component members than among active component members for all services (**Table 2, Figure 3**). This pattern was most pronounced among Army and Navy service members, with those in the reserve component reporting exposure concerns on the PDHRA over 2.5-times higher than those in the active component (33.1% vs. 12.6% and 40.3% vs. 16.7%, respectively). During the past year, at the time of return from deployment, 26.3% of active component and 25.4% of reserve component service members reported any depression symptoms on the PDHA. In 2025, the percentage of service members to receive a mental health referral 3–6 months after deployment on the PDHRA remained relatively comparable to those reporting a mental health referral on the PHDA in both the active (4.8% vs 6.4%) and reserve (7.3% vs 8.8%) components (**Table 2**).

Decreases in the percentage of service members indicating health concerns (not including wound or injury) on their DD2795 form compared to previous annual reports (data not shown) may be due to the survey question being updated on the 2023 form. The question changed from "What problems, questions or concerns do you have about your medical, dental, or mental health?" to "Are you concerned about any other health condition(s) or health risk exposures not already addressed?". This question now follows separate questions about mental health conditions; therefore, mental health concerns may not be included in the response to this updated question.

Figure 1. Numbers of deployment health assessment and reassessment forms,^a by month, U.S. Armed Forces, January 2003–December 2025



^aPre-deployment health assessment forms are completed 30–90 days prior to departure for deployment. Post-deployment assessment forms are completed 1–30 days after return from deployment. Post-deployment health reassessment forms are completed 90–180 days after return from deployment.

Table 1. Number of deployment-related health assessment forms, by month, U.S. Armed Forces, January 2025–December 2025

	Pre-deployment assessment DD 2795		Post-deployment assessment DD 2796		Post-deployment reassessment DD 2900	
	No.	%	No.	%	No.	%
Total	175,536	100	113,283	100	64,498	100
2025						
January	23,347	13.3	9,136	8.1	8,547	13.3
February	21,109	12.0	7,765	6.9	7,268	11.3
March	12,713	7.2	13,285	11.7	6,810	10.6
April	8,567	4.9	6,686	5.9	4,099	6.4
May	9,978	5.7	4,427	3.9	3,938	6.1
June	15,379	8.8	4,050	3.6	4,003	6.2
July	8,044	4.6	11,621	10.3	7,096	11.0
August	13,237	7.5	11,149	9.8	5,706	8.8
September	16,975	9.7	16,010	14.1	4,197	6.5
October	18,113	10.3	12,300	10.9	4,062	6.3
November	11,382	6.5	10,678	9.4	4,690	7.3
December	16,692	9.5	6,176	5.5	4,082	6.3

Source: Defense Medical Surveillance System (DMSS) as of 21-JAN-2026
Prepared by Defense Health Agency

Figure 2. Percentages of deployment health assessment forms with self-assessed health status rated as either "fair" or "poor," by month, U.S. Armed Forces, January 2025–December 2025

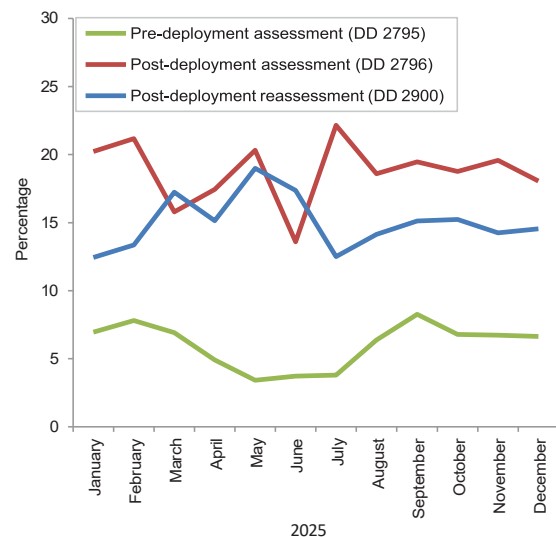


Table 2. Percentage of service members who endorsed selected questions or received referrals on health assessment forms, U.S. Armed Forces, January 2025–December 2025

	Army			Navy			Air Force			Marine Corps			All service members		
	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900
Active component	n=64,045 %	n=31,944 %	n=8,020 %	n=6,624 %	n=5,295 %	n=5,520 %	n=29,514 %	n=23,874 %	n=22,626 %	n=19,306 %	n=9,990 %	n=10,360 %	n=119,489 %	n=71,103 %	n=46,526 %
General health "fair" or "poor"	9.8	21.2	16.1	7.7	24.9	22.9	3.0	11.7	8.8	7.6	17.3	18.2	7.7	17.8	13.8
Health concerns, not wound or injury ^a	6.0	24.5	13.4	9.4	30.3	21.7	3.1	15.8	12.0	5.7	19.9	16.5	5.4	21.4	14.4
Health worse now than before deployed	na	77.2	74.3	na	78.8	75.4	na	71.2	73.0	na	78.2	77.0	na	75.4	74.4
Exposure concerns	na	11.3	12.6	na	20.4	16.7	na	21.6	24.6	na	15.3	14.5	na	16.0	19.3
PTSD symptoms (2 or more)	na	12.7	11.9	na	21.0	22.7	na	10.6	7.4	na	6.7	9.0	na	11.8	10.4
Depression symptoms (any)	na	34.6	28.9	na	47.4	43.9	na	23.5	18.8	na	27.9	31.4	na	30.9	26.3
Referral indicated by provider (any)	10.0	15.0	14.0	10.9	43.3	27.6	11.1	24.2	14.0	6.2	30.2	22.8	9.7	22.3	17.6
Mental health referral indicated ^b	2.7	4.2	3.7	2.1	16.2	11.1	0.9	6.5	3.1	0.7	7.8	6.0	1.9	6.4	4.8
Medical visit following referral ^c	96.8	95.3	95.7	56.0	79.0	88.3	99.9	99.6	99.9	93.8	92.0	90.9	92.8	92.9	94.2
Reserve component	n=31,016 %	n=27,530 %	n=8,318 %	n=1,669 %	n=1,398 %	n=1,181 %	n=9,774 %	n=8,914 %	n=7,415 %	n=724 %	n=1,331 %	n=293 %	n=43,183 %	n=39,173 %	n=17,207 %
General health "fair" or "poor"	2.5	21.9	18.9	1.9	22.4	18.4	1.9	16.7	11.2	2.5	26.3	19.5	2.3	20.8	15.6
Health concerns, not wound or injury ^a	1.8	24.4	14.7	2.6	44.1	16.9	2.1	16.7	9.0	3.3	30.7	17.7	1.9	23.6	12.4
Health worse now than before deployed	na	76.9	76.4	na	81.3	78.0	na	77.6	78.6	na	81.9	80.2	na	77.4	77.5
Exposure concerns	na	25.3	33.1	na	45.9	40.3	na	35.2	33.4	na	16.7	25.6	na	28.0	33.6
PTSD symptoms (2 or more)	na	18.0	18.2	na	18.7	17.4	na	13.2	9.7	na	15.0	17.1	na	16.8	14.5
Depression symptoms (any)	na	34.9	28.9	na	38.8	35.1	na	26.4	19.7	na	40.2	33.4	na	33.3	25.4
Referral indicated by provider (any)	6.6	30.2	24.7	9.6	48.1	35.0	5.9	29.3	17.7	7.6	43.4	38.9	6.6	31.1	22.6
Mental health referral indicated ^b	1.7	8.8	8.9	1.6	10.7	12.5	0.5	7.5	4.6	1.4	14.9	11.6	1.4	8.8	7.3
Medical visit following referral ^c	87.7	97.8	49.4	94.0	88.9	62.4	80.5	74.9	70.8	86.7	73.2	53.7	86.1	90.6	57.0

^aIn 2023, this survey question was updated from "What problems, questions or concerns do you have about your medical, dental, or mental health?" to "Are you concerned about any other health condition(s) or health risk exposures not already addressed?"

^bIncludes behavioral health, combat stress and substance abuse referrals.

^cRecord of inpatient or outpatient visit within 6 months after referral

Figure 3. Percentages of service members with completed assessments who endorsed exposure concerns on post-deployment health assessments or reassessments, by component, by month, U.S. Armed Forces, January 2003–December 2025

