

### 2008 REPORT TO CONGRESS ON DEPARTMENT OF DEFENSE FORCE HEALTH PROTECTION QUALITY ASSURANCE PROGRAM

JUNE 2009

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#### 2008 REPORT TO CONGRESS ON DEPARTMENT OF DEFENSE FORCE HEALTH PROTECTION QUALITY ASSURANCE PROGRAM

#### BACKGROUND

The Department of Defense (DoD) reports annually to Congress on Force Health Protection Quality Assurance program, as provided for in Section 739 of the National Defense Authorization Act for Fiscal Year 2005. Topics include maintenance of deployment health assessment information in the Armed Forces Health Surveillance Center (AFHSC), inunun-ization data, and health assessment data in deployment military medical records, as well as actions taken in response to post-deployment health concerns and deployment related exposures to occupational or environmental hazards. This is the DoD's 2009 report, which covers Calendar Year (CY) 2008 force health protection quality assurance (FHPQA) activities.

#### DEPLOYMENT HEALTH QUALITY ASSURANCE PROGRAM

DoD published Health Affairs (HA) Policy 04-001, "Deployment Health Quality Assurance Program," in January 2004. This policy directed the implementation of a DoD Deployment Health Quality Assurance Program under the direction of the Deputy Assistant Secretary of Defense (DASD) for Force Health Protection and Readiness (FHP&R). In February 2007, DoD issued, DoD Directive (DoDD) 6200.05, "Force Health Protection Quality Assurance (FHPQA) Program," as an enhancement to HA Policy 04-001. The enhancement broadened comprehensive military health surveillance by applying agreed-upon quality assurance measures relevant to military health, deployment, and occupational and environmental health surveillance activities throughout the entire period of an individual's military service. These measures incorporate high risk, problem prone or high volume health issues faced by deployed individuals.

As specified in DoDD 6490.02E, "Comprehensive Health Surveillance, ' and DoDD 6493.04, "Deployment Health," the Assistant Secretary of Defense for Health Affairs has both the authority and the responsibility for all aspects of comprehensive military health surveillance and documentation related to force health protection and surveillance implementation. These include longitudinal health mon itoring, epidemic and outbreak prevention, and detection and response activities, as well as deployment health surveillance monitoring of environmental and occupational health hazards, assessment of disease and injury prevention and control, and health care system evaluation and planning. DoDD 6200.05 provides guidance to focus on those important activities under the three pillars ofDoD force health protection, which are: (1) pro o ing and sustaining a healthy and fit force; (2) preventing illness and injury; and (3) providing medical and rehabilitative care to the sick and injured.

The Govenunent Accountability Office (GAO) in the report titled, "DEFENSE HEALTH CARE: Comprehensive Oversight Framework Needed to Help Ensure

Effective Implementation of Deployment Health Quality Assurance Program,' dated June 22, 2007, (GAO Code 350897) recommended that FHP&R perform an independent verification to ensure the information provided is both accurate and complete.

The DASD (FHP&R), in conjunction with the Force Health Protection Council (FHPC) (members include the Services' Surgeons General and the Joint Staff Surgeon), oversees the FHPQA program, to include selection of key elements for monitoring and reporting. This collaborative effort demonstrates the commitment to force health protection among the Services. The CY 2008 Force Health Protection (FHP) measures were the following:

- Individual Medical Readiness Rate;
- Overdue Health/Dental Assessment Rate;
- Deployment Health Assessments;
- Orthopedic Injuries in Theater;
- Heat/Cold Injuries in Theater;
- Influenza-like Illness in Theater;
- Behavioral Health Encounters in Theater; and
- Mental Health Theater Evacuation Rate.

For CY 2008, the FHPQA program performed the following activities:

- visited military installations to assess compliance with force health protection policy and procedures;
- collected quarterly reports from the Services on their specific force health protection quality assurance programs;
- documented and reported to the FHPC deployment health assessment trends;
- analyzed data comparing AFHSC and Service data; and
- wrote the annual report to Congress.

#### **REPORT OF FHPQA VISITS TO MILITARY INSTALLATIONS**

In CY 2008, staff from FHP&R and the Services' medical departments jointly planned, coordinated, and conducted the following FHPQA visits to military installations.

- Army (January 2008)
  - Fort Carson Colorado
  - Evan Army Community Hospital
  - Soldier Readiness Center
- Marine Corps/(July 2008)
  - Third Marine Expeditionary Force (Okinawa and Hawa11)
    - Camp Courtney Third Marine Expeditionary Force Corrunand Element
      - Camp Schwab Combat Assault Battalion

amp Han n Fifth Air Naval Gunfire Liaison Company a aJHo pital Okinawa Kaneohe Bay Logi tics

- Marine Aircraft Group
- Third Marine Divi ion
- Third Marine Regiment
- Fourth Marine Division
- Air Force (Octob r 20
  - 8) Dover Air Force

Ba e

- Dov r Air Medic al Command
- Air Force Re erve 5 lzth Aerospace Medical Squadron
- avy October 2 8)

Naval Ba e Ventura County

- Port Hueneme Command First Naval Construction Division Port Hueneme Naval Reserve Center
- Navy Mobiliz at ion Processing Site Port Hueneme

h purpo e of the i it wa to a ess deployment health policy compliance and ffecti ne a directed by DoDI 6200.05. These visits generally included briefings \ ith c 1nmander and nior medical leaders, discussions of deployment health pro e ing activitie and i ue and re iews of individual medical records for doc umentation of deployment health-related information (including required pre- and po 1-d eployment health-related information (including required pre- and po 1-d eployment-related data. Available enterprise-wide d umentat ion of both pre- and po t-deployment health assessments and serum specim n were pre-populated onto a FHPQA data collection tool and reviewed. This rev i \\'facilitated the identification of individuals who had recently deployed and r turned from deployment and had the required post-deployment assessment forms.

h GAO in the report titled DEFENSE HEALTH CARE: Oversight of Militar ervice Post-Deployment Health Reassessment Completion Rates Is Limitedt • 1 tember 4 200 (GAO ode O-102SR) reported that AFHSC's monthly reports to D  $\cdot$  A program hould al o includ the total number of Service members who r turned from deployment and hould have completed PDHRA for the QA program to aci.:urat ly a ess and report. During the installation visits, the QA program staffs authenti ate the accuracy of the data provided from the AFHSC, review for data transfer in 1 nsi: t ncy and di cu deployment processing practices. Data transfer or tn n: it ncy concerns are reported to AFHSC for further investigation. Findings from the 2008 FHPQA Service visits included percentage of deployment medical records consistent with centralized database. Active and Reserve records /reports and findings were combined.

2008 FORCE HEAI		CTION QUALIT TION VISITS	TY ASSURANCE	
AUDIT ITEMS	ARMY	AIR FORCE AND AIR FORCE RESERVE	NAVY AND NAVY RESERVE	MARINE CORPS
Number of Records	IIO	184	41	110
Immunization rates	97%	64%	76%	75%
DD Fonn 2795 on file and in record	94%	47%	92%	80%
DD Fonn 2796 on file and in record	90%	48%	97%	87%
DD Fonn 2900 on file and in record	98%	25%	0%	74%
Mental Health Care received or sought in theater	7%	1%	0%	33%
Positive responses lo Traumatic Brain Injury on DD Fonn 2796	*	2%	0%	11%
Major concerns identified by provider DD Fonn 2900	0%	JO%	6%	13%
Referrals indicated by provider DD Form 2900	5%	6%	0%	12%

\*DD Form 2796 was revised March 2008 after the Army visit, therefore, infonnation was not coll ected.

The following were observations associated with the FHPQA installation visits conducted in 2008:

- Fort Carson has a traumatic brain injury (TBI) program available to support those who are preparing to deploy and have returned from deployment. This program includes a questionnaire-screening tool, notarized affidavit of blast occu1Tences, and related interventions. According to the official on site, additional emphasis and resources have been placed on documenting those Service members' responses, completing an injury affidavit, and reviewing the Injury Questionnaire Screening Tool.
- The reviewers reported to AFHSC evidence of multiple pre-deployment assessments (2795s) without a deployment tied to the assessment. AFHSC was able to reset pre-deployment numbers for only those individuals who deployed rather those who submitted the forms for reasons other than deployment.
- The Marine Corps Third Expeditionary Force (MEF) staff explained and demonstrated the neurocognitive assessment test administration. Staff explained that a computer-based tool was designed to detect speed and accuracy of attention, memory, and th.inking ability.

- The Marine Corps have assigned a regimental psychiatrist to the MEF to provide training and education for staff and independent duty corpsmen that deploy with Service members.
- The Marine Corps have combined aid station and deployment readiness units, noting that providers who deploy with their units maintain the continuity of pre- and post-deployment health care.
- The compliance of the Air Force and Air Force Reserves with Periodic Health Assessments was commendable including the Adult Preventive and Chronic Care flow sheet.
- Dover Air Force Base has assigned one provider to be responsible for reviewing any positive responses to TBI or post-traumatic stress disorder (PTSD) questions on the deployment health assessments. Any affirmative response, even a single "yes" out of the four PTSD questions, resulted in an outreach and a referral for further assessment.
- The airman 's primary care provider typically completed his/her post deployment reassessment evaluation and annual periodic health assessment.
- Dover Air Force Base has assigned one provider as the direct liaison between the medical staff and line commanders. Commanders identify those Service members projected for deployment to facilitate the pre deployment medical assessments. Collaborative processes with mental health, family advocacy, and alcohol and drug programs occur simultaneously.
- Port Hueneme Naval Command has implemented a referral tracking and medical follow-up policy that includes placement of information into medical records. Evidence of its effectiveness was evident in the deployment medical records.
- Port Hueneme Naval Command has assigned one provider as the direct liaison between the medical staff and line commanders. Commanders identify those Service members projected for deployment to facilitate the pre-deployment medical assessments and review.
- Navy Reserve Component has implemented Family Readiness Days that provide family deployment activities.

Following are overall electronic review observations and recommendations during the visits in 2008:

• Documentation of required immunizations was quite good, with significant improvement noted in both Reserve components in comparison to previous years.

- ome provider were unaware of the established Post-D eployment Health linical Practice Guideline requirement as outlined in Department of Defense Instruction (DoDI), 6490.03, "Deplo yment Health.
- We recommended that ervice re iew the interpretation of DoD 6490.03 p ially in regard to those who deploy to "at ri k locations" for le than 30 day. In ome in tances, those individuals require deployment health a e m nt.
- We recomm nd d a practice of internal peer review to discu s, educate, and validate deploym nt health clinical practice guide lines; targeting deployment health a e ment and standards of practice that would upport th d lopment of policy or training for providers.
- The U.S. Army complete the pot-deployment health assessment once it individual return home from deployment.

#### **RME DFORCES HEALTH SURVEILLANCE CENTER REPORT**

E tabli bed in 2008 AFH C receives data feeds from the Anny's Medical rotec ti on Sy tern the Air Force Preventive Health Assessment Individual Medical Read ine y tem the Marine orp Medical Readiness Reporting System and the Navy n ironmental Health Center. The AFHS alor ceives copies of the monthly nting ency Tracking Sy tern ( T a rotter that is prepared by Defense Manpower Data enter and include information (provided by the Services) on all Service members "'ho ha e dep loyed. AFH operat and maintain the Defen e Medical Surveillance t m which contain enterpri e-wide data on di eases, medical events, and data on per onnel and deployment . AFHSC pro id data and reports to the Servic e, the FIIPQA program and other upporting agencie for review. Additionally, AFHSC pre pare the Medical urveillance Monthly Report publishes it monthly, and makes it is a aila le onJine at http:www.ath c.miJ.

The follo wing report i ba ed on pecific deployment crit eria and should not be mpa red with the total numb r of completed form ubmitted by the Service . The chart attempt: to addre GAO ' c ncem outlined in the report title, 'DEFENSE HEALTH CAR : Oversig ht o Military ervice 'Po t-Deployment Health Reassessment Completion Rate l r Limited. DoD ability to prov ide these data is dependent on the Seice continued take in upporting the ongoing efforts to resolve deployment data thu r t r di c repancie improving deplo ym nt ata accuracy. Data source reported as olle cted from the Defen e Medical urveillanc e y tern (DMSS), as of April 1, 2009.

Many factor hou ld be con idered when rev ie wing these reports, such as deployment rotation Service p Ucy change throughout the report year and multiple d pl yment within a ca lendar year.

he following table were de eloped to demonstrate how data may support c mpliance reporting. Although time lag between efense Manpower Data Center MD and CT ro ter reporting may ac oun t for ome data discrepancies, it is also impott an t to note the reporting time parameter.

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DD 795 complete,d ithin th 90 days prior 10 30 day- after the tart of deployment

DD 796 complet ed from 60 days prior to the end of lhe deployment to 60 day af t ${\bf r}$ 

\*DD2900 omplet d fr m 60-210 day aft r th nd of the deployment.

\* rum drawn from 30 day prior to th end of th deployment to 60 days after th end of dep loyment.

\*\*\*I npati nl and outpatient i its\ ithin I Oda of D02796 date.

#### II ITARY SERVICES QUALITY A SURANCE PROGRAM REPORT MMARY

he Service continue to pro ide teadfa t upport by conduc ting deployment health quality a urance effort that are tailored in cope, focus, and methodology to their rga nizatio aa l tructure the environment and mi ion.

Common program elements are reported through a variety of health surveillance and r adine procedur from the ervice to the FHPQA program.

FoUowing are the highlight from the ervice '2008 report are as follows:

#### .S.ARMY

 The urgeon General of the U.. Army tasked the U.S. Army Center for Health Promotion and Preventive Medicine with the development of a Q Program for Deployment Health. The Army reported that its Deployment Health Quality A uran ce (DHQ A) program provides a capacity for on- ite review a well as a system for accountability (complianc with tandard ) QA and process improvement. The Department of the U. Army Per onnel Policy Guid ance (Chapter 7), DoD I6490.03m Deployment Health, August 11 2006, and DoDI 620 .05, orce Health Protection QA Program, February 16, 2007, erve a reference for guidanc measures, and reporting requirements relat d to deployment health acti ities.

- In an ffort to provide a i tance and oversight for deployment health program the Army DHQ team created a Community of Practice Web ite located on Anny Knowledge Online. This Web site contains links to re ourc a discu ion forum and information pertaining to Army Lean ix igma project related to the soldier readiness processing.
- he U.S. Anny DHQA program noted that one root cause for inconstent compliance r porting was the appa rent Jag between the ontingency Tracking y tern and the Defense Medical urveillance y em and the need to track the e data over time. The Army outlined data diffi rence in the ame perio from July- eptemb er 2008. Update of the e data were reque ted about 60 days later.
- Noting the increa e in the number of Soldiers who returned from d ploy ment the marked improvement in compliance for the DD 2795s for the Re erve and Guard and the marked improvement for the DD 2900 and medical isit for al lthree component 'reassess ments, post deployment erum *ample* and po t-deployment refe rrals indicated and comple ted the Army plan t continue to track quarterly metrics for at lea t three con ecuti e quart er to allow the system to compensate for the appare nt lag between the T and the DM

AF	RMY REVI	EW OF	AFHS	QA DA	ГА REPOR	Т	
l'rcviou (3rd Quarter 2008) Deployment end date .lul I eplember JO 2008	, umber Returned From De1>loymc nt	% D02795	% <b>D02796</b>	% DD2900	% Post Deployme nt Sera	% Refe rrals On DD2796	%Post Deployment Medical Visit
'\cu vc Duty	22,067	77	81	19	80	32	78
Re crvc	1,59	10	48	10	45	22	61
(,uord	2,458	2	75	14	74	23	77
l 'ptl ted report   ▷ pJoyment nd dat   Jul} 1-Sr ptember 30, 2008							
\cu vc Dury	28,125	76	76	50	75	39	95
lh:s.:rvc	2,375	69	49	21	47	44	83
, ( uurd	4,049	73	73	44	73	37	87

#### S. NAVY

- The Commander, U.S. Fleet Forces Command reported that units were meeting compliance standards to the best of their ability and will maintain a Post-Deployment Health Assessment QA system to track performance.
- The Navy reported that the number of Post-Deployment Health Assessments (PDHA) submitted by U.S. Navy personnel would continue to decrease because DoDI 6490.03 no longer mandates PDHA assessment for routine shipboard operations.
- The U.S. Navy has reported that it has become difficult for operational units to comply with PDHRA completion because returning individuals may have detached from that unit or departed military service.

U.S.	. NAVY 2008	DEPLOY	MENT HEAI	<b>JTH QUA</b>	LITY ASSU	RANCE	DATA		
Centralized Data	1st Quarter	2008	2ndQuarte	r 2008	3rd Quart	er 2008	4th Quarter 2008		
Unics reporting		%	27	%	24	%	27	%	
Personnel deployed	2,109		1,067		1,427		2,494		
Personnel returned	2,109		1,056		1,243		3,023		
DD2796(PDHA)	2,132		1,054	99.8	1,235•	87	1,741	57.6	
Personnel requiring referral post-PDHA	83	3.9	108	10	52	4.2	62	3.6	
Personnel completing referral post-DD2796	82	3.7	79	73	50	96	48	77.4	
D02900 (PDHRA)	574	2.7	229	22	935	75	882		
Personnel requiling referral post-PDHRA	Not Re,'J)Orted		Not reporte d		48	5	72	8.2	
Personnel completing referral post-DD2900					48	1 00	72	100	
Number of DD 2796 Fonns DD to AFHSC	2,101	99.5	1,052	99.5	1,231	99	1,332	76.5	
Number of DD 2900 Fonns to AFHSC	274	1.3	274		904	97			
Post-Deployment Sera	2,103	99.7	229	100	J,162	94	920	52.8	

• During 2008, the U.S. Navy reported the following QA activity data.

•Three units included in the count from the 2°d quarter. The total number of forms was (92), which was about seven percent of the total.

#### S. AIR FORCE

- During 2008, the U.S. Air Force identified, reported, and resolved recurring data quality issues with the denominator data received from Defense Manpower Data Center (DMDC).
- The U.S. Air Force increased its compliance rate from 77 percent to more than 78 percent for both pre- and post-deployment requirements. Limitations of the military personnel data system to identify all

individuals in deployment status, maybe part of the cause that these percentages are low. Air Force continues to reconcile and track data from its personnel s ystems versus the DMDC-reported number of deployers to assure accurate reporting.

• The U.S. Air Force implemented a monthly installation QA meeting. This meeting is now an inspectable item in the 2008 Health Services Inspection guide.

	U.S. AIF	R FORCE 2	2008 DEPLC	OYMENT B	EALTH DA	ATA*		
Centralized Data	s1 <sup>1</sup> QUART	ER	2''dQUART	ER	3rdQUART	ER	4th QUART	ER
Criterion		%		%		%		%
Personneldeployed (DCAPES)	14,285		17,242		19,417		10,998	NIA
DD279S Pre-deployment assessment forms	11,781	82	14,034	81	16,310	84	9,173	83
Persom1eldeployed	15,885		19,361		19,441			
DD2796PDHA)	13,086	82	16,351	84	16,490	85	12,850	85
Personnel requiring reform l post PDHA	1,437	11	2,167	13	1,759	I	1,577	12
Individualscompleti ng referral post D02796	646	45	656	30	590	34	445	28
Numberof personnel renimed from deployment since March 2004	50,326	NIA	51,825	42,374	51,357	NIA	48,704	NIA
Numberof perso,uiel completed D02900(PDHRA)	42,720	85	42,374	82	42,473	83	42,802	86
Pre-Deployment Sera	10,022	70	9,642	73	14, 148	73	8,478	77
Post-DeploymentSera	12,603	79	14,09 5	73	13,714	71	10,169	67

\*Thetable above summarizes completion rates of key pre-and post deployment requirements for all ainnen identified in a deployment status for duration of 30 or more days during each reporting period.

#### S. MARINE CORPS

- The U.S. Marine Corps reported that the following annual data on the Marine Corps Deployment Health Assessment Quality Assurance (DHA QA) programs were obtained from AFHSC, the U.S. Marine Corps Operational Data Store Entrise, and MRRS. The following chart is an annual comparison of the noted reporting systems.
- The U.S. Marine Corps reported throughout the year that there were discrepancies between number deployed and number of DD 2795s. A few data discrepancies may be explained in part by unanticipated extensions of short deployments beyond 30 days.
- The U.S. Marine Corps also identified that MRRS list where the Marine is officially assigned as opposed to a temporary assignment does not currently result in a MRRS notation or change resulting in personnel remaining listed in their parent unit. In the report below, the U.S. Marine Corps combined the entire Corps.

- The U.S. Marin Corps i: rl'p )rl ing that "Referrals completed" do not capture referral if um.:ntl y comp let d in a Battalion Aid Station without access to ILJ (the II ilit ry's electronic health record), a chaplain's office or 110 11-11 l'.di , ii oun eling such as Military One Source and the U.S. 1 rine Crnp, ommunity Services. One recommendati on that the .S. Ihrine orps has made to the AFHSC QA report is to add a quest ion to th D 2900 to ask the member if referrals from the DD '2796. if any., ere completed.
- Negative number for re tTals on the hart below indicate that the U.S. Marine Corps data urcc i:-itia• ·ura te for QA purposes, perhaps because of the way th ' :.:t · III caplur required data. There fore, for future reports, the U. . hrir (\ rp plans to use the AFHSC report because the AFH i tht: dntu t\:po. itory.
- The U.S. Marine Corp D r lo m1.:nt Health Assessment Quality Assurance (DHA QA) prog ram ol tain d and compared data from the operation and medic al n.:prtin!l. stem for the 4th qualter 2008. The results received are r p rt clbeln v:

Criterion Tracked	ruwl ro. 111	∐'MC Datum Source	Reported by AFHSC
Pre-deployment Data			
DD 2795 to AFHSC	l 'n,1∖:.111.1hk∙	MRRS	4511
Total deployed	1.d 0	ODSE	Not reported
Post-deployment Data			
Total returned from deployment	10.(116	ODSE	6,522
DD2796 to AFHSC	15,584**	AFHSC	4,859
Sera obtained	15,782**	AFHSC	5,318
Referral indicated	-,1	AFHSC	676
Referral completed	J9 I I	AFHSC	323
PDHRA Data			
90-180 days since redeploy	3.95-1	MRRS	Not reported
DD2900 completed	h-1 I,.	AFHSC	358***

Unavailable=:=data lost, not retrievable from utL..:

•Includes those currently deployed plu tho e dl·p ll1vnla tth, · li.:ginn ing of the period and having returned during reporting perjod

\*\*Calculated arithmetically from reports (Po·t-tk phurum\_null111lmie · and DD 2900 reports) provided by AFHSC.

••• Does not include "catch up, i.e., 0 02 no .:11111pk lcd .d lcr due date.

#### ARMED FORCES HEALTH SURV IL AN CE. TEM REPORTING

During CY 2008, the DoD perio drcall re il'.wcd the questions and associated data . collection and analysis processes to en ur llm the 1ue tionnaires were meeting the DoD force health protection goal of maintain.in a fit nd healthy force. AFHSC provided deployment health assessment data week l 10 the FI IPQ program. The following article titled, "Update: Deployment Health . s-.t: smcnl. U.S. Armed Forces, December

2008," provides the total number of ubmill! d tlcpl ment health assessments and reassessment fonns and Service mem bl:r'iSLII'-rq1 rte d concerns. Unlike compliance reporting that only includes forms tha tarl' rl' -c1 l'U ithin a certain timeframe; the following charts and analysis include all r port :-rl'ct:i d during January-December 2008.

#### Update: Deployment Health Assessments, U.S. Armed Forces, January 2009

he force heah:h protection scracegy of rhe U.S. Armed Forces is designed ro dep by healthy, lie, and medically ready forces, to nunimize illnesses and injuries during deployments, and to evaluate and rreat physical and psycho logical problems (and deploym ent -related health concerns) following deploym cnr.

In 1998, rhe Department of Defense initiated health assessments of all deployers prior coand after serving in major o perati ons outside of the Uniced Scares.1 In Ma rch 2005, rhe Pose-D eployment Health Reassessme nt (PDH RA) program was begun co identify and respond co health concerns chat persisted unr il or emerged wirhin th ree co six months after ret urning from dep loyment?

This report summarizes responses to selected quest ions on dep loyment health assessment s completed since 2003. In addition, it documents che naruresand frequenciesof changes in responses from pre-deploym ent co pose-dep loyment.

#### Mehods

Go mp leted deployment healch assessment forms are crans mi cced co che Arme d Forces Healch Su rveillan ce Center (AF HSC) where they a rc incorporated into the Defense Medical Su rveillan ce Syste m (DMSS).' In che DMSS, daca recorded on health assessment forms are integrated tvith data char document demographic and milita ry charac-cer isc ics and med ical encounters (e.g. hosp it a lizat ions, ambulatory visit s) at hxed mili tary and ocher (cont racted care) medical facilities of the Mi litary Health System. For cllis analysis, DMSS was searched to identify a ll pre (DD2 795) and post (DD2 796) deployment health assessment forms completed since 1 Januar y 2003 and all pose-deployment healch reassessment ( DD2900) forms completed si nce 1 August 2005.

#### Results

During the 12-month period from Februar y 2008 co Jan ua ry 2009, there were 400,458 pre-deployment health assessments, 360,500 post-dep loy ment hca lch assessments, and 306,829 pose-deployment hea[ch reass essme nts comp leted ac field sires, forwarded co the Armed Forces Health Sur ve illance Center, and archi ved in the Defen se Med ical Surveillance System **Trable 1**).

BetweenJan uary 2003 and January 2009, chere were peaks and trough s in che numb ers of pre-dep loym ent a nd postdeployment hea lt h assessments char general l y corrc9ponded co rimesof departure and return oflarge numbe rsof de ployers (Figure 1). Since Ap ri 12006, rhe number s of pose-deployment health reassessments (PDHRA) completed per month have Auccuaced in a range between app ro xim ate ly 16,000 a nd 36,000 (Figure 1, Table 1).

From Janua ry to December 2008, nea rly th ree-fourth s (72 .8%) of deploy ers raced che i r "heal th in gener al" as "excellent" or "very good" during pre-dep loym ent heal th assessments. Sma Uer proportions of returned deploy ers raced their heal hh as "u ceUenc" or "very good" during pose deployment assess ments (58.5%) and pose-deployment t

reassessments (53.9%). There were i ncreases in the proportions of deployers who raced their health *as* "fair" or "poor" from pre-deployment co pose-deployment and from

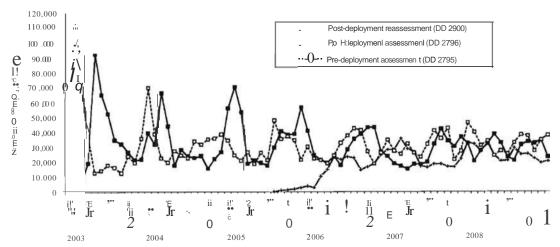


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, February 2003-January 2009

Sourc e: Medical Surveillance Monthly Report, January 2009

#### Table 1 . Deployment-idated health assas.sment forms, bymonth, U.S. Arrred Forces, February 2008-Janua ry 2009

	Pre-d9plo annlff D027	ÍMII	Potl-deplo ftlftlff DD27	'Ìlnl	too.llor,nent remn11111101 DD'2900			
	No.	%	No.	%	No.	%		
Total	400,458	100	360,500	100	306,829	100		
2008					_			
Febtusry	40,883	10.2	21,033	5.8	32,719	10.7		
Merch	31,788	7.9	28,246	7.8	27,768	9.0		
April	34,870	8.7	33,196	9.2	33.658	11.0		
Мау	24.786	6.2	39.513	11.0	25.001	8.1		
June	28,093	7.0	33,687	9.3	21,062	6.9		
July	26.074	6.5	23,885	6.6	21.323	6.9		
August	33,715	8.4	21.386	5.9	29.921	9.8		
September	39,164	9.8	32,374	9.0	25.663	8.4		
October	38,437	9.6	34.335	9.5	25,949	8.5		
November	28,091	7.0	33,329	9.2	22,867	7.5		
December	35.749	8.9	35,565	9.9	19.927	6.5		
2009								
Janua,y	38,808	9.7	23.951	6.6	20,971	6.8		

immed iate posc-dcploymcnr  $\infty$  3,6 monchs afccr returning. For example, prior  $\infty$  dep loying. less chan o ne of 40 (2.6%) dcployers rated their health as "fair" or "poor "; upon returning from deployment, one of 14 (8.5%) deployers raced their health as "fair" or "poor"; and 3-6 months after returning. one of 7 (13.3%) deployers raced cheir healch as "fair" or "poor" (Figure 2).

In rhe pasc 12 months, the proportion of deployers who assessed their genera I health as "fa ir" or "poor" was consistently low before deployment (mean, by month : 2.6%), higher ar recurn from deploymem (mea n, by monch: 8.3%), and highest 3-6 months after return From deploym ent (mean, by month: 13.0%) (Flgu,e 3). There was relatively little variabilicy in che proportions of deployers who raced the ir heakh as"fair" or "poor" on pre-deployment and post• deployment reassessment ques tio nnaires (Flgu,e 3). However che prop on ions of deploy ers who rared the ir healch as "fair" o r "poor" on chc post-deploymenc quescionnaire generally increased du ring the year from less then 6% in February 2008 co nearly 11% in Novem be r 2008 (Figure 1). Of dcployers who compleced health assess ments both prior co and 3-6 months after returning horn deplo yment, nearly one of 6 (15.6%) indicated sig nificam declines (i.e., change of 2 or more caccgories on a 5-cacegory scale,) n their perceived general healch sraces between che assessmencs (Figure 4).

In ge nera l, on pose -deplo ym ent assessmencs and reassessmencs, deployers in the Arm)' and in Reserve compone ncs were more likely chan th ei r respecti ve counterparts to report health and exposure-relaced concerns. Among Reserve component members of the *Army* and Marine Corps, healch and exposure -r elat ed concerns and in dications for referrals were much greate r 3-6 months afcer recurn from deployment (DD2900) rhan ac rhe cime of rcwrn deploy ment (DD2796). Of note, at the rime of return, act ive componenc soldiers were che mosc likely of all deployers co receive mental healrh referrals; however, 3-6 monchs afcer returning. Reserve component members of the *Army* and

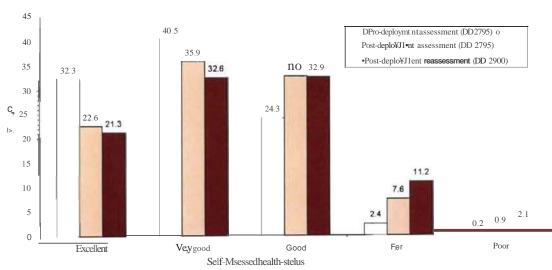
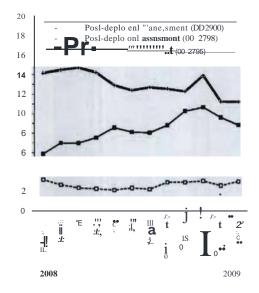


Figure 2. Percent distributions of sen-assessed health stahls as reported on deployment health assessment forms, U.S. Armed Forces, February 2008-January 2009

Source: Medical Surveillance Monthly Report, January 2009

Figure 3. Proportion of deployment health assessment forms with selt-a ssessed health status as "fair" or "po or", U.S. Armed Forces, February 2008-January 2009



Marine Corps were the most likely of all dcployers to receive mental hcalch referrals (Table 2, Figures 5,6).

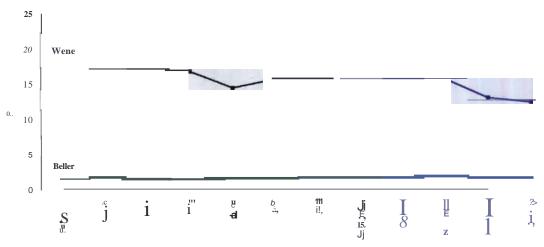
Finally, in general, soldiers and Reserve component members were more likely cli.,n rheir rcspcccivc councerpnn s to report: 'exposu re concerns; and both acrivc and Reserve component members were more likely con:port u posurconcerns" 3-6 mon th afu:r compared to the cime of return from deployment f1llble 2, A gins 6,7),

#### Eihtonal comment

A consistent Intllllll of dcploj'mcnt•rclau,d h"-l ld, assessments is chm Jrployers rate rheir gen ral he;h.l, worse when the y rctun1 from dcplol•menr c o m d (\*> before deploying. regardle of the Servm: or compo rum c. Deploymems are inhmntly physially and p h to ically demanding; and there ire more .u,d m rc si rulicant threats coche physical i.ind mr.m Ihe.ilrh of 11uv1ce membrr, when they are conducringcomb.u oper tiom w.iy from che,r familieg in hoseile environments compan:J to when rvin g . 1 their permanent duty suL1, is (:u:uvr mJ10nenL) or whrn living in their civil i.in communitie (Reserv componet1t).

Another conmc cnc lindm, of deployment•l'tLm:d b.:a ltl, surveillance is ch11. rs a group, rttumed serv,cc me,nbe,-... rare their general h Ith worse and arc mort likely Lo, report exposure concern 3-6 moruru .ifter reruming m deployment com pared 1 chc time f ,uurn. ymptam.., of post dcp b ymn.n Wrt disorder (PTSD) !!1Ilf rm rgr or worsen within several months Rfur II life threatenin experience (such miliw.ry rvic-c in i ar **:bonc**). PT D among U.S. veceran of rombat ducy in fr:aq ha l>u n associated with higher r cc of pht-icJIhealth problems tirr return from deployment.' Am nBritish vetarans of thef r.1q wa r, Reservists reponed more "ill health wn th ,r etiv c count crpan s. Role trnum, ltic ex1 ricnces. and umt colr MM while deployed were as i.u-d with medi 1 utcom I afu-r

Figure 4. Proportion of service members whose self-assessed health status improved i better") or declined ("worsej (by 2 or more categories on 5-category scale) from pre-deployment to reassessment, by month, U S Armed Forces, February 2008-January 2009

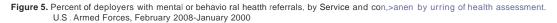


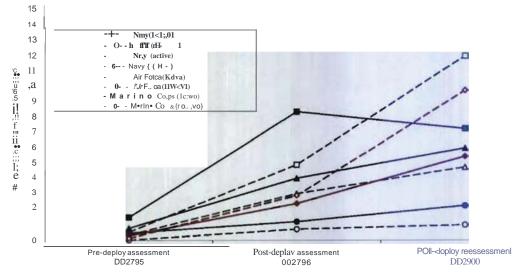
Source: Medical Surveillance Monthly Report, January 2009

#### Table 2. Percentage of service members 'Nho endorsed selected questions/Jeceived referrals on lleath assessmen forms, U.S. Armed Forces. February 2008-January 2009

		777777			Navy			//lit FOl	ce	N	lannaCo	rps	MM	Cem	IH
	Pr• doplOy D02795	Pr>sl- dopIOJ DD27111	DD2800	Pr• doplay D02795	Po,a. doplay- 0027911	D02800	р,. с1ор DD2795	P.oet d O p 0027911	I{ D02100 (		dll>iv1 D027111 D	<b>D2  00</b> D(	dlplor 071'95 00	Pa.o, depc>1F 027811 DD	₹u 2290Č
ACCIw component	1.M.11	1112011 %	rll  %	1t.114	111 <sup>f11</sup> %	u∙ <sup>∙</sup> %	111.•	11.Že1 %	so.711 %	10 <sup>rF</sup>	⊃ n• 21 :,a, 'II,	•0.1.u 'II,	:;i.a.112 'II,	211,21,1 9•	3e:
e n i I heath "fair" "poor" <sub>0</sub> Heehh cai cems, not wCthd injury Heellh wase nONlhen bela"e deployed Exposure concems PTSO sy111)1oms (2 or ma"e) Depression o m s (any) Referral Incicated by p, <mder (any)<br="">Mentel health referral Indicated" Medea/ visit IIIIIO#ilg rele!Talf</mder>	4.3 12.5	10.7 24.9 6.5 19.6 12.1 9.2 32.9 8.4 98.1	16.5 33.3 284 24.3 17.6 37.5 24.0 7.3 97.1	1.5 4.7 ne na ne na 5.6 0.8	4.6 13.9 0.8 14,5 4.7 1.3 22.0 4.1 76.0	6.6 16.1 14.1 15.0 7.9 26.0 16.7 6.0 92 5	0.5 1,8 no <b>na</b> na 1.5 0.5	3.4 73 1.9 10.3 2.7 2.0 11.7 1.2 94.7	12.9 94 158 3.1 55 8.3 2.3 96.6	1.9 3 5 na RD na <b>ne</b> 43 0.3 670	<b>5.9</b> 129,0 10.3 43 2.2 201 24 893	<b>96</b> 231 19.3 19.8 10.2 329 253 55 73.3	30 86 RI na n1 , 1 0.9	78 181 4.1 156 81 ■ 58 <sup>25</sup> 54 930	118 255 214 209 122 20 I 30 7 H 90
	90.4	90. I	97.1	90.0	70.0		0.0	01.7					0.2		
······	90.4	,nrr,	97.1	90.0	Navy		0.0	//////////////////////////////////////		1.1.1	1111n•Co			ca mn	
	doplay	,nrr,		4	Navy		dopev	///w_on: dopor	е	doplay	doplov	J:15	All		nnbeu ■
11-rw cmnponn	doplay	,nrr, doploy 002798		4	Navy	<b>,</b>	dopey 002795	///w_on: dopor	e D02800	doplay	doplov	J:15	All dopjoy		nnbeu
	doplay 0027i5 87,711	,nrr, doploy 002798 II0.870	D02800 71,214	<b>1.</b> 002lti6 ∎ <b>3,I:ïMI</b>	Navy bjJlay 002798 UIO	OD2800 4.731	dopey 002795 tl,11:S	dopor 0027911 1,	e D02800 1',D'OS	doplay 002795 2.1 <sup>'''</sup>	doploy 0021111 I S U7	J:15 D02900 0 1116.	All dopjoy 07795 [ ft]'	camm dopi. DD27 DC n1111 1	nnbeu 7,16 <sup>11</sup>
11-rw cmnponn	doplay 0027i5 87,711 %	<b>doploy</b> 002798 II0.870 %	D02800 71,214 %	1. 002lti6 3,I:MI %	Navy bjJlay 002798 UIO II	OD2800 4.731	dopey 002795 tl, 11:S 11	dopor 0027911 1,	e D02800 1',D'OS	doplay 002795 2.13'	doploy 0021111 I S U7 %	J:15 D02900 0 1116.	All dopjoy 07795 [ ftl'	dopi. DD27 DC n1111 1 %	7,16 <sup>11</sup> %
1 1 - r w cmnponn Generallieatth :fair" "poor"	doplay 0027i5 87,711 % 2.1 13,1	, <b>nrr</b> , doploy 002798 II0.870 % 10.8	D02800 71, <sup>214</sup> % 19.3	1 002lti6 3,I:MI % 0.5	Navy bjJlay 002798 UIO 11 7.9	OD2800 4.731 11 9.5	dopey 002795 tl, fl:S 11 0.3	//////////////////////////////////////	e D02800 1',D'OS 1' <b>U</b>	doplay 002795 2.13' 11 08	doploy 0021111 I S U7 % 85	J:15 D02900 0 1116. 11 9 7	All dopjoy 07795 [ fil' , 7		7,16 <sup>11</sup> % 156
11-rw cmnponn Generallieatth :fair" "poor" Helltil ooncems. not wound a Injury Hæ/111wase nONthen befae deployed Exposure ooncems	doplay 0027i5 87,711 % 2.1 13,1	doploy 002798 II0.870 % 10.8 36.8 12.7 25.4	D02800 71 <sup>f,1</sup> 214 % 19.3 51.2 37.6 36.3	1. 002lti6 <b>3,EMI</b> % 0.5 3 1	Navy 002798 UIO 11 7.9 27.2 3.4 34.2	OD2800 4.731 11 9.5 30.9 23.1 27.7	dopey 002795 tl, II:S 11 0.3 0.9	dopor 0027911 1,	e D02800 1',D'OS 11 13.7 101 205	doplay 002795 2.1 <sup>'''</sup> 11 08 2.9	1111n Co doploy 0021111 1 8 U7 % 85 241 2.9 191	J:15 D02900 0 i116. i1 97 359 247 290	All dopjoy 07795 I fil' , 7 10.	dopi. D27 D0 n1111 1 % 94 31 3	7,1611 % 156 425 31 326
11 - r w cmnponn Generallleafth :fair" "poor" Helltll ooncerns. not wound a Injury Hær/11wase nONthen befae deployed Exposure ooncerns PTSO symptoms (2 a mQ(e)	doplay 0027i5 87,711 % 2.1 13,1 na	<b>doploy</b> 002798 10.870 % 10.8 36.8 12.7 25.4 11.3	D02800 71, <sup>1</sup> /214 % 19.3 51.2 37.6 36.3 25.0	1. 002lti6 % 0.5 3.1 na	Navy bjIlay 002798 UIO 11 7.9 27.2 3.4 34.2 5.1	OD2800 4.731 9.5 30.9 23.1 27.7 112	dopey 002795 tl,III:S 11 0.3 0.9 na	dopor 0027911 1,112 % 4,4 11.6 2.6 15.7 20	e D02800 1',DOS 11 13.7 101 205 26	doplay 002795 2.13' 11 08 2.9 na	doploy 00211111 S U7 % 85 241 2.9 191 47	J:15 D02900 0 i116. i1 97 359 247 290 13.9	All dopjoy 07795 I ftl' ,7 10. n1	d o p i . DD27 DC n1111 1 % 94 31 3 99 239 90	7,16]1 % 156 425 31 32 6 195
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Source: Medical Surveillance Monthly Report, January 2009

### Figure 6. Ratio of percents of deployers Who endorse selected questions. Reserve vers us active component, on pre-de ployment health assessments (D0 2795) and post-deployment health reassessments (D02900),

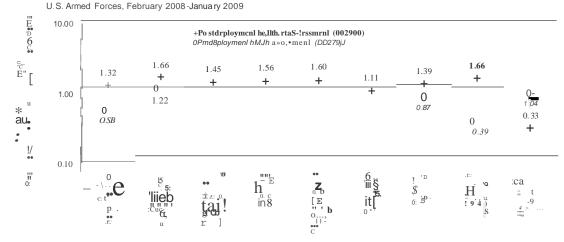
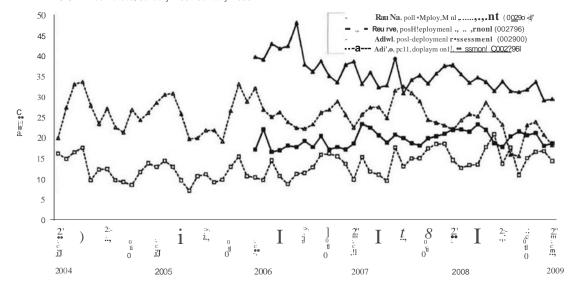


Figure 7. Proporbon of service members Who endorse e posure concerns on post-deployment health assessments, U.S. Armed Forces, January 2004-January 2009



ret ur ning; however, PTSD symptoms were more associated with problem s at home (e.g., ,cin tegracion i nto fami ly. work , and orher aspects of  $\Omega_{JV}$  ian He) rhan with events in Ir as

References

I.Undersecre tary of Defense for Personnel end Readiness. Department or Defense Instruction (CODI) No. 6490.3, subject: DepIO)ment health, dated 11 August 2006. Washw,gton. DC. 2. Assistant Secretary of **Defense** (Health Affairs). Mema andum lor lhe Assistant Secretaries of Ihe Army (M&RA), Navy (M&RA). and Air Force (M&RA). subject: Post-deptO)ment health reassessme nt (HA policy: 05-011), dated 10 March 2005. Washington. DC. 3.Rubertone MV, Brundage JF. The Defense Med ical Surveillance System and the Department of Defense serum repositcy : glimpses or lhe fulure of pubi c health surveillance . *Am JPublic Health*, 2002 De: 92(12):1900-4.

4.Hoge CW. Terhekoplan A. CastrQ CA. Messer SC, Engel CC Associat i of posit raumatic stress clisorder with somatic symptoms. health care visits. and absenteeism among Iraq war veteran s. *AmJ Psyc hiatry* 2007 Jen, 164(1):150-3

5.Browne T.Hull L. Hom 0, et el. Explanaloo ns for the Increaso in mental heath problems "nUK reserve rorces who have served in Iraq. Br J Psyc hiatry. 2007 Jun:190:484- 489.

#### Source: Medical Surveillance Monthly Report, January 2009

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hexavalent chromium and comprehensive medical e"<nmillatlt>11,,, LIL' accomplished to include whole blood chromium tc:,b\_011 thL'1 \ personnel who were assigned at that locatio n. OnJy 111iHer: tL-111pur:11 health effects, such as bloody noses, were idenlifie<1 in :-nntL' individuals. These minor effects could not be dirc1.:11'. att1ihull'd 11, chromium exposures because acute effects u uall y requrrL'c,pt,...u1L",11 much higher levels over longer duration sthan existed at thL'<)m11.11.\li facility. It was more likel y that these minor health cflcct, "1..'tL rL-inL'atL'd to existing mectical conditions or exposures Lodesc,t hL'al., and du-;t. and wind. Because the duration of the possible cxpo u1\';, \\, 1,, L'n short, the overall risk for occuJTence of long-term hcallh cl1ixh ,...i,

considered negligible. The other factor considered "hennal ullill!!!the possible for any long-term health effects was the abellizer, cl |u| levels of chromium found in the blood of the exposed SL'n1u: 111L1tlbLl, Extensive environmental monitoring and the health e xallililitilli including *blood* chromium levels, indicated no signi licarll L/pu...111L" 10 hexavalent chromium. The Defense Health Board upon 1hc1r1ull 1L,tl' of the environmental monito ring and medical cxami nalHHh n:....11h validated the findings and conclusions of the U.S. Army i>rl', L'lltl\L' Medicine team. Following 2008 Congressional hearing: 111dllll'd 1.1 reports pertaining to allegat ions raised by KBR employl'L'., th.11 thl'i1 parent company did not adequate ly protect them from c pu,urL' 111 tile sod ium who were previous ly assigned to the Qannat \ llfocilit . along with their corresponding State's National Guard Ikadqu.1111:1, (Indiana, West Virgin ia, South Carolina, Oregon). In LL'2tHI tlL DoD's Health Board reviewed the Army's environml'nt im e, 11.111111 and medical response and concluded that the "field im c ,i a tiolly, completed in an exemplary fashion and lhal its conclu...101h. recommendations, and interventions were sound and appwpri.itl'...

#### FORCE HEALTH PROTECTION QA PROGRAM SUMMAR,

In 2008, the Services and the FHP&R QA program agreed lo addn;-:;, d11;1 111L 111y and operational issues related to identifying deployment rosters. Vcrilkat1011 Of deployment rosters between the Services systems, AFHSC. and DM DC is 11c:L.,-.;;iry duL' to a policy change in Department of Defense Instruct ion (Do D1), 6490.03. ..1kpli1,111L 111 Health" that no longer mandates health assessments for certain routine opcrat11111'. I IIL' Services, AFHSC, DMDC and additional agenc ies continue to coord111atL' thi...d l'u1 t

The FHPQA program through activities and visits will contimilito -;,L'L'k.ind evaluate potential measures as guided by the FHPC.



#### OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE WASHINGTON, DC 20301.1200

#### HEALTH AFFAIRS

ALG24 200

The Honorable David R. Obey Chairman, Committee on Appropriations U.S. House of Representatives Washington, DC 20515

Dear Mr. Chairman:

Enclosed is the annual report to Congress on the Department of Defense (DoD) Force Health Protection Quality Assurance program, as required by Section 739 of the National Defense Authorization Act for Fiscal Year 2005.

This report addresses specific quality assurance activities during Calendar Year 2008, including deployment health quality assurance visits to military installations, review of more than 400 deployment medical records of Service members who have returned from deployment, information maintained in the central DoD database, and the Services' force health protection measures. In addition, it provides information on compliance in recording health assessment data in military personnel records, as required by Section 739.

The Department is committed to providing the highest quality of care before, during, and after deployment for our Service members and their families. Our quality assurance programs are key contributors and validate that level of accomplishment.

Thank you for your continued support of the Military Health System.

Sincerely,

## f

Ellen P. Embrey Performing the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable Jerry Lewis Ranking Member



WASHINGTON, DC 20301  $\cdot\,1$  200

#### HEALTH AFFAIRS

The Honorable Daniel K. Inouye Chairman, Subcommittee on Defense Committee on Appropriations United States Senate Washington, DC 20510

AUG:242009

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Performing the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable Thad Cochran Vice Chairman



WASHINGTON, DC 20301-1200

#### HEALTH AFFAJRS

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Enclosure: As stated

cc: The Honorable Thad Cochran Vice Chairman

WASHINGTON, DC 20301.1200



HEALTH AFFAIRS

The Honorable Susan Davis Chairwoman, Subcommittee on Military Personnel Committee on Armed Services U.S. House of Representatives Washington, DC 20515

AUGt 4 2009

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Perfonning the Duties of the Assistant Secretary of Defense (Heallh Affairs)

Enclosure: As stated

cc: The Honorable Joe Wilson Ranking Member



#### OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE WASHINGTON. DC 20301.1200

#### HEALTH APPAIRS

ALG2 42009

The Honorable Ben Nelson Chairman, Subcorrunittee on Pers0IU1el Committee on Armed Services United States Senate Washington, DC 205 I 0

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Perfonning the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable Lindsey 0. Graham Ranking Member



WASHINGTON, DC 20301.1200

#### NIALTHMfl'NRI

ALGI 4 2009

The Honorable Carl Levin Chairman, Committee on Armed Services United States Senate Washington, DC 20510

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Sincerely,

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Performing the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable John McCain Ranking Member



AG242009

The Honorable Ike Skelton Chairman, Committee on Armed Services U.S. House of Representatives Washington, DC 20515

Dear Mr. Chairman:

Enclosed is the annual report to Congress on the Department of Defense (DoD) Force Health Protection Quality Assurance program, as required by Section 739 of the National Defense Authorization Act for Fiscal Year Z005.

This report addresses specific quality assurance activities during Calendar Year 2008, including deployment health quality assurance visits to military installations, review of more than 400 deployment medical records of Service members who have returned from deployment, information maintained in the central DoD database, and the Services' force health protection measures. In addition, it provides information on compliance in recording health assessment data in military personnel records, as required by Section 739.

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Thank you for your continued support of the Military Health System.

Sincerely,

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Performing the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable Howard P. "Buck" McKean Ranking Member



#### OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE WASHINGTON, DC 20301•1200

HEALTH AFFAIRS

AUG! 4 2009

The Honorable John **P.** Murtha Chairman, Subcommittee on Defense Corrunittee on Appropriations U.S. House of Representatives Washington, DC 20515

Dear Mr. Chairman:

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Thank you for your continued support of the Military Health System.

Sincerely,

- P.

Ellen **P.** Embrey Performing the Duties of the Assistant Secretary of Defense (Health Affairs)

Enclosure: As stated

cc: The Honorable C. W. Bill Young Ranking Member