

Benefit Title	Category	Retiree Benefit	Medical Retiree Benefit	Separatee Benefit	Medical Separatee Benefit	Description*	Source
Servicemembers Civil Relief Act (SCRA)	Service Member Services	●	●	●	●	The SCRA covers all Active Duty Service members, Reservists and the members of the National Guard while on Active Duty. The protection begins on the date of entering Active Duty and generally terminates within 30 to 90 days after the date of discharge from Active Duty.	<p>“Service Members Civil Relief Act,” U.S. Department of Defense, accessed May 25, 2017, http://militarypay.defense.gov/Benefits/Servicemembers-Civil-Relief-Act/</p> <p>“SCRA: Service members Civil Relief Act Overview,” accessed May 25, 2017, (http://www.military.com/benefits/military-legal-matters/scra/servicemembers-civil-relief-act-overview.html).</p>
Space-A Travel/MAC	Service Member Services	●	●			Space-Available Transportation. Authority granted to the Secretary of Defense to allow space on DoD assets to be used for the transportation of personnel (uniformed Service members, Retirees, National Guardsmen and Reservists (with restrictions), and family members) after space-required passengers and cargo have been accommodated.	“Air Transportation Eligibility,” Department of Defense Instruction 4515.13, http://www.dtic.mil/whs/directives/corres/pdf/451513p.pdf .
Unemployment Compensation (UCX)	Service Member Services	●	●	●	●	The UCX Program provides unemployment insurance protection to ex-service members of all ranks who served on Active Duty, separated under honorable conditions, in the Armed Forces of the United States.	“Unemployment Compensation,” U.S. Department of Defense, accessed May 25, 2017, http://militarypay.defense.gov/Benefits/Unemployment-Compensation/ .

*Refer to the source for specific eligibility criteria for each benefit.

Benefit Title	Category	Retiree Benefit	Medical Retiree Benefit	Separatee Benefit	Medical Separatee Benefit	Description*	Source
Relocation Assistance	Transitioning & Retirement	●	●	●	●	A member leaving Active Duty is authorized travel and transportation allowances to a home selected by the member or their home of record from the last Permanent Duty Stations.	“THE JOINT TRAVEL REGULATIONS (JTR),” accessed June 1, 2017, https://www.defensetravel.dod.mil/Docs/perdiem/JTR.pdf .
Temporary Disabled Retired List (TDRL)	Transitioning & Retirement	●	●			If a Service member is found unfit to perform his/her duties because of a disability that may not be permanent, he/she may be placed on the TDRL. His/her retired pay will be computed using his/her disability percentage or years of active services, whichever is more beneficial to the Service member.	“Disability Retirement,” Defense Finance and Accounting Service, accessed May 25, 2017, https://www.dfas.mil/retiredmilitary/disability/disability.html .
Thrift Savings Plan (TSP)	Transitioning & Retirement	●	●	●	●	The TSP is a Federal Government-sponsored retirement savings and investment plan which offers the same type of savings and tax benefits that many private corporations offer their employees under 401K plans. Contributions are no longer an option upon retirement/separation.	“Thrift Savings Plan,” U.S. Department of Defense, accessed May 25, 2017, http://militarypay.defense.gov/Benefits/Thrift-Savings-Plan/ .
Transition Assistance Program (TAP)	Transitioning & Retirement	●	●	●	●	The TAP provides information, tools, and training to ensure Service members and their spouses are prepared for the next step in civilian life whether pursuing additional education, finding a job in the public or private sector, or starting their own business.	“DoD Transition Assistance Program,” U.S. Department of Defense, access May 25, 2017, https://www.dodtap.mil/index.html .

*Refer to the source for specific eligibility criteria for each benefit.

Appendix D: Applying for Board for Correction of Military Records/Board for Correction of Naval Records

Veterans who desire relief should complete the application form, DD Form 149 (<http://www.esd.whs.mil/Portals/54/Documents/DD/forms/dd/dd0149.pdf>) and send it to their Service's BCMR/BCNR (the address is on the form).

Veterans seeking a disability rating based on a change in law or policy should cite the policy change, submit appropriate supporting documentation, and articulate how the Veteran would qualify for a medical retirement under current policy. There are three keys to successful applications for upgrade or correction. First, it is critical to explain why the Veteran's discharge or other record was unjust or erroneous, i.e., how it is connected to, or resulted from unjust policies, a physical or mental health condition incurred or aggravated in the line of duty, or some other explainable or justifiable circumstance. Second, it is important to provide support, where applicable, for key facts. If a Veteran has a relevant medical diagnosis, it would be very helpful to include medical records that reflect that diagnosis. Third, it is helpful, but not always required, to submit copies of the Veteran's applicable service records. The more information provided, the better the boards can understand the circumstances of the discharge.

Personnel records for Veterans who served after 1997 are accessible online and are retrievable through the Defense Personnel Records Information Retrieval System (DPRIS) website at <https://www.dpris.dod.mil/>. Those who served prior to 1997 or for whom electronic records are not available from DPRIS must request their records from the National Personnel Records Center using the eVetRecs website at: <http://www.archives.gov/veterans/military-service-records/>.

Veterans may look to their specific Military Departments for additional information or assistance:

Air Force BCMR:

Website: <http://www.afpc.af.mil/board-for-correction-of-military-records>
Phone: 240-612-5379
E-mail: usaf.pentagon.saf-mr.mbx.saf-mrbc@mail.mil

Army BCMR:

Website: <http://arba.army.pentagon.mil/>
E-mail: army.arbainquiry@mail.mil

Navy BCNR:

Website: <http://www.secnav.navy.mil/mra/bcncr/Pages/home.aspx>
Phone: 703-607-6111
E-mail: BCNR_Application@navy.mil