



PERSONNEL AND
READINESS

UNDER SECRETARY OF DEFENSE
4000 DEFENSE PENTAGON
WASHINGTON, D.C. 20301-4000

The Honorable Richard C. Shelby
Chairman
Committee on Appropriations
United States Senate
Washington, DC 20510

DEC - 8 2020

Dear Mr. Chairman:

The enclosed report is in response to House Report 116-84, page 313, accompanying H.R. 2968, the Department of Defense (DoD) Appropriations Act, 2020, on Creative Arts Therapies.

This report summarizes the Department's funding in support of available options for Creative Arts Therapies at the National Intrepid Center of Excellence and 10 Intrepid Spirit Centers. The DoD appreciates the value of Creative Arts Therapies as complementary care for Service members, and remains dedicated to fostering and sustaining collaborations with clinical and research partners in the area of emerging interventions for the treatment of traumatic brain injury and posttraumatic stress disorder.

Thank you for your continued strong support for our Service members and families. An identical letter is being sent to the House Committee on Appropriations.

Sincerely,

//SIGNED//

Matthew P. Donovan

Enclosure:
As stated



PERSONNEL AND
READINESS

UNDER SECRETARY OF DEFENSE
4000 DEFENSE PENTAGON
WASHINGTON, D.C. 20301-4000

The Honorable Patrick J. Leahy
Vice Chairman
Committee on Appropriations
United States Senate
Washington, DC 20510

DEC - 8 2020

Dear Senator Leahy:

The enclosed report is in response to House Report 116-84, page 313, accompanying H.R. 2968, the Department of Defense (DoD) Appropriations Act, 2020, on Creative Arts Therapies.

This report summarizes the Department's funding in support of available options for Creative Arts Therapies at the National Intrepid Center of Excellence and 10 Intrepid Spirit Centers. The DoD appreciates the value of Creative Arts Therapies as complementary care for Service members, and remains dedicated to fostering and sustaining collaborations with clinical and research partners in the area of emerging interventions for the treatment of traumatic brain injury and posttraumatic stress disorder.

Thank you for your continued strong support for our Service members and families. An identical letter is being sent to the House Committee on Appropriations.

Sincerely,

//SIGNED//

Matthew P. Donovan

Enclosure:
As stated



PERSONNEL AND
READINESS

UNDER SECRETARY OF DEFENSE
4000 DEFENSE PENTAGON
WASHINGTON, D.C. 20301-4000

DEC - 8 2020

The Honorable Nita M. Lowey
Chairwoman
Committee on Appropriations
U.S. House of Representatives
Washington, DC 20515

Dear Madam Chairwoman:

The enclosed report is in response to House Report 116-84, page 313, accompanying H.R. 2968, the Department of Defense (DoD) Appropriations Act, 2020, on Creative Arts Therapies.

This report summarizes the Department's funding in support of available options for Creative Arts Therapies at the National Intrepid Center of Excellence and 10 Intrepid Spirit Centers. The DoD appreciates the value of Creative Arts Therapies as complementary care for Service members, and remains dedicated to fostering and sustaining collaborations with clinical and research partners in the area of emerging interventions for the treatment of traumatic brain injury and posttraumatic stress disorder.

Thank you for your continued strong support for our Service members and families. An identical letter is being sent to the Senate Committee on Appropriations.

Sincerely,

//SIGNED//

Matthew P. Donovan

Enclosure:
As stated



PERSONNEL AND
READINESS

UNDER SECRETARY OF DEFENSE

4000 DEFENSE PENTAGON
WASHINGTON, D.C. 20301-4000

DEC - 8 2020

The Honorable Kay Granger
Ranking Member
Committee on Appropriations
U.S. House of Representatives
Washington, DC 20515

Dear Representative Granger:

The enclosed report is in response to House Report 116-84, page 313, accompanying H.R. 2968, the Department of Defense (DoD) Appropriations Act, 2020, on Creative Arts Therapies.

This report summarizes the Department's funding in support of available options for Creative Arts Therapies at the National Intrepid Center of Excellence and 10 Intrepid Spirit Centers. The DoD appreciates the value of Creative Arts Therapies as complementary care for Service members, and remains dedicated to fostering and sustaining collaborations with clinical and research partners in the area of emerging interventions for the treatment of traumatic brain injury and posttraumatic stress disorder.

Thank you for your continued strong support for our Service members and families. An identical letter is being sent to the Senate Committee on Appropriations.

Sincerely,

//SIGNED//

Matthew P. Donovan

Enclosure:
As stated

Report to the U.S. House and Senate Appropriations Committees



Creative Arts Therapies

December 2020

In Response To: House Report 116–84, Page 313, Accompanying H.R. 2968, the Department of Defense Appropriations Bill, 2020

The estimated cost of this report for the Department of Defense (DoD) is approximately \$7,800 for Fiscal Year 2020. This includes \$0.00 in expenses and \$7,800.00 in DoD labor.

Generated on 2020Aug12

RefID: 0-75B7FF0

TABLE OF CONTENTS

EXECUTIVE SUMMARY	3
BACKGROUND AND PURPOSE.....	3
RESULTS	4
Table 1. Summary of Creative Art Therapies Funding (by Site)*	4
CONCLUSION	4
APPENDIX.....	5

EXECUTIVE SUMMARY

This report is in response to House Report 116–84, page 313, accompanying H.R. 2968, the Department of Defense (DoD) Appropriations Act for Fiscal Year (FY) 2020. The House Appropriations Committee encourages the Assistant Secretary of Defense for Health Affairs (ASD(HA)) to continue Creative Arts Therapies programs at the National Intrepid Centers, and to continue collaborations with the Creative Forces initiative of the National Endowment for the Arts (Creative Forces NEA). This report summarizes the Department’s funding in support of available options for Creative Arts Therapies at the National Intrepid Center of Excellence (NICoE) and Intrepid Spirit Centers (ISCs).

BACKGROUND AND PURPOSE

House Report 116–84 supports the Department’s efforts to include Creative Arts Therapies as part of an interdisciplinary treatment model. The Committee recognizes that Creative Arts Therapies show potential in treating Service members with traumatic brain injury (TBI) and psychological health conditions, and encourages the ASD(HA) to continue Creative Arts Therapy programs at the National Intrepid Centers and collaborations with the Creative Forces NEA.

The Defense and Veterans Brain Injury Center reported 413,858 TBI cases in the military since 2000, of which the majority were classified as mild (82.8 percent). According to an analysis of 2017 DoD data using the average monthly population of Active Duty Service members, National Guard, and Reservists enrolled in TRICARE (1,471,915), the estimated prevalence rate of posttraumatic stress disorder (PTSD) diagnosis was 1.9 percent (28,288), while the incidence rate was 1.0 percent (16,189). Active Duty Service members are at increased risk of physical and psychological trauma that may result in TBI, PTSD, or both conditions. TBI involves an altered level of consciousness or disruption in cognitive functioning, memory loss, or neurological deficits. PTSD symptoms often overlap with TBI, causing anxiety, depression, cognitive deficits, irritability, and sleep disruptions. Among Veterans with positive TBI screens, 80 percent show comorbid psychiatric conditions. Up to half of Service members with combat-related TBIs meet the criteria for PTSD.

Creative Art Therapies are increasingly accepted forms of complementary and integrative care for Service members diagnosed with TBI and PTSD. The Creative Forces NEA Military Healing Arts Network is an initiative of the NEA in partnership with the DoD, Department of Veterans Affairs, and state and local arts agencies, which aims to improve the health, wellness, and quality of life for military and Veteran populations exposed to trauma through Creative Arts Therapies. The Creative Forces program has three components: clinical, community, and capacity. In the clinical setting, Creative Arts Therapists provide care through music, dance/movement, art, and creative writing to enable use of self-expression in treatments. In community-based settings, Creative Forces provides Creative Arts opportunities for Service members and Veterans. Creative Forces also invests in capacity-building efforts, including the development of toolkits, training materials, and other resources to support best practices in serving Service members and Veterans with TBI and PTSD. The purpose of this report is to provide information regarding the Department’s funding resources for Creative Arts Therapies in

the treatment of TBI and PTSD. The information below reflects input compiled from the Defense Health Agency (DHA), NICOE and 10 ISCs on key funding requirements for expansion of Creative Arts Therapies at individual sites. This funding information intends to inform enhancement and expansion of Creative Arts Therapies services across the Military Health System (MHS).

RESULTS

National Intrepid Center of Excellence and Intrepid Spirit Centers

The Department provided \$1,420,958 in funding for Creative Arts Therapy Programs in FY 2018 and \$1,525,104 in FY 2019, totaling \$2,946,062 in funding for art, music, dance, and creative writing therapies. This funding was for current levels of effort, positions, travel, budget, supplies, and equipment. Table 1 summarizes total funding in support of Creative Arts Therapies by site, while the Appendix provides detailed information for FY 2018 and FY 2019.

Table 1. Summary of Creative Art Therapies Funding (by Site)*		
	Funding FY 2018	Funding FY 2019
Blanchfield Army Community Hospital ISC, Fort Campbell, KY	\$92,232	\$94,309
Carl R. Darnall Army Medical Center ISC, Fort Hood, TX	\$202,000	\$204,000
Elgin Air Force Base Hospital ISC, Florida	\$169,031	\$171,537
Evans Army Community Hospital ISC, Fort Carson, CO	\$100,000	\$100,000
Madigan Army Medical Center ISC, Joint Base Lewis-McChord, WA	\$88,200	\$88,800
William Beaumont Army Medical Center ISC, Fort Bliss, TX	\$59,174	\$62,630
Womack Army Medical Center ISC, Fort Bragg, NC	\$75,585	\$94,147
Naval Hospital ISC, Camp Lejeune, NC	\$0	\$0
Naval Hospital ISC, Camp Pendleton, CA	\$0	\$140,000
Fort Belvoir Community Hospital ISC, VA	\$10,000	\$44,217
Walter Reed National Military Medical Center NICOE, Bethesda, MD	\$624,736	\$525,464
TOTAL FUNDING AMOUNT by FY	\$1,420,958	\$1,525,104
TOTAL FUNDING AMOUNT	\$2,946,062	

*Funding amounts captured as of the date of this report.

CONCLUSION

The DoD remains dedicated to fostering and sustaining collaborations with clinical and research partners in the area of emerging interventions for the treatment of TBI and PTSD. Current funding levels require evaluation for future efforts during the transition of the DHA. The DHA appreciates the value of Creative Arts Therapies as complementary care for Service members, and sees opportunity in the standardization of services provided throughout the MHS based on treatment outcomes for TBI and PTSD. As part of an ongoing assessment, the DHA continues to incorporate data-driven decisions to integrate emerging and new therapies for the optimal treatment of TBI and PTSD.

APPENDIX

Site	Response	Funding FY 2018	Funding FY 2019
Blanchfield Army Community Hospital ISC, Fort Campbell, KY	Creative Arts Therapy Levels of Effort		
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$92,232	\$94,309
	Annual Total	\$92,232	\$94,309
	TOTAL FUNDING AMOUNT		\$186,541
Site	Response		
Carl R. Darnall Army Medical Center ISC, Fort Hood, TX	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$86,000	\$92,000
	Creative Arts Supplies	\$6,000	\$10,000
	Music Therapist (1 FTE)	\$100,000	\$100,000
	Musical Equipment	\$10,000	\$2,000
	Annual Total	\$202,000	\$204,000
TOTAL FUNDING AMOUNT		\$406,000	
Site	Response		
Elgin Air Force Base Hospital ISC, Florida	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$83,550	\$84,394
	Creative Arts Supplies	\$20,000	\$21,000
	Music Therapist (1 FTE)	\$65,481	\$66,143
	Annual Total	\$169,031	\$171,537
	TOTAL FUNDING AMOUNT		\$340,568
Site	Response		
Evans Army Community Hospital ISC, Fort Carson, CO	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Music Therapist	\$100,000	\$100,000
	Annual Total	\$100,000	\$100,000
	TOTAL FUNDING AMOUNT		\$200,000

Site	Response	Funding FY 2018	Funding FY 2019
Madigan Army Medical Center ISC, Joint Base Lewis-McChord, WA	Creative Arts Therapy Levels of Effort		
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$87,000	\$87,000
	Creative Arts Supplies	\$1,200	\$1,800
	Annual Total	\$88,200	\$88,800
	TOTAL FUNDING AMOUNT		\$177,000
Site	Response		
William Beaumont Army Medical Center ISC, Fort Bliss, TX	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$59,174	\$62,630
	Annual Total	\$59,174	\$62,630
	TOTAL FUNDING AMOUNT		\$121,804
Site	Response		
Womack Army Medical Center ISC, Fort Bragg, NC	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$75,585	\$94,147
	Annual Total	\$75,585	\$94,147
	TOTAL FUNDING AMOUNT		\$169,732
Site	Response		
Naval Hospital ISC, Camp Lejeune, NC	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (0.7 FTE) NEA Contract	\$0	\$0
	Music Therapist (0.7 FTE) NEA Contract	\$0	\$0
	Annual Total	\$0	\$0
	TOTAL FUNDING AMOUNT		\$0
Site	Response		
Naval Hospital ISC, Camp Pendleton, CA	Creative Arts Therapy Levels of Effort	Funding FY 2018	Funding FY 2019
	Creative Arts Program Coordinator/Therapist (1 FTE)	\$0	\$100,000
	Creative Arts Supplies	\$0	\$10,000
	Musical Equipment	\$0	\$30,000
	Annual Total	\$0	\$140,000
TOTAL FUNDING AMOUNT		\$140,000	

Site	Response	Funding FY 2018	Funding FY 2019
Fort Belvoir Community Hospital ISC, VA	Creative Arts Therapy Levels of Effort		
	Creative Arts Supplies (research/workshops/presentation)	\$0	\$8,643
	Arts Program Manager (Admin support)	\$10,000	\$5,321
	Recreation Arts Patient Programs (Individual/group music and art)	\$0	\$28,091
	Recreational Arts Supplies (Community engagement/activity)	\$0	\$2,160
	Annual Total	\$10,000	\$44,217
	TOTAL FUNDING AMOUNT		\$54,217
Site	Response	Funding FY 2018	Funding FY 2019
Walter Reed National Military Medical Center NCoE, Bethesda, MD	Creative Arts Therapy Levels of Effort		
	Creative/Healing Arts Program Coordinator/Therapist	\$127,802	\$131,755
	Creative Arts Supplies	\$7,900	\$8,000
	Arts Coordinator (1 FTE)	\$115,858	\$61,367
	Arts Coordinator Assistants (2 FTEs)	\$227,558	\$223,220
	Arts Program Manager (1 FTE)	\$76,618	\$46,440
	Recreation Arts Patient Programs (Individual/group music and art)	\$48,000	\$40,820
	Recreational Arts Supplies	\$21,000	\$13,862
	Annual Total	\$624,736	\$525,464
	TOTAL FUNDING AMOUNT		\$1,150,200

(FTE: Full Time Employee)