

TABLE 1. Incident Diagnoses and Incidence Rates^a of Exertional Rhabdomyolysis, Active Component, U.S. Armed Forces, 2022

	Hospitalizations		Ambulatory Visits		Total	
	No.	Rate ^a	No.	Rate ^a	No.	Rate ^a
Total	167	12.9	306	23.6	473	36.5
Sex						
Male	158	14.8	282	26.4	440	41.2
Female	9	4.0	24	10.6	33	14.6
Age group, y						
<20	33	21.1	87	55.5	120	76.6
20–24	51	15.2	77	22.9	128	38.1
25–29	46	15.1	83	27.3	129	42.5
30–34	17	8.1	31	14.7	48	22.8
35–39	12	7.5	20	12.5	32	20.0
40+	8	6.3	8	6.3	16	12.5
Racial/ethnic group						
Non-Hispanic White	80	11.5	136	19.5	216	30.9
Non-Hispanic Black	49	23.4	67	32.1	116	55.5
Hispanic	20	8.5	64	27.1	84	35.5
Other/unknown ^c	18	11.9	39	25.9	57	37.8
Service						
Army	82	17.8	160	34.7	242	52.4
Navy	16	4.7	24	7.1	40	11.8
Air Force	24	7.5	23	7.2	47	14.6
Marine Corps	45	25.9	99	56.9	144	82.8
Military status						
Recruit	15	70.2	66	309.0	81	379.2
Enlisted	122	11.7	209	20.1	331	31.8
Officer	30	12.9	31	13.3	61	26.2
Military occupation						
Combat-specific ^d	44	24.6	72	40.3	116	64.9
Motor transport	5	12.8	6	15.3	11	28.1
Pilot/air crew	5	10.7	0	0.0	5	10.7
Repair/engineering	31	8.2	31	8.2	62	16.5
Communications/intelligence	33	12.0	46	16.7	79	28.6
Health care	8	7.4	18	16.7	26	24.1
Other/unknown	41	15.2	133	49.3	174	64.5
Home of record^e						
Midwest	29	13.5	51	23.7	80	37.2
Northeast	16	10.0	42	26.2	58	36.2
South	82	14.5	143	25.2	225	39.7
West	33	10.6	61	19.7	94	30.3
Other/unknown	7	16.5	9	21.2	16	37.6

Abbreviation: No., number.

^aOne case per person per calendar year.^bRate per 100,000 person-years.^cIncludes those of American Indian/Alaska Native, Asian/Pacific Islander, and unknown race/ethnicity.^dInfantry/artillery/combat engineering/armor.^eAs self-reported at time of entry into service.