

TABLE 2. Incident Cases^a and Incidence Rates^b of Exertional Rhabdomyolysis, Active Component, U.S. Armed Forces, 2023

	Hospitalizations		Ambulatory visits		Total	
	No.	Rate ^b	No.	Rate ^b	No.	Rate ^b
Total	220	16.8	309	23.7	529	40.5
Gender						
Male	209	19.4	286	26.6	495	46.0
Female	11	4.8	23	10.0	34	14.8
Age group, y						
<20	34	22.8	87	58.3	121	81.1
20–24	77	23.3	92	27.9	169	51.2
25–29	60	19.6	78	25.4	138	45.0
30–34	33	15.2	37	17.0	70	32.2
35–39	7	4.2	10	6.0	17	10.1
40+	9	6.7	5	3.7	14	10.4
Race and ethnicity						
White, non-Hispanic	105	15.2	149	21.6	254	36.8
Black, non-Hispanic	55	26.5	66	31.8	121	58.4
Hispanic	34	13.6	67	26.8	101	40.4
Other/unknown	26	16.3	27	16.9	53	33.2
Service						
Army	129	28.8	146	32.6	275	61.4
Navy	16	4.9	19	5.8	35	10.7
Air Force	28	8.7	26	8.0	54	16.7
Marine Corps	45	26.6	115	68.1	160	94.7
Coast Guard	2	5.2	3	7.7	5	12.9
Military status						
Enlisted	167	16.1	191	18.4	358	34.4
Officer	24	9.8	49	20.1	73	29.9
Recruit	29	124.6	69	296.4	98	421.0
Military occupation						
Combat-specific ^c	70	42.0	85	51.0	155	92.9
Motor transport	8	18.4	5	11.5	13	29.9
Pilot/air crew	2	4.4	0	0.0	2	4.4
Repair/engineering	22	5.9	32	8.6	54	14.6
Communications/ intelligence	36	12.9	42	15.1	78	28.0
Health care	19	18.0	9	8.5	28	26.5
Other	63	21.3	136	46.0	199	67.4
Home of record						
Midwest	26	12.7	49	24.0	75	36.8
Northeast	26	16.5	43	27.4	69	43.9
South	111	19.7	147	26.1	258	45.8
West	48	15.9	58	19.2	106	35.1
Other/unknown	9	11.3	12	15.1	21	26.4

Abbreviation: No., number; y, years.

^a One case per person per year.^b Rate per 100,000 person-years.^c Infantry/artillery/combat engineering/armor.