

TABLE 3. Co-Morbid Incident Mental Health Disorder Diagnoses^a, Active Component, U.S. Armed Forces, 2021–2025

Categories of Mental Health Disorders	Adjustment Disorders		Alcohol-related Disorder		Substance-related Disorder		Anxiety		PTSD		Depression		Bipolar Disorder	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	286,375	—	25,596	36.7	5,071	34.6	92,666	41.1	44,399	43.5	88,020	47.3	3,666	43.2
Alcohol-related disorder	25,596	8.9	69,779	—	7,010	47.8	18,169	8.1	9,702	9.5	21,381	11.5	1,486	17.5
Substance-related disorder	5,071	1.8	7,010	10.1	14,670	—	3,099	1.4	1,462	1.4	3,898	2.1	506	6.0
Anxiety	92,666	32.4	18,169	26.0	3,099	21.1	225,557	—	43,619	42.8	88,999	47.8	4,074	48.0
PTSD	44,399	15.5	9,702	13.9	1,462	10.0	43,619	19.3	101,969	—	40,879	22.0	2,611	30.8
Depression	88,020	30.7	21,381	30.6	3,898	26.6	88,999	39.5	40,879	40.1	186,257	—	4,989	58.8
Bipolar disorder	3,666	1.3	1,486	2.1	506	3.5	4,074	1.8	2,611	2.6	4,989	2.7	8,491	—
Personality disorders	8,994	3.1	2,991	4.3	725	4.9	6,520	2.9	3,803	3.7	8,276	4.4	1,283	15.1
Schizophrenia	579	0.2	241	0.4	136	0.9	505	0.2	256	0.3	746	0.4	290	3.4
Other psychoses	1,656	0.6	661	1.0	426	2.9	1,274	0.6	641	0.6	1,789	1.0	706	8.3
Acute stress disorder	501	0.2	101	0.1	22	0.2	443	0.2	302	0.3	388	0.2	39	0.5
Eating disorders	1,656	0.6	416	0.6	66	0.5	1,736	0.8	1,045	1.0	1,808	1.0	170	2.0
Factitious disorders	56	0.0	9	0.0	4	0.0	47	0.0	15	0.0	49	0.0	4	0.1
Other mental health disorder	46,258	16.2	19,827	28.4	5,644	38.5	39,719	17.6	19,325	19.0	34,865	18.7	2,058	24.2
Total	286,375		69,779		14,670		225,557		101,969		186,257		8,491	
	Personality Disorders		Schizophrenia		Other Psychoses		Acute Stress		Eating Disorders		Factitious Disorder		Other	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	8,994	57.7	579	39.6	1,656	44.3	501	42.4	1,656	42.3	56	60.2	46,258	35.3
Alcohol-related disorder	2,991	19.2	241	16.5	661	17.7	101	8.6	416	10.6	9	9.7	19,827	15.1
Substance-related disorder	725	4.7	136	9.3	426	11.4	22	1.9	66	1.7	4	4.3	5,644	4.3
Anxiety	6,520	41.8	505	34.5	1,274	34.1	443	37.5	1,736	44.4	47	50.5	39,719	30.3
PTSD	3,803	24.4	256	17.5	641	17.1	302	25.6	1,045	26.7	15	16.1	19,325	14.7
Depression	8,276	53.1	746	51.0	1,789	47.8	388	32.9	1,808	46.2	49	52.7	34,865	26.6
Bipolar disorder	1,283	8.2	290	19.8	706	18.9	39	3.3	170	4.4	4	4.3	2,058	1.6
Personality disorders	15,585	—	202	13.8	522	14.0	54	4.6	388	9.9	15	16.1	4,130	3.2
Schizophrenia	202	1.3	1,464	—	923	24.7	5	0.4	13	0.3	5	5.4	461	0.4
Other psychoses	522	3.4	923	63.1	3,742	—	17	1.4	25	0.6	16	17.2	1,179	0.9
Acute stress disorder	54	0.4	5	0.3	17	0.5	1,181	—	11	0.3	0	0.0	351	0.3
Eating disorders	388	2.5	13	0.9	25	0.7	11	0.9	3,911	—	3	3.2	1,269	1.0
Factitious disorders	15	0.1	5	0.3	16	0.4	0	0.0	3	0.1	93	—	35	0.0
Other mental health disorder	4,130	26.5	461	31.5	1,179	31.5	351	29.7	1,269	32.5	35	37.6	131,157	—
Total	15,585		1,464		3,742		1,181		3,911		93		131,157	

Abbreviation: PTSD, post-traumatic stress disorder; No., number.
^a Mental health disorder diagnosis at any time during surveillance period.