Cognitive Monitoring Program
Service Member Handout for Monitored Third Attempt

Why Do I Need to Retake the Cognitive Test in a Controlled Environment with a Monitor?

Some testing locations, such as barracks or workplaces, can make it hard to focus. Phone calls, loud noise, poor internet service, multitasking, or leaving the test screen can affect your results.

Your first two test attempts were invalid. This could happen due to environmental distractions, technical interruptions, device responsiveness, fatigue, or illness.

You didn't "fail" the test. The results just didn't give an accurate picture of your ability.

Taking the test in a quiet, controlled setting helps ensure your score accurately reflects your cognitive ability and isn't affected by outside distractions. This score will help establish your cognitive baseline, or starting point, for future comparison.

What Happens Next: After completing the test, you will see one of the following messages:

Quality Inspection: Valid

Your cognitive assessment was completed successfully, and your result is valid. No additional testing is needed at this time.

If your third test result is valid: You are finished with this requirement!

- Your cognitive testing readiness flag will update to "complete" in your military service readiness system following standard data transmission schedules (typically within 24 hours). Your unit commander will not see your test results.
- You saw your results at the end of the test. In about 4 hours you will be able to view your results in your Individual Longitudinal Exposure Record: https://iler.csd.disa.mil/iler/

Quality Inspection: Invalid

Your cognitive assessment did not produce a valid score. This does not mean you failed, and it is not a measure of your intelligence. An "invalid" result indicates the system detected factors that may have affected the testing session, such as distractions, rapid clicking, or technical disruptions.

If your third test result is invalid: You must schedule a Primary Care appointment for a clinical evaluation.

- You're responsible for scheduling the appointment unless your unit gives you other instructions.
- The healthcare provider will look for possible reasons that may have affected your test results. These may include poor sleep, headaches, illness, infection, or other health concerns.
- Following the clinical evaluation, your healthcare provider will determine appropriate next steps, which may include retesting once clinically indicated, medical profiling, or referral for further evaluation.
- Your unit will see that your third attempt was invalid. They will not see your test results.

For troubleshooting or technical issues, contact the **DHA Global Service Center** 24/7 at https://gsc.health.mil or call **800-600-9332**.